



BHC Meeting

November 9, 2023, 3pm

Jefferson County's Behavioral Health Consortium (BHC) is funded by HRSA's RCORP-Implementation Grant through August 2023, and has been Awarded a No Cost Extension through August 2024



Agenda – 11/09/23 BHC Meeting

- **Introductions & Updates – 15 Minutes**
- **BHC's Mar-Sep '23 Data Analysis - 30 Minutes**
 - HFPD Presents Data Analysis/Insight Generation
 - Next Steps on Data Effort
- **Updates on BHC Sustainability Funding- 5 Minutes**
 - Opioid Settlement Funding
 - Potential Planning Grant to Pursue
- **Next BHC Meeting – February 8th @ 3:00 on Zoom**
- **Other Upcoming Meetings**
 - South County Harm Reduction Group meeting 11/17 @ 1pm
 - Data Subgroup meeting 11/20 @ 2p

Link For Today's Meeting

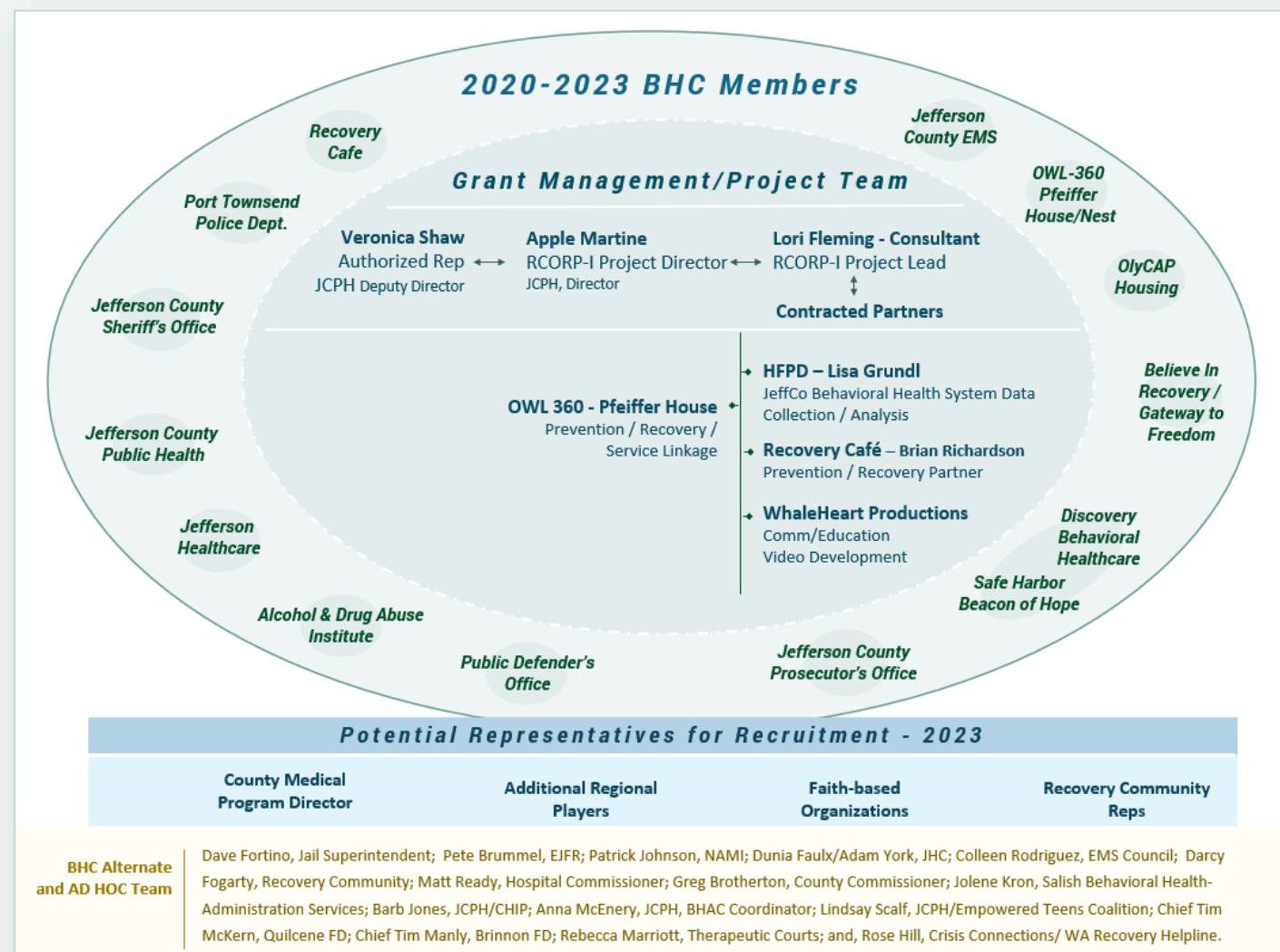
- Padlet with relevant information
AND the space to enter your
[Questions and Feedback](#)
during the Data Presentation





BHC Overview

BHC



The BHC is focused on collaboratively developing and funding a collective seamless behavioral health system that allows our community members to navigate smoothly to needed services.

We have grown from 4 voting members in 2018, to 14 voting members in 2023.

The BHC and its work is supported by a federal HRSA RCORP-Implementation grant awarded to JCPH that continues through August 2024.





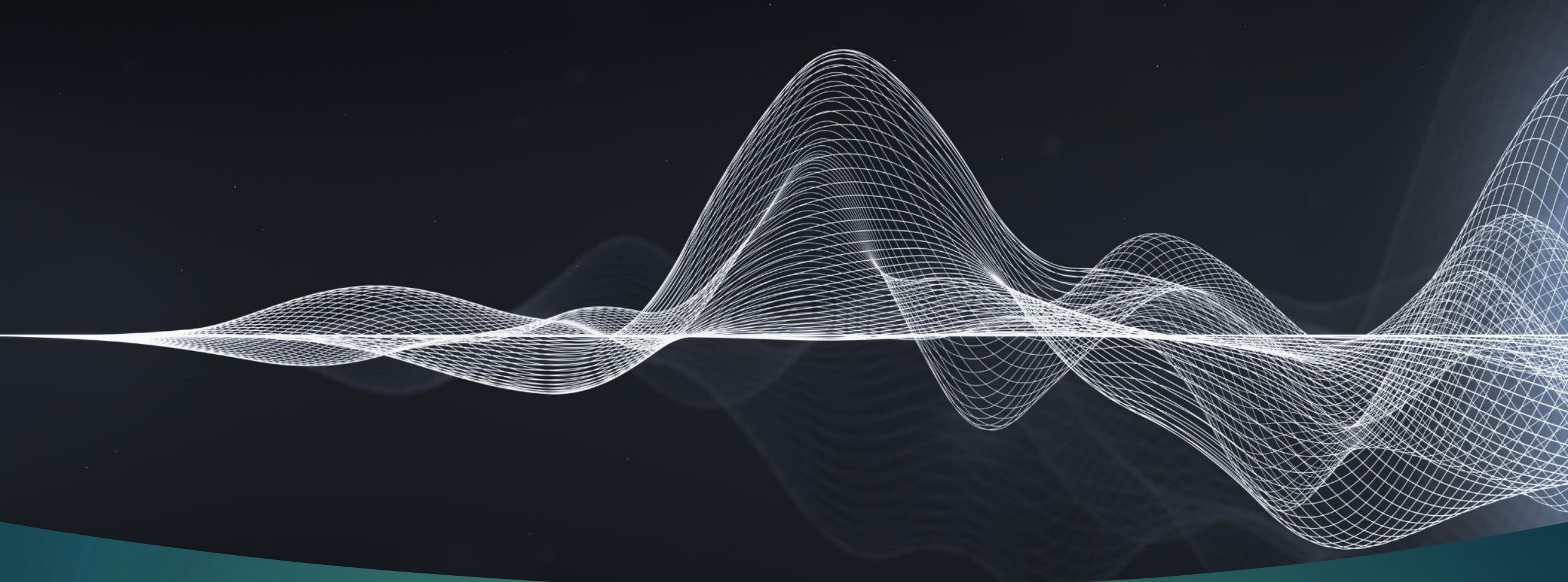
Data Effort: Next Steps Post 11/9 Discussion?



Share your questions and Feedback

Use this Padlet [Link to enter your Questions and Feedback](#) to Today's Data Presentation:





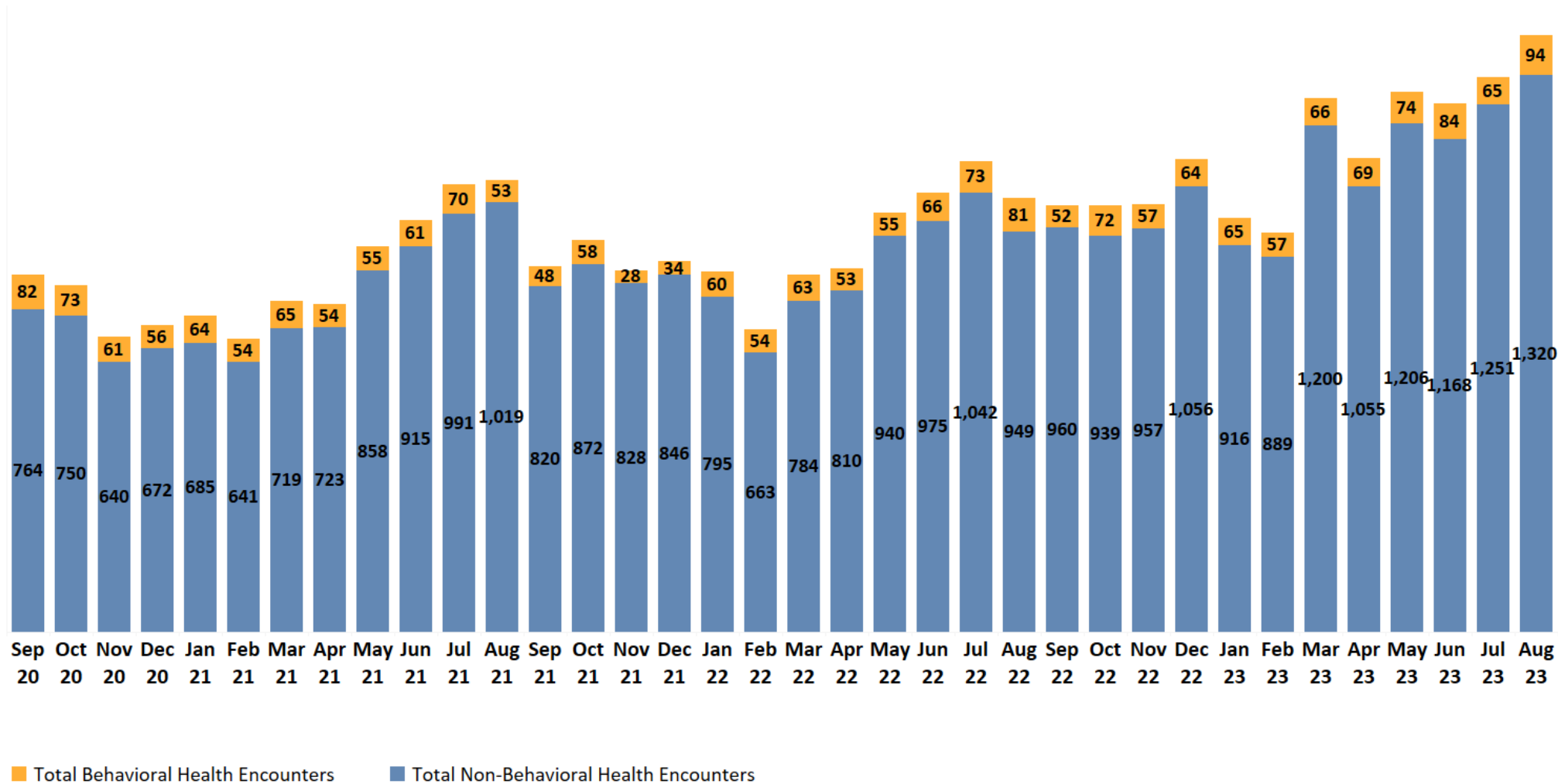
Jefferson County BHC Data

November 9, 2023

Jefferson Healthcare Total Emergency Department Encounters

September 2020 - August 2023

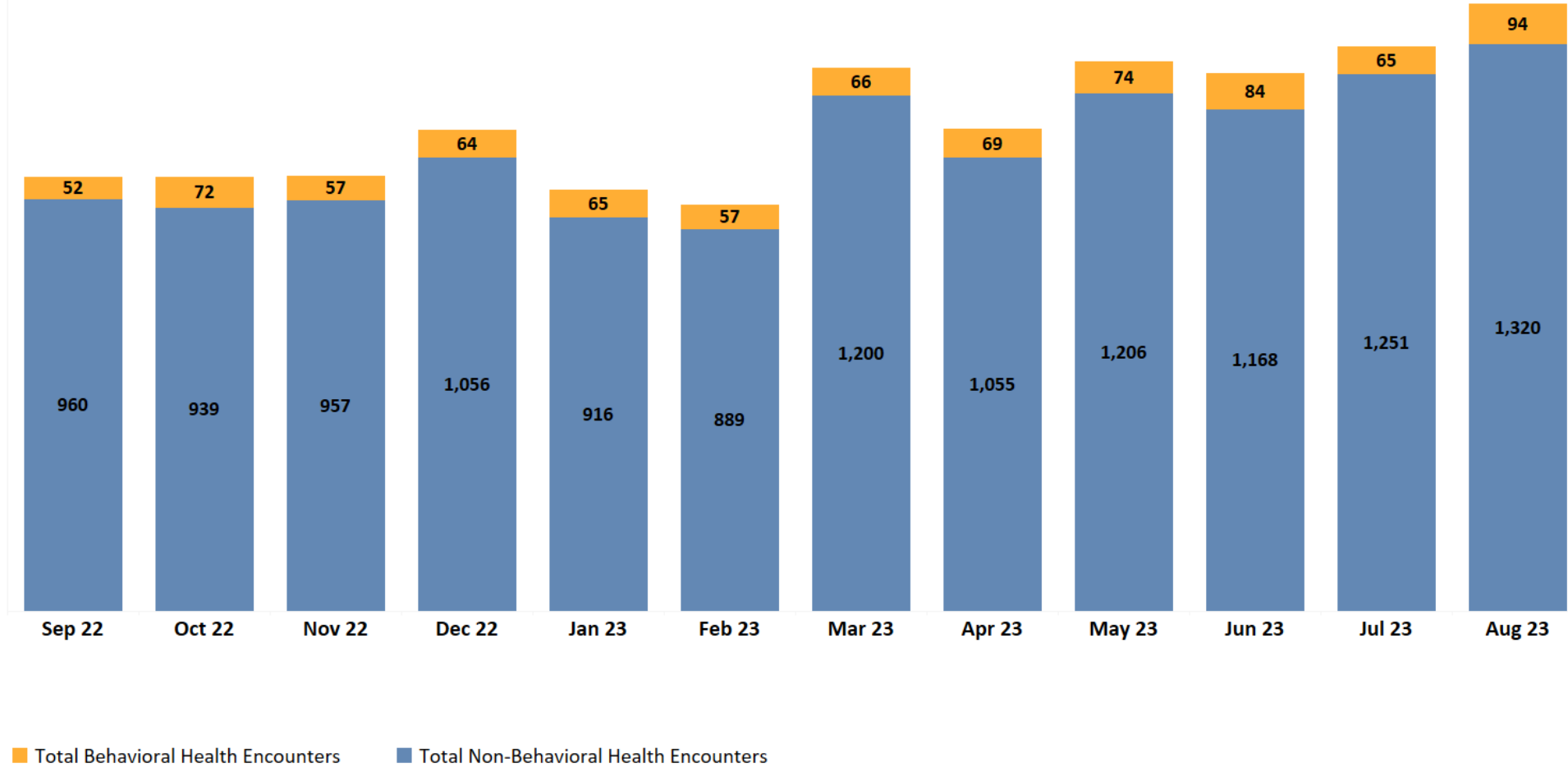
Jefferson Healthcare's overall ED visits have increased by nearly **70% over the last three years**. About 7% of ED visits are behavioral health related.



Jefferson Healthcare Total Emergency Department Encounters

September 2022 -August 2023

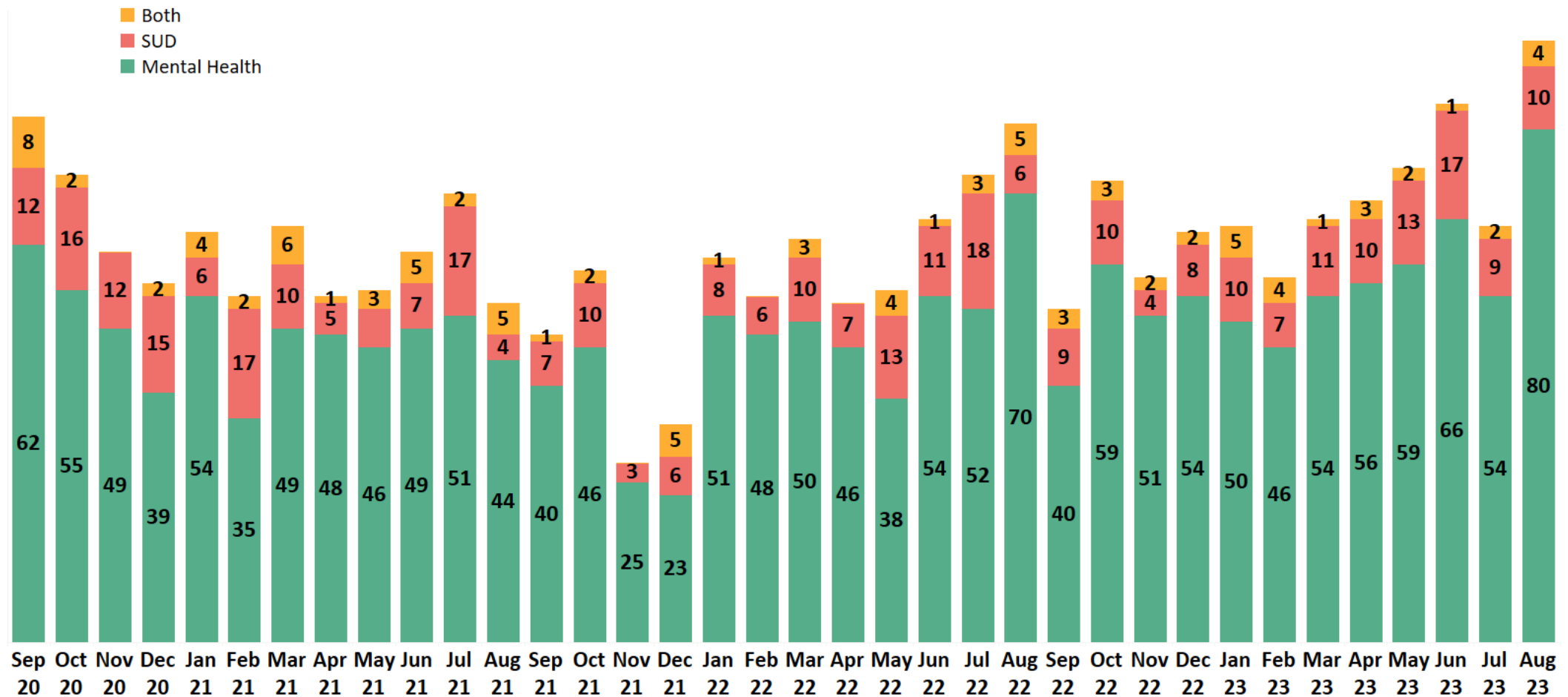
Over just the last year, total ED visits have increased by nearly 40%, and BH related encounters account for about 6% of the total.



