# BH

# BHC Meeting February 8, 2024, 3pm

Jefferson County's Behavioral Health Consortium (BHC) is supported by funding from HRSA's RCORP-Implementation Grant through August 2024 and Jefferson County Opioid Abatement Council funding through 2038

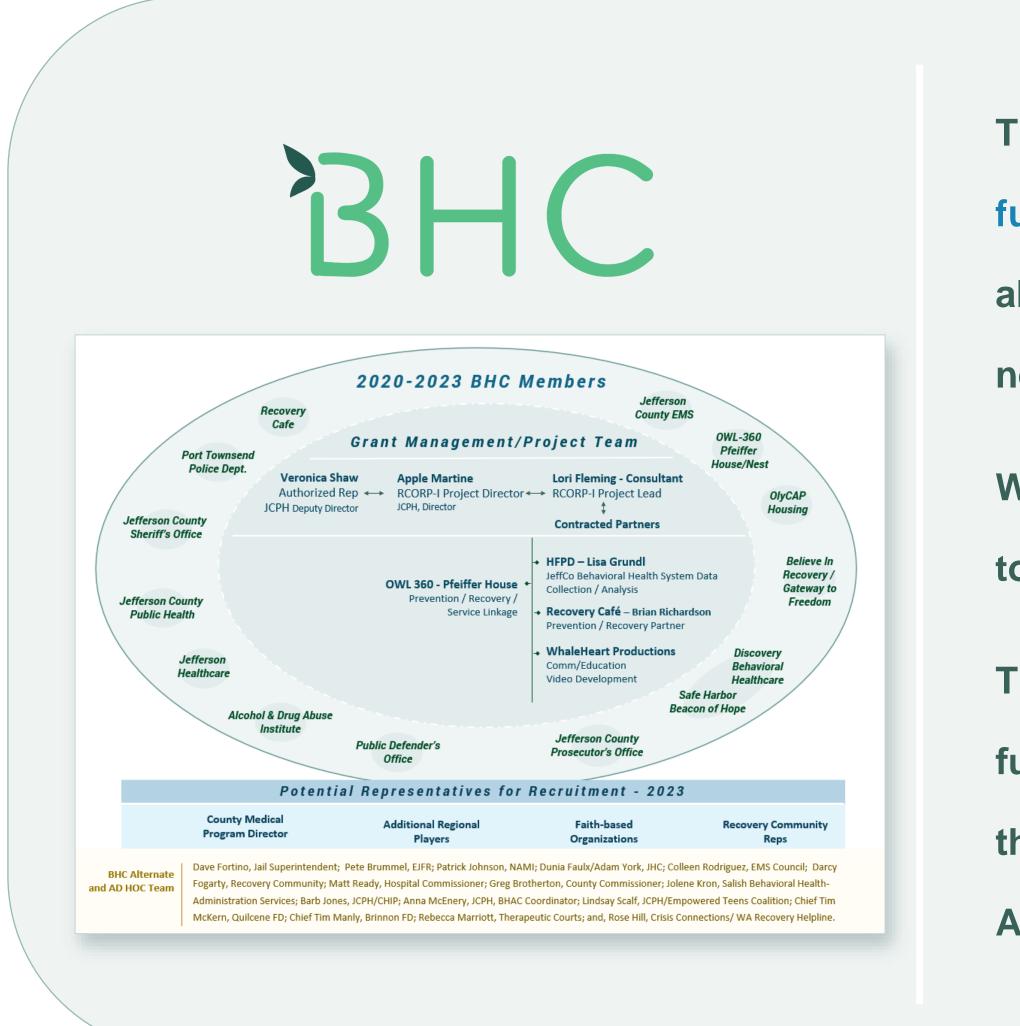
# Agenda – 02/08/24 BHC Meeting

- Introductions & Updates 15 Minutes
- BHC Initiative: Community Conversations to Explore Stigma 30 Minutes
- BHC Updates 30 Minutes
  - Therapeutic Drug Court Initiative
  - Dr. Berry's Fentanyl Opioid Response Update to Board of Health
  - Opportunities for Intervention
  - Opioid Abatement Council Funding & BHC's Next Steps
  - RHNDP-P Grant Submittal Grows out of Data Workgroup's Discussions
  - Harm Reduction Updates Naloxone Boxes, JCPH Mobile Services Van, Community Education/Engagement, RiVive, SCHR Table, Yellow Card, and the BH Summit's Provider List
  - Meetings Attended Links to various BHC-relevant Meeting Notes

### Next BHC Meeting – May 9<sup>th</sup> @ 3:00 on Zoom



# BHC Overview



**Today's Padlet Link** 

- The BHC is focused on collaboratively developing and funding a collective seamless behavioral health system that allows our community members to navigate smoothly to needed services.
- We have grown from 4 voting members in 2018,
- to 14 voting members in 2024.
- The BHC and its work is supported by
- funding from HRSA's RCORP-Implementation Grant
- through August 2024 and Jefferson County's Opioid
- Abatement Council funding that continues through 2038.





## **BHC Initiative: Host Community Conversations to Explore Stigma**

#### **Event Dates:**

June 10-14, 2024



#### **Facilitator:**

Tedra Cobb, through the HRSAfunded UR Medicine Recovery Center of Excellence

#### **Purpose:**

To engage the BHC and the wider community in critical conversations and training to address SUD stigma.

#### Links:

Campaign to Reduce Stigma - Overview

<u>Recovery of Excellence – Stigma Webpage</u>

**BHC Community Conversations Webpage** 

## **Initiative's Goals for Jefferson County**

### **Cultivate Empathy**

Leverage the power of art to foster a personal connection with those

impacted by the opioid crisis, humanizing their experiences and struggles.

### **Reframe the Conversation**

Through conversation and sharing our experiences, we learn that there are different paths to addiction and in recovery. Our hope is to open doors to support people on their paths to recovery.

### **Strengthen Community Ties**

Encourage the development of meaningful relationships among participants, laying the groundwork for ongoing collaboration and support in combating stigma.

Behavioral Health Consortium (BHC) Meeting February 8th, 2024





## **BHC Initiative: Host Community Conversations on Stigma**

#### **Event Dates:**

June 10-14, 2024



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**Tedra Cobb**, through the HRSAfunded UR Medicine Recovery Center of Excellence

#### **Purpose:**

To engage the BHC and the wider community in critical conversations and training to address SUD stigma.

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**BHC Community Conversations Webpage** 

## **Engage Through Workshops**

### **Community Conversations**

about SUD, its stigma, and community support systems.

2.5-hour interactive sessions using multimedia to foster open dialogue

### **Train-the-Trainer Event**

A 3-hour workshop on June 14th for those committed to continuing these conversations in their communities. Participants will join the BHC's Facilitator Leadership Group for ongoing support



## **BHC Initiative: Host Community Conversations on Stigma**

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June 10-14, 2024



**Recovery Center of Excellence** 

#### **Facilitator:**

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#### **Purpose:**

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**BHC Community Conversations Webpage** 

## **BHC's Role and Invitation**

### Role

We appreciate your engagement through the participation, support, and promotion of these sessions within your networks.

### Invitation

We invite you to use this opportunity to lead by example, enhancing our community's capacity to address behavioral health challenges with empathy and action.

Behavioral Health Consortium (BHC) Meeting February 8th, 2024

**Today's Padlet Link** 

Together, we can create a more informed, compassionate community that is set up to support recovery and break down barriers of stigma.



# **Update: Therapeutic Drug Court Initiative**

## **Judge Brandon Mack**

and the Therapeutic Drug Court Team are working on an initiative to develop a Court approach that focuses on consistent practices while allowing tailored approaches to meet the individual needs of participants.

## **Initiative's Focus Areas**

Team Meetings and discussions, led by Therapeutic Courts Coordinator Rebecca Marriott, are focused on enforcement policies, court appearance schedules, and a potential phased system. Plans are also being made to attend national conferences for broader insights and evidence-based practices.

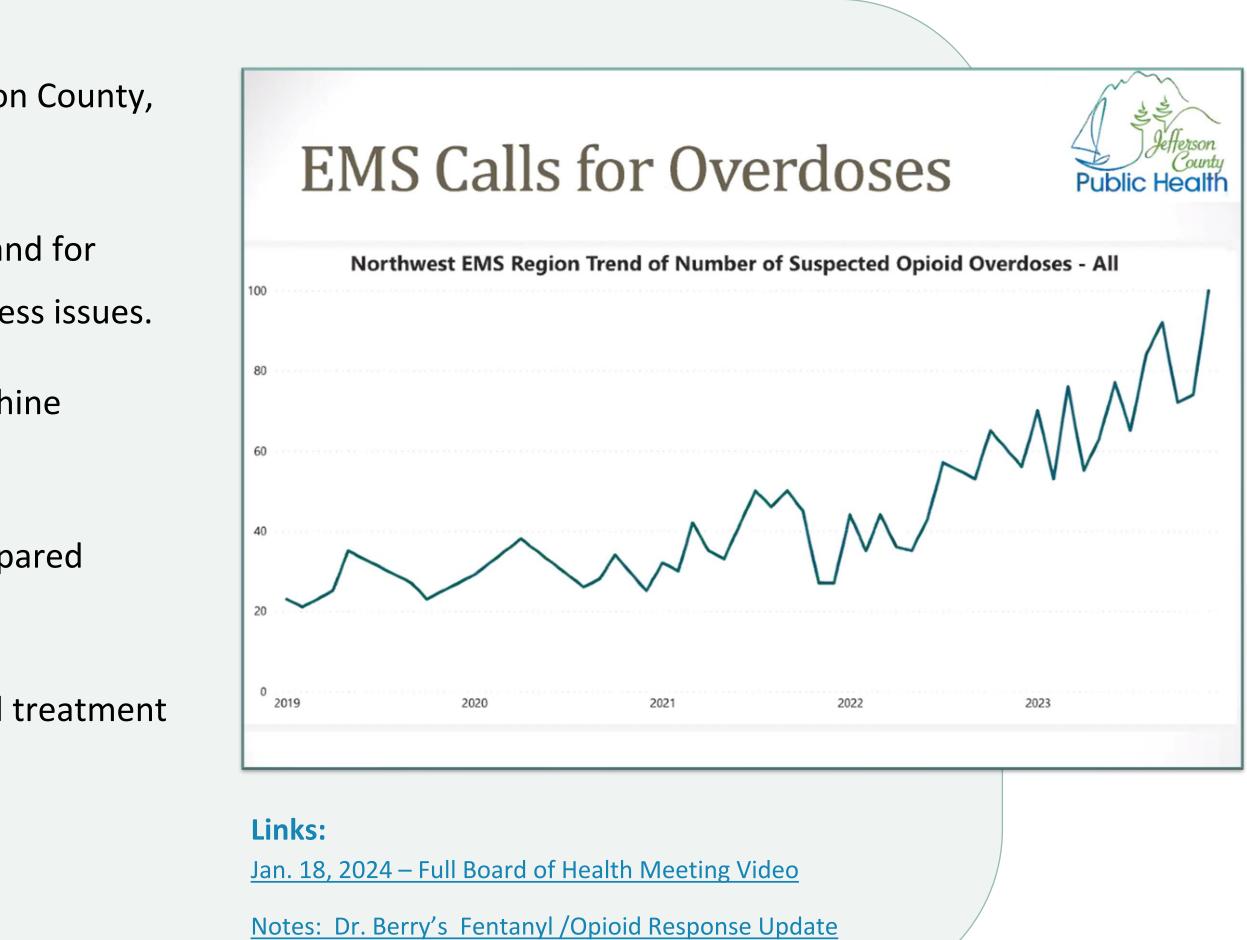
Judge Mack and the Drug Court Team have extended an invitation for community and stakeholder input. We invite you to email Rebecca Marriott with your constructive input.