While ED visits have increased by nearly 70%, over the last three years, BH encounters have increased by only 15%. Mental health accounted for the majority of BH encounters, increasing by over 40% while SUD and both SUD & MH related visits declined.

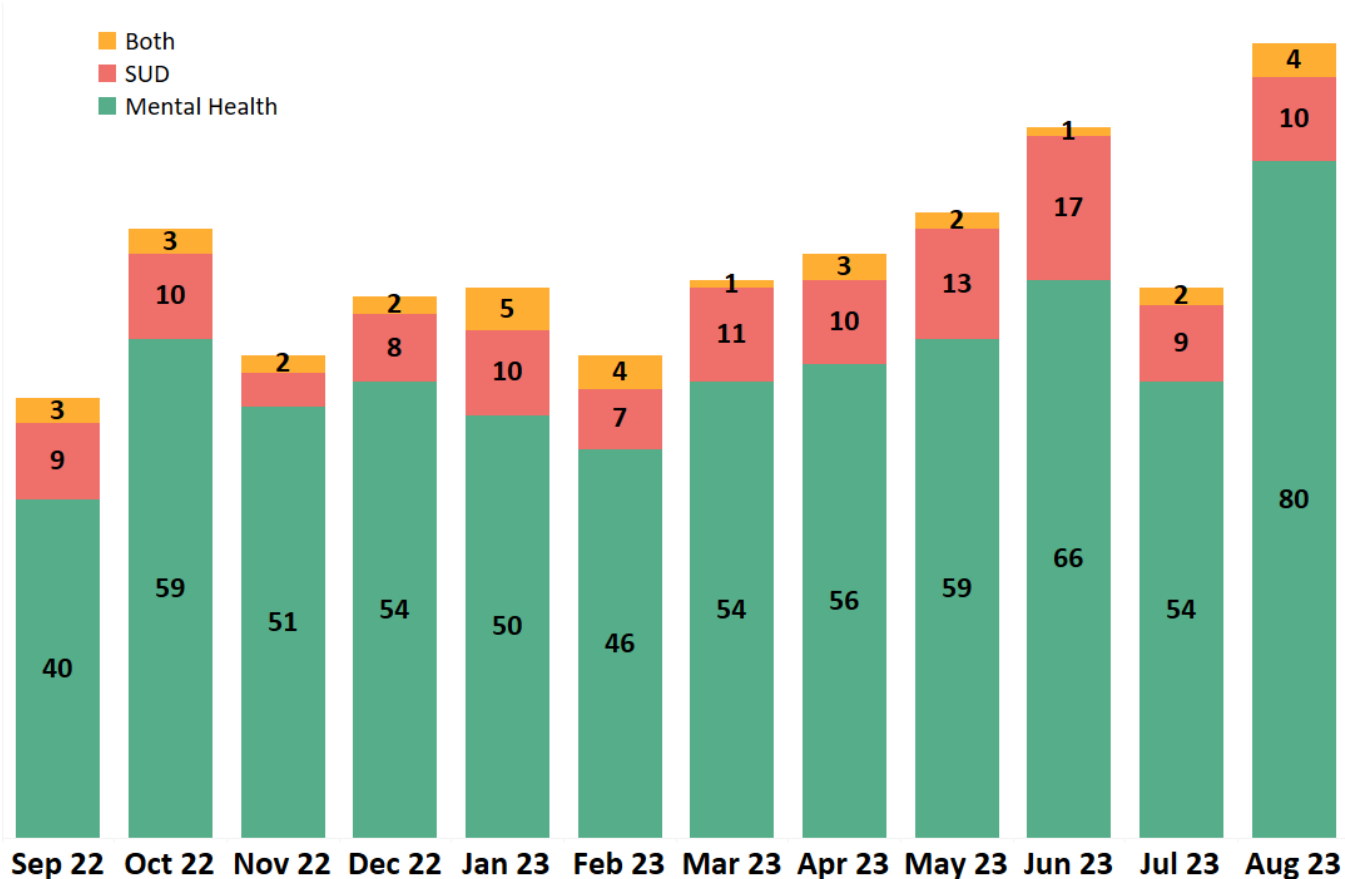
Jefferson Healthcare Emergency Department Behavioral Health Encounters

September 2020 - August 2023

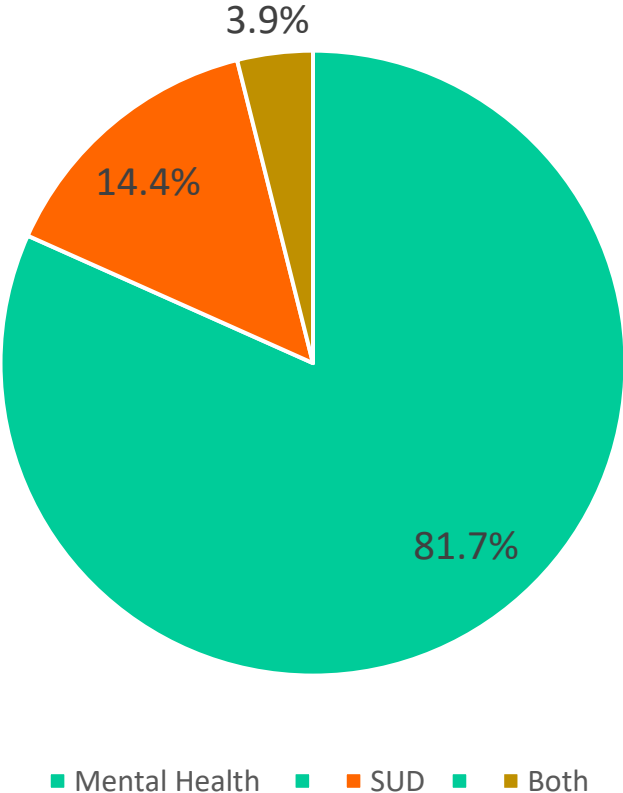


In the last year, over 80% of Jefferson Healthcare’s Behavioral Health Related ED Visits were mental health related. Jefferson’s total behavioral health encounters in the ED increased by over 60% in the same timeframe (with mental health related visits increasing by 100%) – with significant monthly variation.

Jefferson Healthcare Emergency Department Behavioral Health Encounters
September 2022 -August 2023



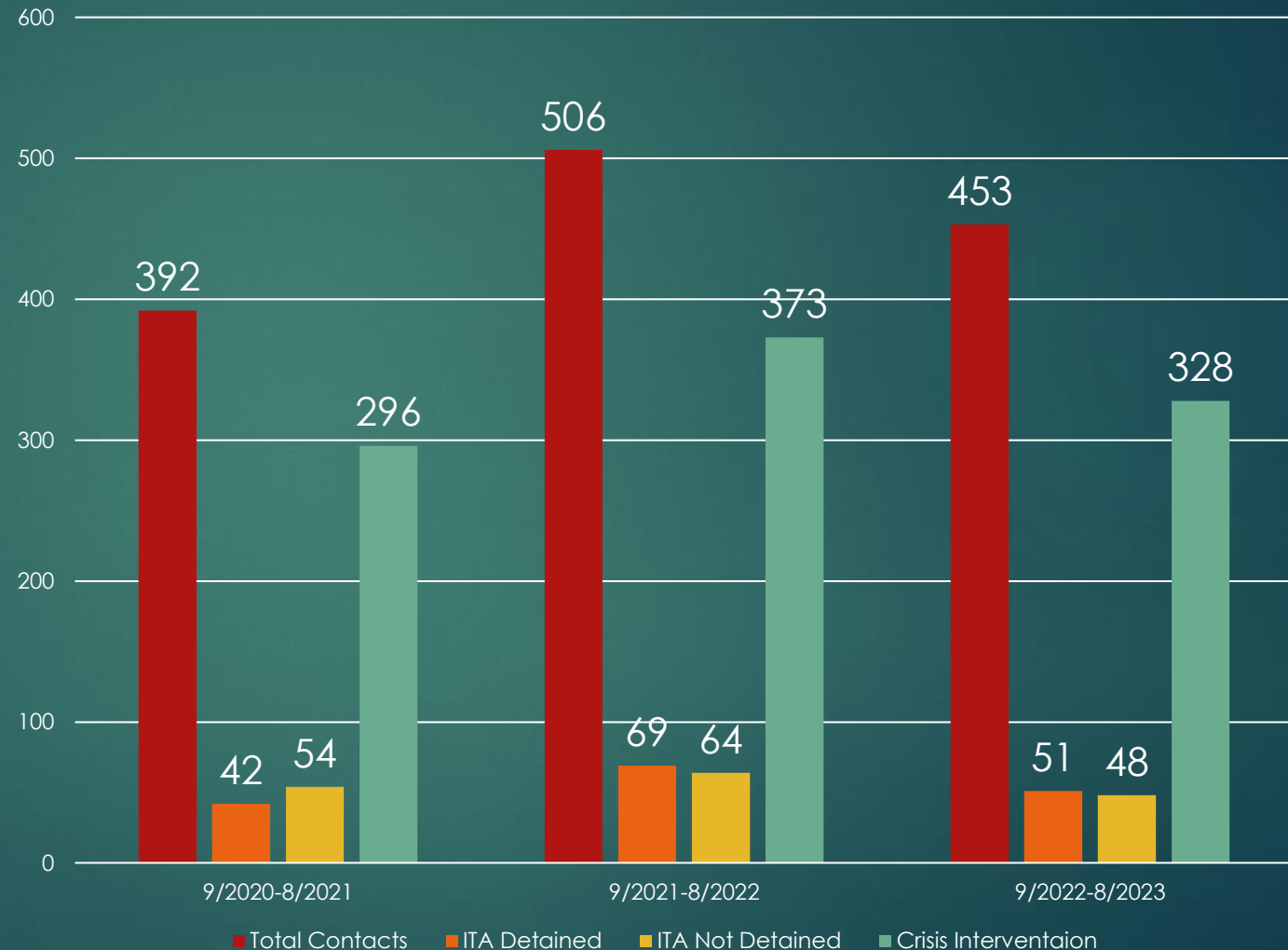
Jefferson Healthcare Behavioral Health Encounters 9/2022 - 8/2023



Discovery Behavioral Health
Total Contacts Over Time
9/2020 – 8/2023

Discovery Behavioral Health's annual face to face contacts have increased by 16% over the last three years, with the highest volume occurring between 9/21-8/22.