### How Can BHC Members Engage, Lead, and Support?



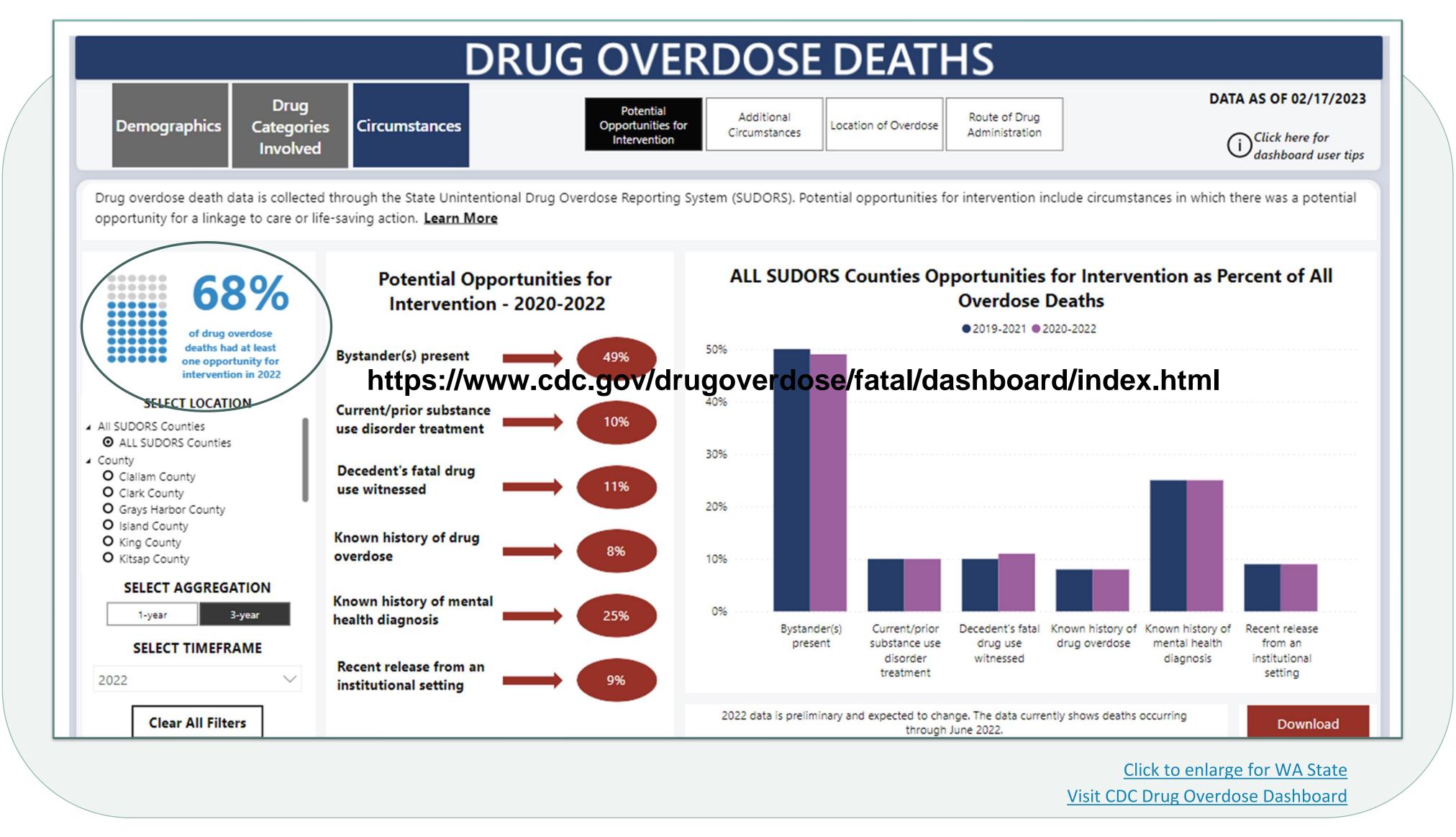
# Dr. Berry's Fentanyl / Opioid Response Update to 1/18/24 BoH