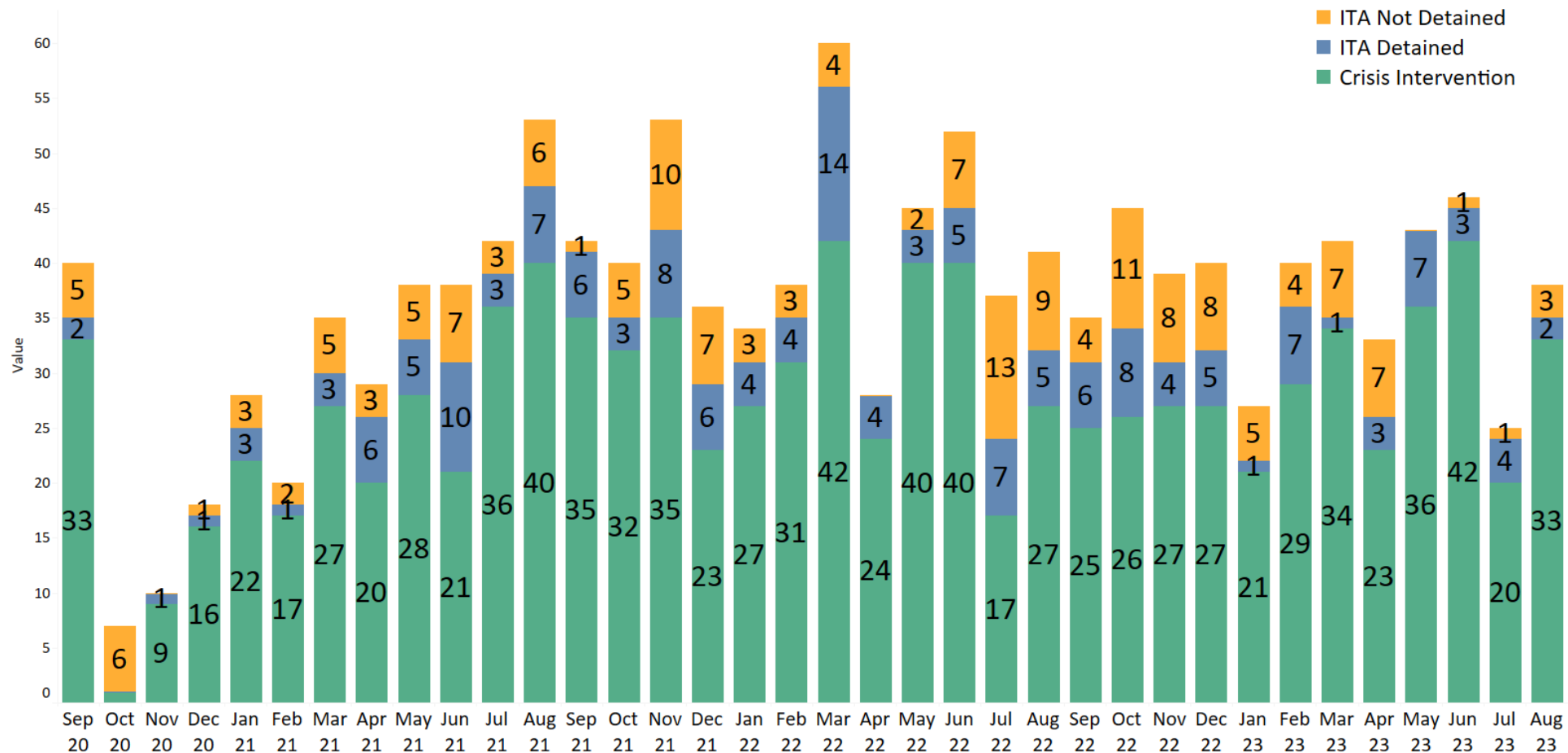
Over all three years, crisis interventions consistently accounted for 70-75% of total contacts.



Over the last three years, significant monthly variation in the number of DBH face to face contacts is evident - ranging from a low of 7 in October 2020 to a high of 60 in March 2022.

Discovery Behavioral Health Contacts Over Time

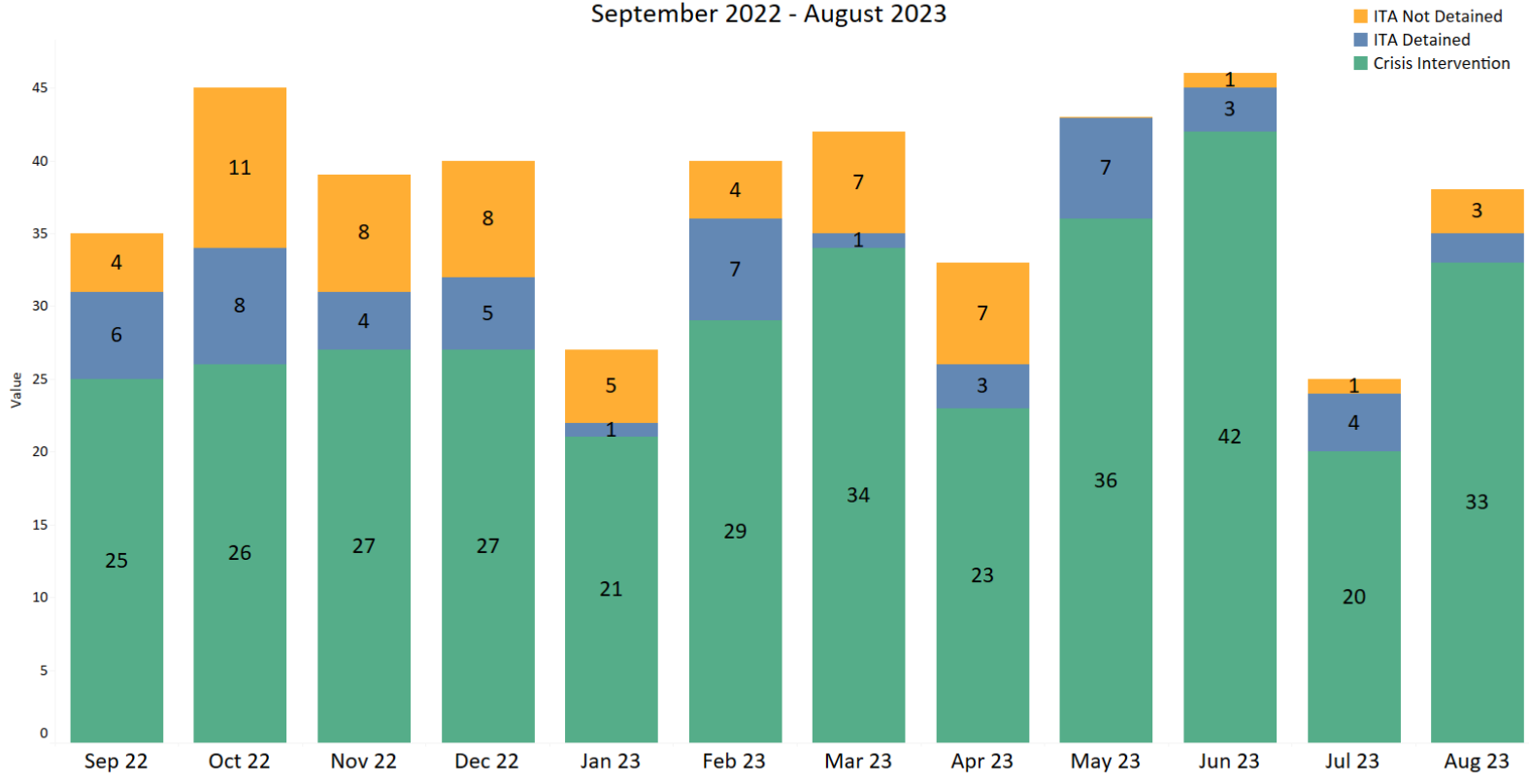
September 2020 - August 2023



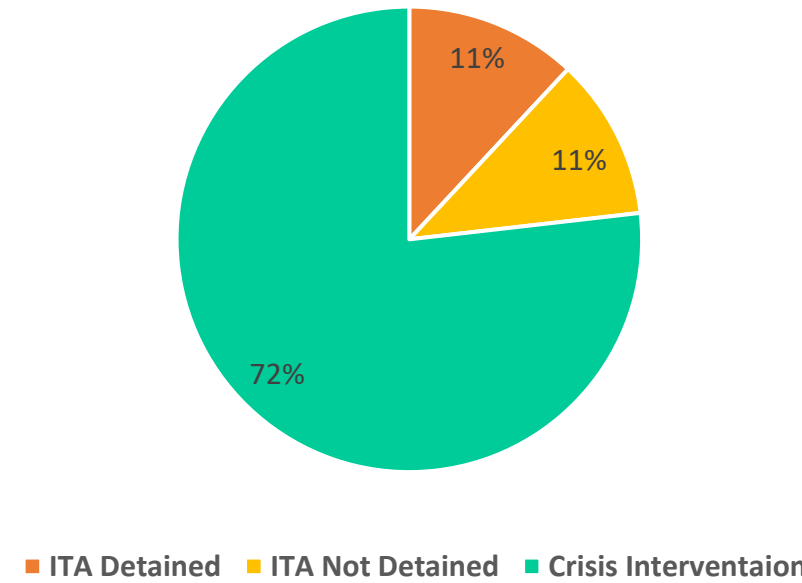
Discovery Behavioral Health total contacts increased by 9% over the last year, with continued significant monthly variations – ranging from a low of 25 in July 2023 to a high of 46 in June. 72% of the DBH contacts in the same time period were crisis interventions.