- Significant rise in opioid and fentanyl overdoses in Jefferson County, particularly affecting those aged 40-60.
- Fentanyl commonly used in conjunction with stimulants, and for pain or withdrawal symptoms, highlighting healthcare access issues.
- Innovative EMS response includes on-the-spot buprenorphine dosing to prevent repeat overdoses.
- Discussions explored the Blake decision's impact and compared public health strategies for different crises.
- Action items emphasize novel interventions and improved treatment access to tackle the opioid crisis and reduce stigma.





**Opportunities for Intervention** 



**Today's Padlet Link** 



# **Updates: OAC Funding & Next Steps**

#### **Build Organizational Infrastructure**

- Conduct Strategic Planning to inform 2024 actions
- Establish and Formalize BHC Phase 2 with MOU that includes governance, bylaws, meeting attendance requirements, and any relevant Data Sharing Agreements
- Review BHC Members and Recruit where needed
- Develop and institute an MOU that structures the BHC/BHAC linkages
- Build website

#### **Advance BHC Initiatives**

- Provide leadership, planning, and coordination for Jefferson County's prevention, treatment and recovery response to the opioid challenge
- Pursue funding to identify and plan interventions that advance the enhancement of patient care coordination across the care continuum: from pre-hospital care to post-acute discharge. (RHNDP-P App submitted 1/2024)
- Execute Community Conversations effort throughout Jefferson County

Payment Year	Distributor
2022	\$70,766.72
2023	\$36,262.38
2024	\$45,387.50
2025	\$45,387.50
2026	\$45,387.50
2027	\$45,387.50
2028	\$60,295.72
2029	\$62,801.38
2030	\$62,801.38
2031	\$52,790.90
2032	\$52,790.90
2033	\$52,790.90
2034	\$52,790.90
2035	\$52,790.90
2036	\$52,790.90
2037	\$52,790.90
2038	\$52,790.90
Totals:	\$896,804.78

\$96,326.19 was transmitted to DBH for "2022-2023 Opioid Settlement". This funding will support BHC Administration and Initiatives through 9/2024.





# Jefferson County Patient Care Continuum Consortium (JCPCCC)

**RHNDP-P Grant Funding Application Submitted January 2024** 

### **Proposed Outputs**

- CHA Report focused on NTP's, MVPs, and D2Ds
- Interventions Report
- Strategic and Sustainability Plans

#### **Proposed Outcomes**

- Streamlined patient throughput and reduced unnecessary hospital visits
- Improved coordination and access for targeted patient groups
- Strategic framework for longterm improvements in rural healthcare.

### efferson Healthcare

Submitted by Jefferson Healthcare, on behalf of the Jefferson County Patient Care Continuum Consortium (JCPCCC), including Jefferson Healthcare, Discovery Behavioral Health Care, East County Medical Council, and Jefferson County Public Health.

This funding proposal aims to support the JCPCCC to create Strategic and Sustainability Plans focused on improving patient care coordination through data-based decisionmaking.

The planning effort proposed targets three specific groups: pre-hospital, non-transport patients,

- patients facing discharge challenges

frequent emergency room visitors, and

#### **Performance Period**

July 2024 - June 2025

#### Budget

Personnel

\$64,238 for project direction and facilitation.

#### Travel, Supplies, and Other \$5,000 for necessary

operational expenses.

#### **Contractual Services**

\$26,000 for expert advisory, data analysis, and legal compliance.

**Indirect Costs** \$4,761.90

**Total**: \$99,999.90.



# **Update: Naloxone Box Installation – Other Locations?**

The first 11 public access naloxone boxes are/will be placed:

- 1. Outside Believe In Recovery Offices
- Recovery Café (up outside 24-hour access) 2.
- Port Townsend Library (inside by AED at checkout desk) 3.
- Port Hadlock Library 4. (Installed inside, at back of the library by the DVDs/Media, access during library open hours)
- 5. Quilcene Fire Station (up outside the front door 24-hour access)
- Brinnon Fire Station (up outside the front door 24-hour access) 6.
- Quilcene community center (should be up any day) 7.
- Brinnon community center (should be up any day) 8.
- Tri Area community center (should be up any day) 9.
- Haines St. park and ride, transit station in PT. (Not up yet. Date TBD) 10.
- 11. Four Corners transit station in Pt. Hadlock. (Not up yet. Date TBD)

Help us identify where additional boxes could be installed! Ideas: DSHS, Water Street public restrooms, fairgrounds, boatyard, skatepark, Mountain View building



# **Update: JCPH's Harm Reduction Program**

Jefferson County Public Health Harm Reduction / Syringe **Exchange Program** 

Anonymous and confidential walk-in syringe exchange services.

**615 Sheridan Street in Port Townsend** Services include: Free sterile syringes in exchange for used syringes, secondary exchange, safer injecting supplies, glass pipes, naloxone, hygiene supplies, and healthcare referrals. Human immunodeficiency virus (HIV) and hepatitis testing is available by appointment.

#### Walk-in Hours:

M 2-4p, W 11a-1p, F 2-4p

#### **New Mobile Service Coming to South County**

- JCPH harm reduction services plans to expanding mobile presence to
- Port Hadlock, Quilcene, and Brinnon.
- Possible rotating mobile schedule in Port Hadlock and Brinnon, and planning weekly presence in Quilcene at the JCPH clinic space

#### Ways BHC Members Can Engage?

#### Naloxone Trainings

**Given:** Brinnon Community Center Senior Leadership Meeting, Quilcene Community Center, The Nest, Jefferson Teen Center, Olympic Educational Service District, Port Townsend School District, Quilcene School Board, OlyCap, Dove House, Jefferson County Library, Port Townsend Library, The Port of Port Townsend, Centrum, Jefferson County Courts, Jefferson County Board of Health, WA Department of Health, Port Townsend Farmers Market, Thing Music Festival, Med Takeback,

**Scheduled:** Tri Area Community Center 2/22 3pm, Port Townsend Library 4/18 5pm

Help spread the word about our expanding services, brainstorm service locations and suggest/collaborate on outreach events as we set them up.



# **Update: JCPH to use RiVive in Naloxone Packets**

### Why the Change?

DOH, who supplies JCPH with naloxone is switching to RiVive because it is available at a lower price point.

#### How is **RiVive different**

#### from Naloxone?

RiVive is a lower dose naloxone spray than Narcan, but still effective at reversing an opioid overdose. RiVive is 3mg where the generic naloxone we currently get from DOH and Narcan are 4mg

### **Research Says?**

increased amount of naloxone <u>needed</u> to reverse an opioid overdose. More research has emerged were stronger factors in overdose survival than the amount of naloxone a emergency. <u>Higher doses of naloxone</u> increase the risk of precipitate or acute While not deadly, the rapid onset of withdrawal symptoms can include from administering naloxone at all.

- Research has found that often times the
- administered exceeded what was actually
- that knowledge of and access to naloxone
- person received during an opioid overdose
- withdrawal in people who have overdoses. vomiting, diarrhea, sweating, nausea, and muscle aches, with some suggesting that fear of these effects may discourage some

HARM REDUCTION THERAPEUTICS		
	RiVive™ is Fi Free S S Case of an Overdose In Case of an Overdose	<section-header><complex-block></complex-block></section-header>
	FDA has approved over-the-counter RiVive™ (naloxone HCI nasal spray 3 mg) for the emergency treatment of opioid overdose. This critical milestone advances the pursuit of HRT's mission to prevent opioid overdose deaths by making free of charge or low-cost over-the-counter naloxone available to everyone across the United states. HRT anticipates RiVive™ will be available by early 2024 primarily to U.S. harm reduction organizations and state governments for costs lower than other opioid antagonist nasal sprays.	RiVive <sup>™</sup> (naloxone HCl nasal spray 3 mg) is a now over-the-counter intranasal formulation of naloxone (3.0 mg) delivered as an atomized spray (0.1 ml) that can save lives. It uses an easy-to-use standard unit dose system for single administrat for the emergency treatment of opioid overdose without a prescription. RiVive <sup>™</sup> produces a 3-fold higher systemic exposure with comparable early absorption to the reference naloxone product, as well as robust Human Factors Validation work demonstrating that laypeople are able to administer RiVive <sup>™</sup> in a simulated emergency overdose situation.
Ĺ	.earn more about RiV	ive



# **Update: Yellow Card – New Print Run**

#### **CRISIS** – 911

#### SUICIDE & CRISIS Lifeline –988

NAT'L SUICIDE PREVENTION LIFELING	E 988
	Call Chat Text
SALISH REGIONAL CRISIS LINE	888-910-0416
TRANS LIFELINE	877-565-8860
LGBTQ SUICIDE HOTELINE	866-488-7386
	Text: 678678
VETERANS CRISIS LINE	888-777-4443
NATIVE AND STRONG LIFELINE	866-491-1683
NEVER USE ALONE HOTLINE	800-484-3731
Neverl	JseAlone.com
DOVE HOUSE DV/SA	360-385-5291
WA RECOVERY HELPLINE	866-789-1511
PORT TOWNSEND POLICE	360-385-2322
JEFFERSON COUNTY SHERIFF	360-385-3831
JEFFERSON HEALTHCARE ER 360-3	85-2200x4221
CHILD PROTECTIVE SERVICES	866-363-4276
ADULT PROTECTIVE SERVICES	877-734-6277
DEPT HEALTH & SOCIAL SVCS	877-501-2233