Discovery Behavioral Health Contacts Over Time

September 2022 - August 2023



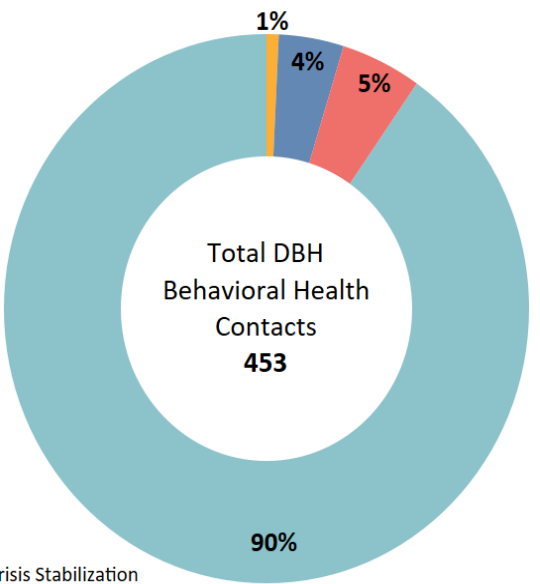
**DBH Total Contacts
9/2022-8/2023**



The majority (90%) of DBH's voluntary referrals fall into the "other referral/outcome category", with very few referrals to SUD treatment (1%), voluntary inpatient, triage or crisis stabilization (4%) or mental health outpatient treatment.

Discovery Behavioral Health's Voluntary Referrals

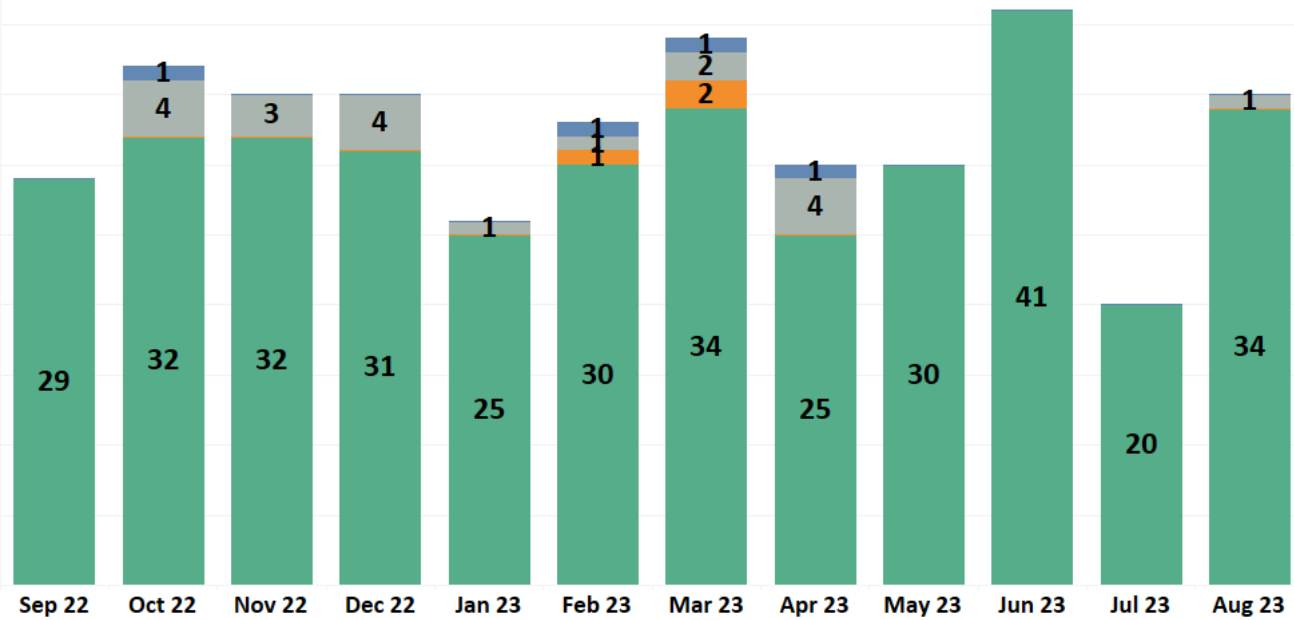
September 2022 - August 2023



- % SUD
- % Voluntary Inpatient, Triage or Crisis Stabilization
- % Voluntary Outpatient Mental Health Treatment
- % Other Referral /Outcome

Discovery Behavioral Health's Voluntary Referrals

September 2022 - August 2023

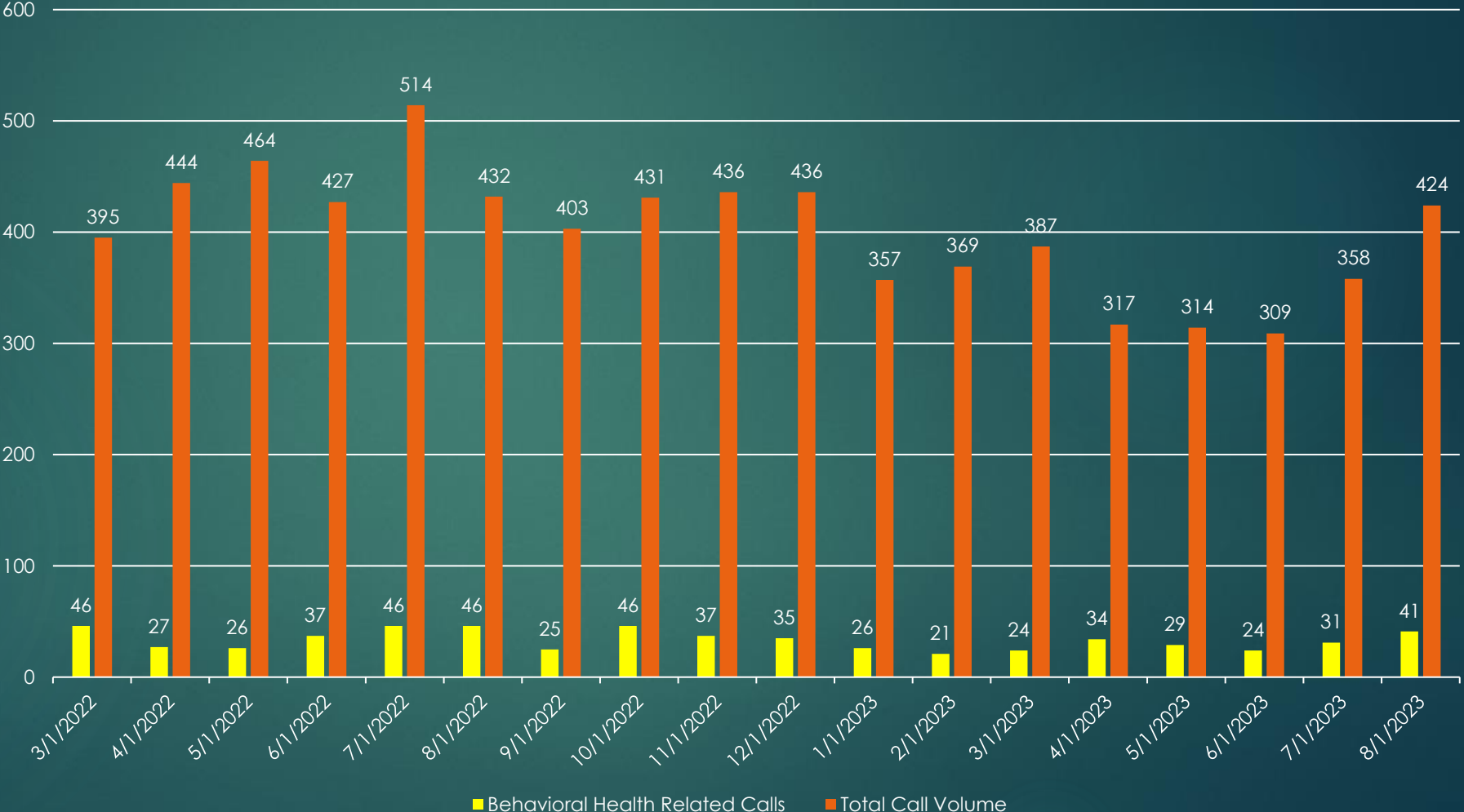


- Referred to Voluntary Inpatient
- Referred to Voluntary Outpatient MH Treatment
- Referred to SUD treatment
- Other Referral /Outcome

East Jefferson/Port Ludlow Fire & Rescue Behavioral Health Related Calls Compared to Total Calls