#### HOUSING

BAYSIDE	360-385-4637
COAST SHELTER	360-796-0420
OLYCAP	360-385-2571
OLYMPIC NEIGHBORS	360-344-2190
PENINSULA HOUSING	360-379-2565
NAT'L HOMELESS VETERANS	877-424-3838

#### TRANSPORTATION

DUNGENESS BUS LINES	360-417-0700
ЕСННО	360-379-3246
JEFF TRANSIT/DIAL-A-RIDE	360-385-4777
PARATRANSIT SERVICES	360-377-7007
	800-756-5438
DENINGULA TAM	000 005 4070

#### PENINSULA TAXI

360-385-1872

#### MENTAL HEALTH

**DISCOVERY BEHAVIORAL HEALTHCARE 360-385-0321** 360-385-1716 NAMI JEFF CO

#### SUBSTANCE USE

AA HOTLINE 360-385-0266 360-385-1258 360-215-2616 615 Sheridan St, PT Mon 2pm-4pm / Wed 11am-1pm /Fri 2pm-4pm 360-302-6730 360-385-5292 360-385-3866

BELIEVE IN RECOVERY NARCOTICS ANONYMOUS HARM REDUCTION/SYRINGE EXCH 360-390-8405 REAL PROGRAM RECOVERY CAFE JEFF CO DBH SUD SERVICES OLYMPIC PENINSULA HEALTH (MAT) 360-912-5777

## FOOD

360-701-0483 151 Corey Street, Brinnon / Tues 10am - 1pm 1925 Blaine St, PT Sat 11:30am - 2pm (65+) / Wed 10am - 3pm 360-385-9462 760 Chimacum Rd, Hadlock / Wed 10am - 1pm 360-765-0904 294952 Hwy 101, Quilcene / Wed 11am - 2pm Tues 11:30am – 1:30pm St Paul's Episcopal, 1020 Jefferson St, PT 1045 10th St, PT 939 Kearney St, PT / Tues-Fri 12-2pm Thursdays Mill Road 10-12p / Rhody Drive 1-3p

BRINNON FOOD BANK PT FOOD BANK TRI-AREA FOOD BANK QUILCENE FOOD BANK JUST SOUP LITTLE FREE PANTRY RECOVERY CAFÉ HOT MEALS 360-385-5292 OLYCAP FOOD TRUCK

PHYSICAL HEALTH Jeff Co Public Health Clinic

360-385-9400 Text 360-774-0187 615 Sheridan St, PT M-F 9a-4:30p

FINANCIAL ASSIST ST VINCENT DE PAUL

#### LEGAL

360-385-5613 JEFF ASSOC COUNSEL 844-724-3737 JEFF CO IMMIGRANT RIGHTS JEFF CO IMMIGRANT RIGHTS ADVOCATES (JCIRA) Spanish/English Text or Call 360-232-6070 888-201-1014 NW JUSTICE PROJECT M-F / 9:15am – 12:15pm UPDATED FEBRUARY 2024

**Today's Padlet Link** 

Behavioral Health Consortium (BHC) Meeting February 8th, 2024

360-379-1325

We'll have a stock of 1,000 Yellow Cards by mid-February.

Please email Lori with the quantity you need to distribute through your channels, and Lori/Anya will arrange delivery.



## **Update: Recruiting Business and Community Leaders to SCHR**

#### BHC

Strengthen Jefferson County : A Call to Business and Community Leaders

#### Join Our Collaborative Effort for Community Well-being

The South County Harm Reduction (SCHR) Table, facilitated by the Jefferson County Behavioral Health Consortium (BHC), is a table of diverse stakeholders—spanning health institutions, mental health services, local hospitals, therapeutic courts, substance use counseling, emergency services, and law enforcement—united with a singular mission: to enhance the health and safety of our communities.

For three years, relevant BHC Members have been meeting monthly with key figures from South County, including school superintendents from Brinnon and Quilcene, EMS representatives, and the Sheriff. Our aim? To forge a safer, healthier future for our communities through dedicated efforts in harm reduction.

#### What is Harm Reduction?

Harm reduction (HR) is the SCHR table's guiding principle. We are implementing strategies to minimize health and social risks, embracing a range of safe practices from wearing seat belts and bike helmets to broader public health initiatives like ensuring Naloxone, a life-saving medication that can reverse opioid overdose, is available throughout South County. Harm reduction is about saving lives, curbing the spread of illness, and supporting those in need.

#### Partnership for Progress

Our achievements are a testament to what we can accomplish together:

- Empowered Teens Coalition In collaboration with Jefferson County Public Health (JCPH), we've fostered strong partnerships with local schools, nurturing a generation that's informed, resilient, and empowered.

The South County Harm **Reduction Table has** drafted a recruitment flyer content which will be finalized in the coming weeks. Send your edits/insights

on this draft to Lori.