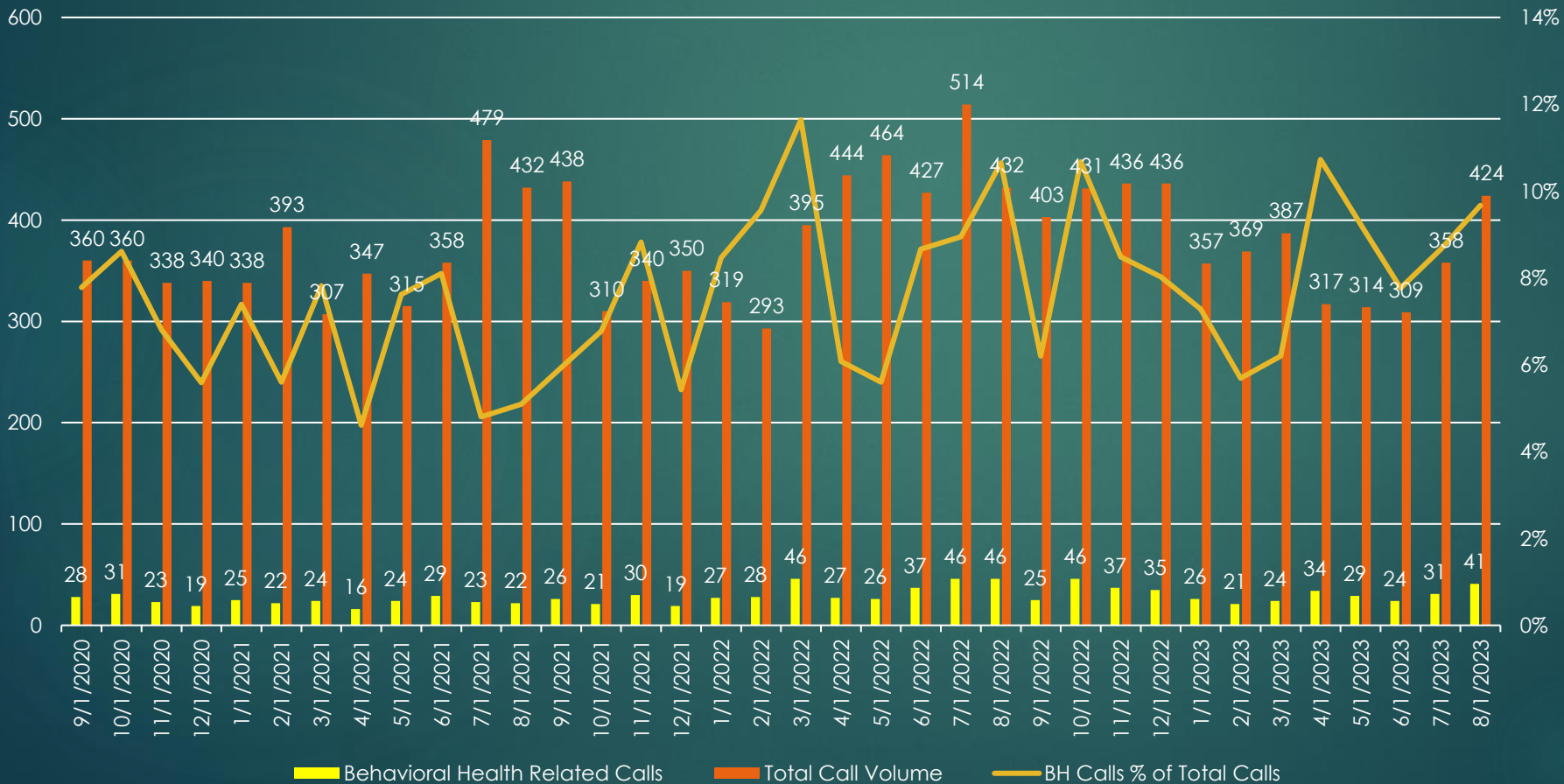
March 2022 - August 2023

Since March 2022, EJFR and PLFR's total calls increased by 7%, while during the same time period, behavioral health related calls declined by 12%.



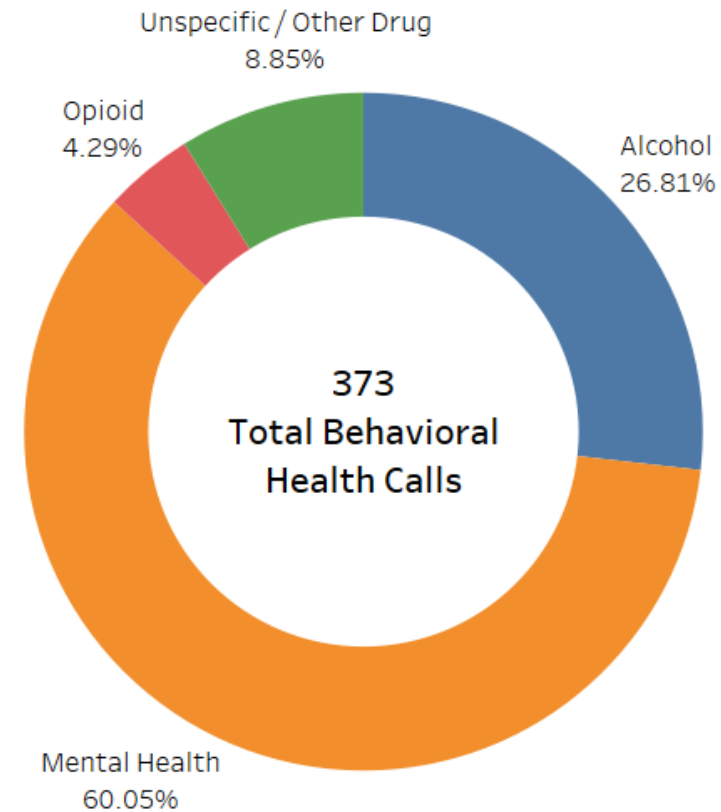
In contrast, over just the last year, total calls have increased by nearly 20%, and BH related calls have increased by 100%. BH related calls account for between 5% and 12% of total monthly calls.

East Jefferson/Port Ludlow Fire & Rescue Behavioral Health Related Calls Compared to Total Calls September 2020 - August 2023



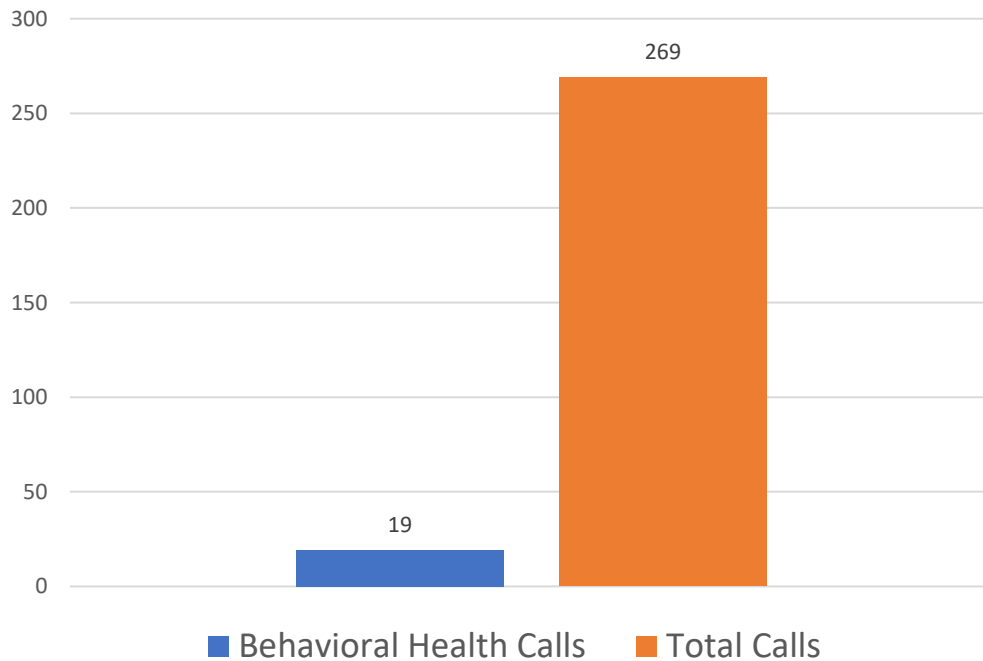
East Jefferson/Port Ludlow Fire & Rescue Behavioral Health Related Calls
September 2022 - August 2023

In the last year, EJFR and PLFR had a total of 373 BH related calls. 60% were related to mental health, 27% alcohol, 4% opioids, and 9% other drugs.

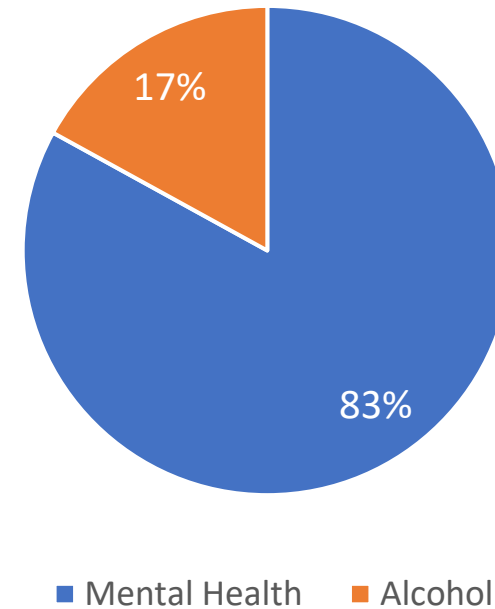


7% of Quilcene Fire & Rescue's total calls are Behavioral Health related. Of those, 83% are mental health related and 17% alcohol.

**Quilcene Fire & Rescue Behavioral Health Related Calls Compared to Total Calls
March 2023 - August 2023**

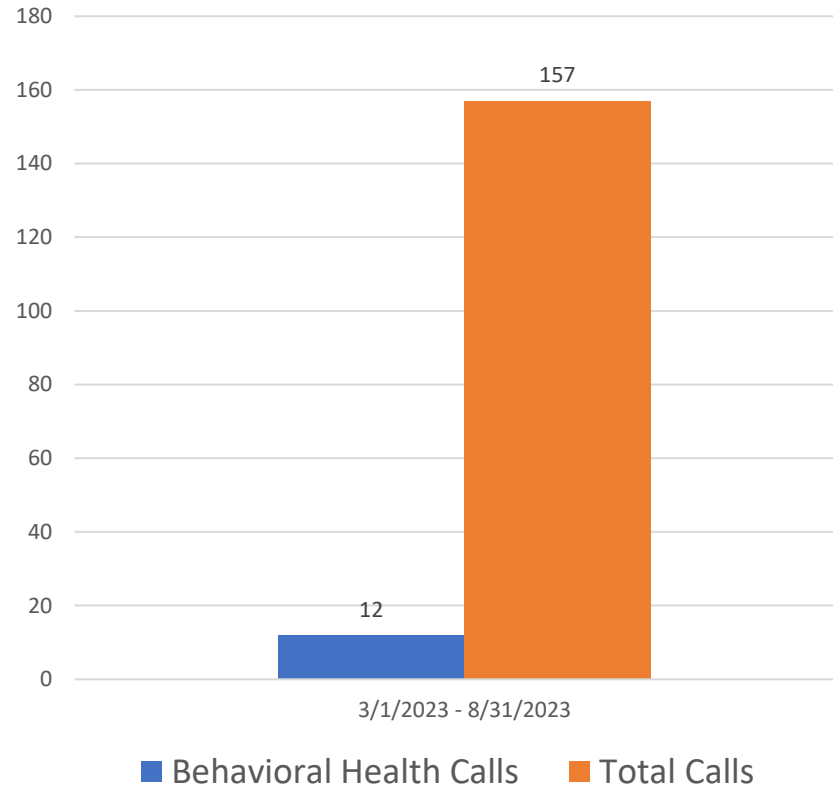


**Brinnon Fire & Rescue Behavioral Health Related Calls
March 2023 - August 2023**

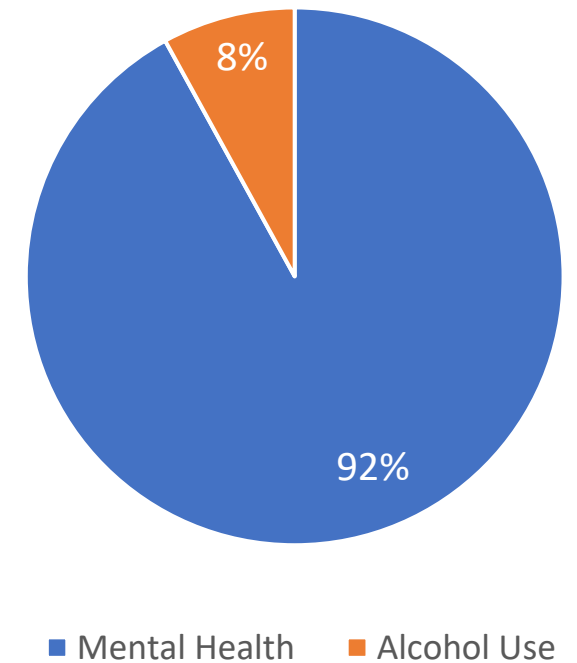


8% of Brinnon Fire & Rescue's total calls are Behavioral Health related. Of those, 83% are mental health related and 17% alcohol.

Brinnon Fire & Rescue Behavioral Health Related Calls Compared to Total Calls
March 2023 - August 2023

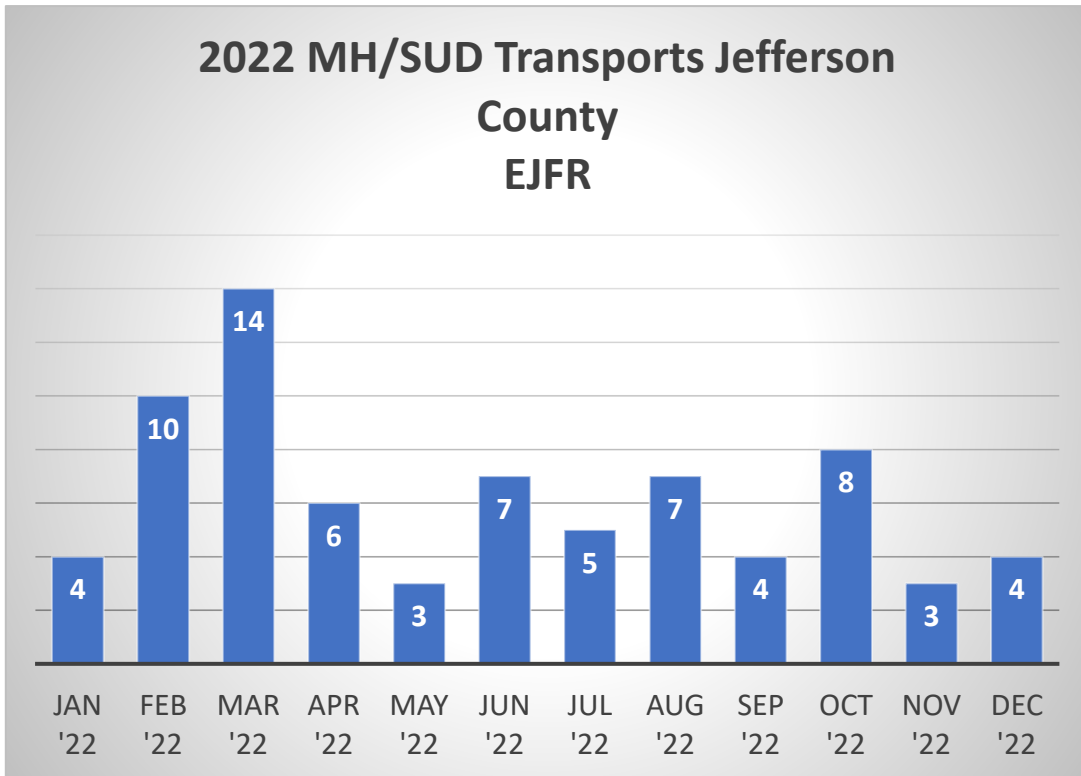


Quilcene Fire & Rescue Behavioral Health Related Calls
March 2023 - August 2023

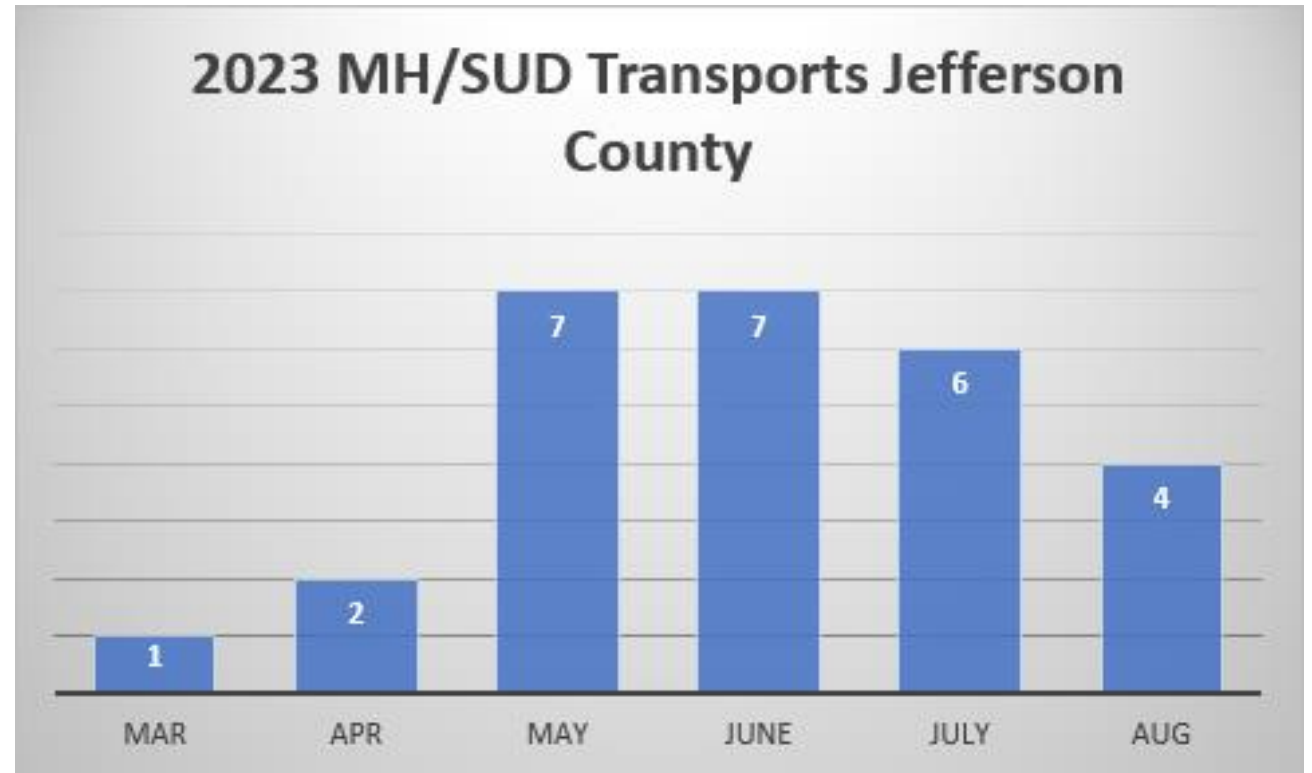


Interfacility Behavioral Health related transports average 5-6 per month; with a range of 1 to 14.