1/23/2024 SCHR Mtg Notes



# **3 Update: BH Summit's Provider Crisis Resource List**

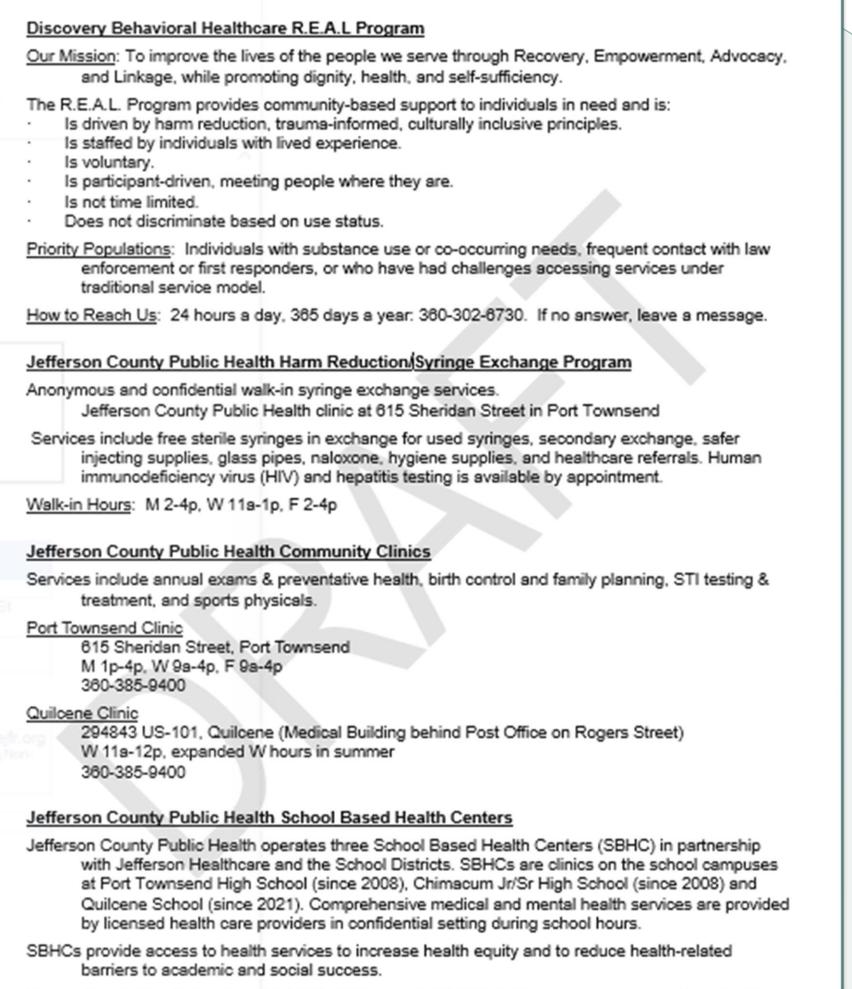
#### Behavioral Health Crisis: Salish Regional Crisis Line 1-888-910-0416

Discovery Behavioral Healthcare DCR & MCOT

Programs below are not crisis programs.

Outreach Team Name	<u>Days</u> Available	Hours	Primary Referral Source	Phone Phone
DBH REAL Team	M-Sun	24h / day	Any	360-302-6730
JCPH Syringe Exchange Program	M, W, F	M 2-4p, W 11a- 1p, F 2-4	Any	615 Sheridan St
JCPH School Based Health	M-F	9-5	Any	360-390-8560 Call or text
Sheriff's Office Navigator	M-F	8-5	LE, EMS	JeffCom Non- emergency: 380-344-9779
EJFR CARES	M-Fri	8-4	EMS, LE	FireCARES@ejfr.org If urgent: JeffCom Non- emergency: 360-344-9779
Quilcene Fire CARES	M-Sun	24h / day	EMS	360-531-1495
JCPH Clinics	See below		Any	
JHC Clinics	See below		Any	

## Next steps content-gathering from LEADS/BIR/Outreach, then will print/distribute to providers.



How to Reach Us: Call or Text: 360-390-8560 or call 360-385-9400 (messages are monitored M-F 9am-5pm)



# BHC-Relevant Meetings from 11/09 – 2/7/2024

- 11/09 BHC Meeting (<u>Packet</u>, <u>Video</u>, <u>Notes</u>)
- 11/13 OCH Board Meeting (<u>Packet & Minutes</u>)
- 11/14 State SSP Chat
- 11/14 BHAC Meeting
- 11/17 SCHR Meeting (<u>Packet</u>, <u>Video</u>, <u>Notes</u>)
- 11/20 BHC Data Workgroup
  (<u>Packet</u>, <u>Data Update</u>, <u>Video</u>, <u>Padlet</u>, <u>Notes</u>)
- 12/05 JeffCo EMS Council <u>RHNDPP Pres</u>
- 12/08 SBH-ASO Executive Board (See pp 259-278)
- 12/21 JeffCo Board of Health (Video/Agenda)
- 01/04 Monthly RCORP-I Grant Check-in (<u>Mtg Notes</u>)
- 01/05 SBH-ASO Advisory Board (<u>Packet</u>)
- 01/08 OCH Board Meeting (<u>Packet & Minutes</u>)

- 01/09 BHAC Meeting
- 01/10 OCH Board Meeting (<u>Packet & Minutes</u>)
- 01/17 Clallam Resilience Explores JeffCo Needs
- 01/18 JeffCo Board of Health (<u>Mtg Video/Agenda</u> and <u>OUD Response Notes</u>)
- 01/23 SCHR Meeting (<u>Notes</u>)
- 01/24 PT Library Staff & City Manager Naloxone Training
- 01/24 BH Summit (<u>Crisis Response Graphic</u> <u>Draft Mtg Notes</u>)
- 01/25 Ground Pounders Meeting (<u>draft Notes</u>)
- 01/29 Community Conversations Planning (<u>Notes</u>)
- 01/30 Navigating Misinformation Webinar (<u>Slides</u>)
- 02/01 Brinnon Seniors Group Naloxone Training





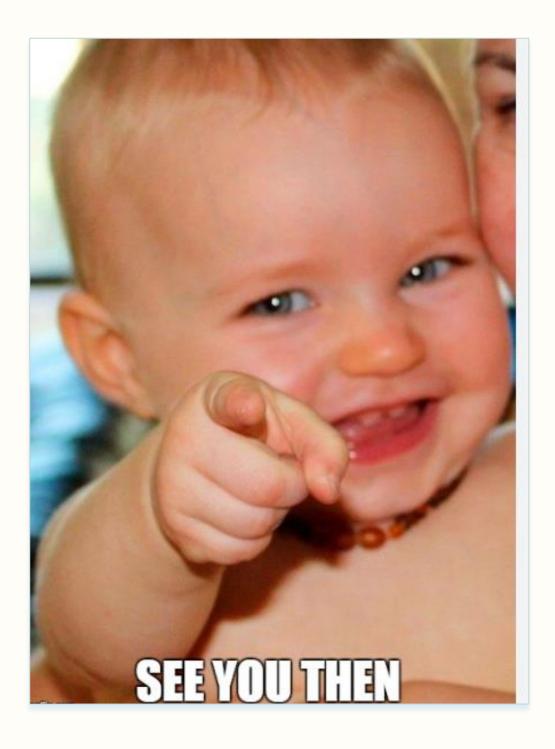
JBS International, the group that provides Technical Assistance for the BHC's RCORP-Implementation grant through August 2024, provides a "Peer Hour" that occurs four times monthly. If you have peers working that would like to connect with other peers for support and camaraderie, please directly email Donald McDonald at JBS for the schedule: <u>DMcDonald@jbsinternational.com</u>

Those reaching out should indicate they are connected to: Jefferson County, WA

HRSA RCORP-Implementation 2 - Grant # GA1RH39564







# Thursda @3:00p

Behavioral Health Consortium (BHC) Meeting February 8th, 2024

**Today's Padlet Link** 

## Thursday, May 9th, 2024

@3:00p on Zoom



# **Acronym Sheet**

- **BH** Behavioral Health
- **BHAC** Behavioral Health Advisory Committee
- **BHC** Behavioral Health Consortium
- **BoCC** Board of County Commissioners
- **CAP** Communication Action Plan
- **CARES** Community Assistance Referral & Education Service
- **DBH** Discovery Behavioral Health
- **DCR** Designated Crisis Responder
- **DUI** Driving Under the Influence
- **ED** Emergency Department
- **EJFR** East Jefferson Fire Rescue
- **EMS** Emergency Medical Services
- **JCPH** Jefferson County Public Health
- JeffCo Jefferson County
- JHC Jefferson Healthcare
- JCSO Jefferson County Sheriff's Office
- **HFPD** Health Facilities Planning & Development Consultants
- **HRSA** Health Resources and Services Administration
- **ITA** Involuntary Treatment Assessment
- **MAT Medically Assisted Treatment**
- **MH** Mental Health

- **MOUD** Medications for Opioid Use Disorder
- **NAMI** National Alliance of Mental Illness
- **OAC** Opioid Abatement Council (SBH-ASO)
- **OUD** Opioid Use Disorder
- **PTPD** Port Townsend Police Department
- **PWUD** People Who Use Drugs
- **RHNDP-P1** Rural Health Network Development Program –
- Planning (HRSA Grant Awarded 2018-2019)
- **RCORP-P2** Rural Community Opioid Response Program –
- Planning (HRSA Grant Awarded 2019-2020)
- **RCORP-I** Rural Community Opioid Response Program Implementation (HRSA
- Grant Awarded 2020-2023 w/ 1 year No Cost Extension thru 8/2024)
- **R.E.A.L.** Recovery, Empowerment, Advocacy, Linkage
- **SBH-ASO** Salish Behavioral Health Administrative Services Organization
- **SSP** Syringe Service Exchange
- **SUD** Substance Use Disorder
- **TBH** To Be Hired
- **VOA** Volunteers of America Crisis Line (1-888-910-0416)
- Vol Voluntary
- Invol Involuntary