EJFR MH/SUD Transports

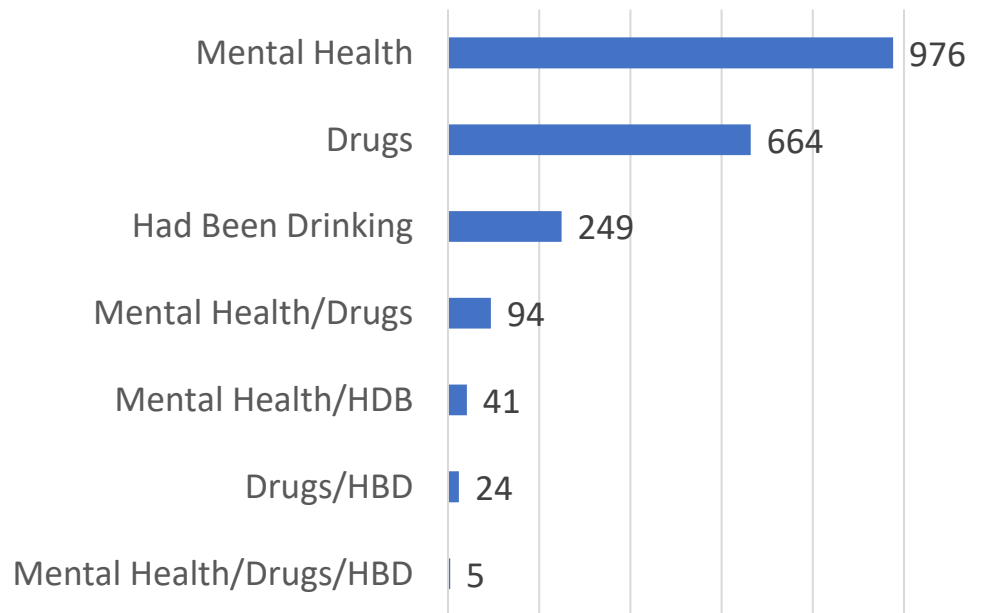


Olympic Ambulance Transports

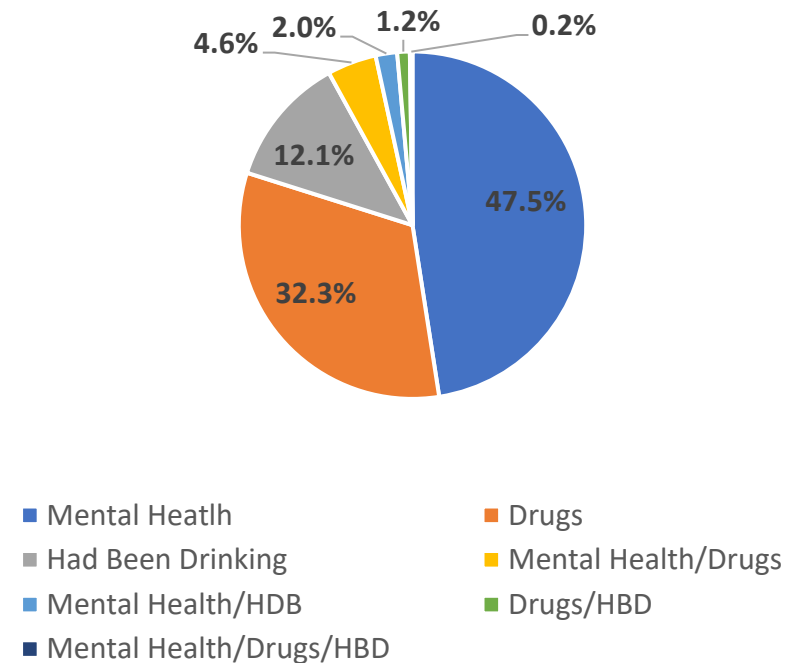


JCSO had a total of 2,053 Behavioral Health Related calls in the last year, over 50% were mental health or a combination of mental health and drugs and/or alcohol.

JCSO Behavioral Health Related Calls
9/2022 - 8/2023

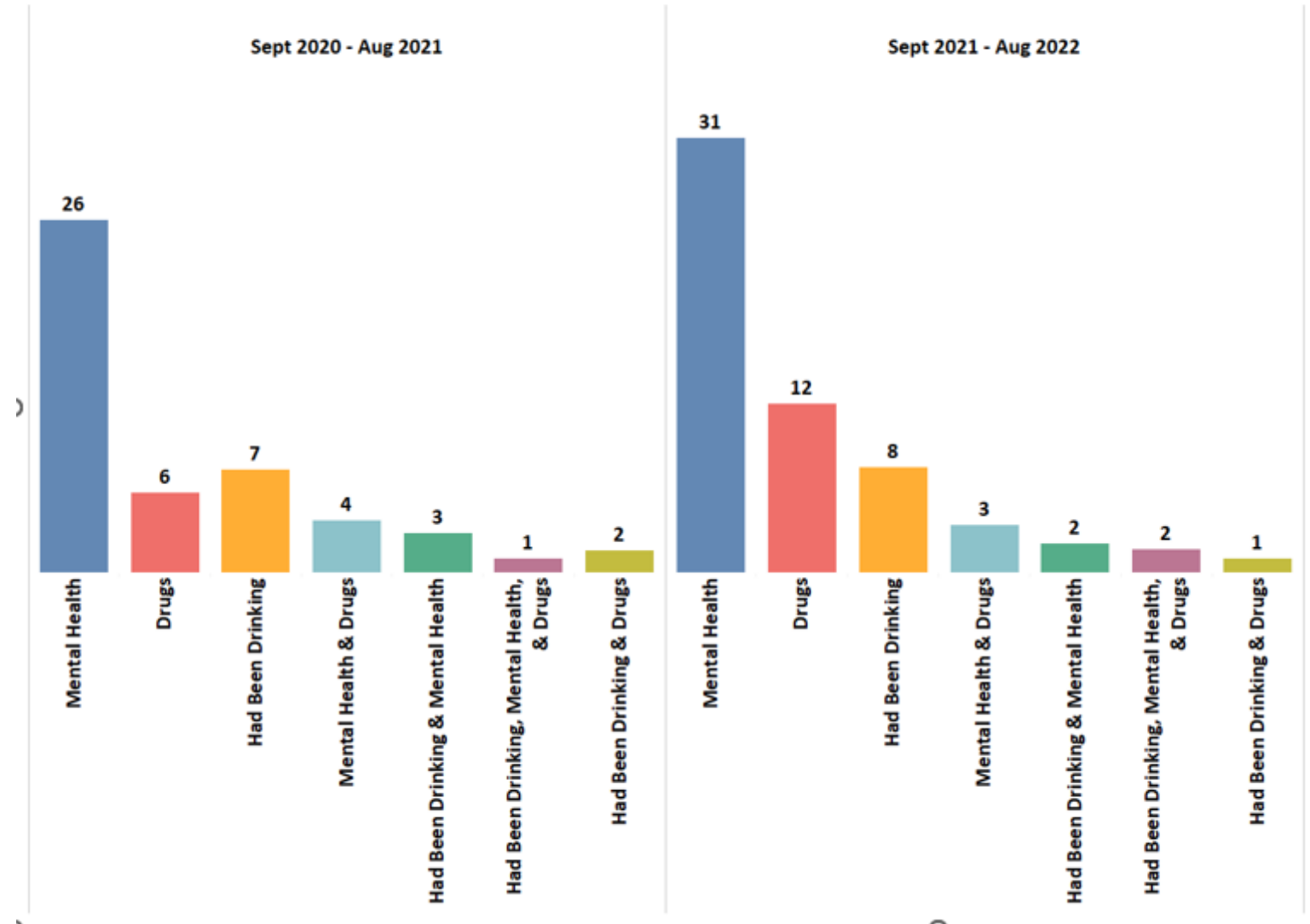


JCSO Behavioral Health Related Calls
9/2022 - 8/2023

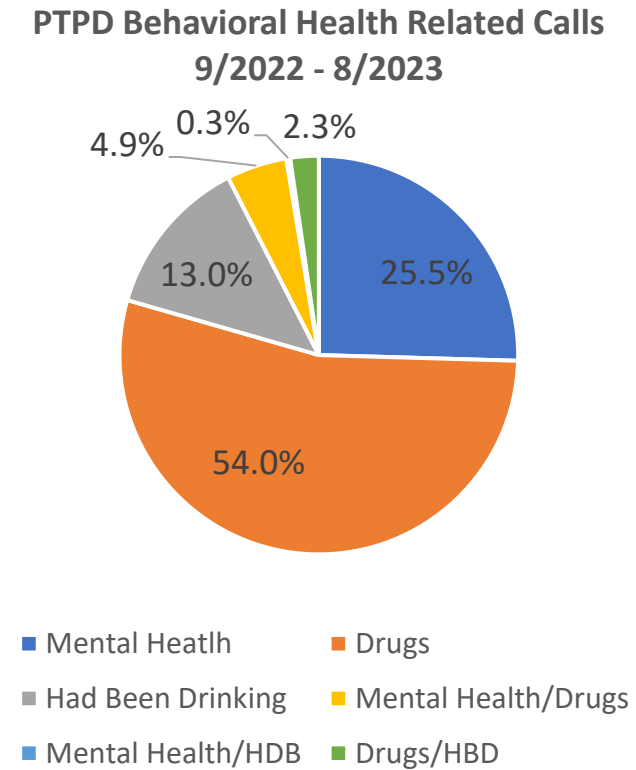
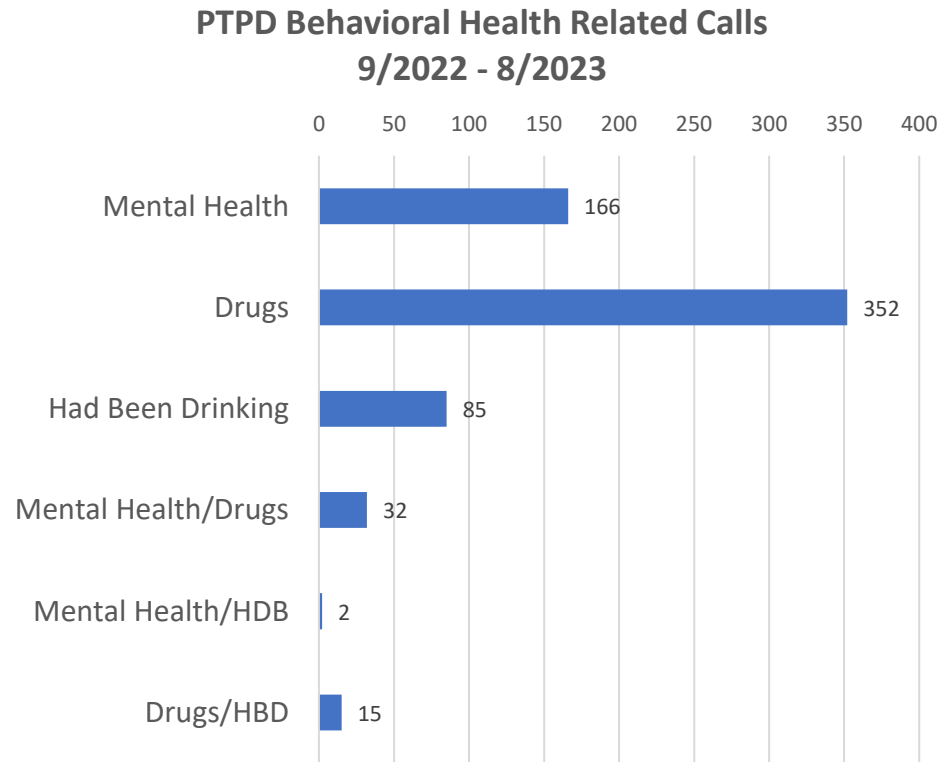


JCSO's Behavioral Health related have historically been significantly underreported.

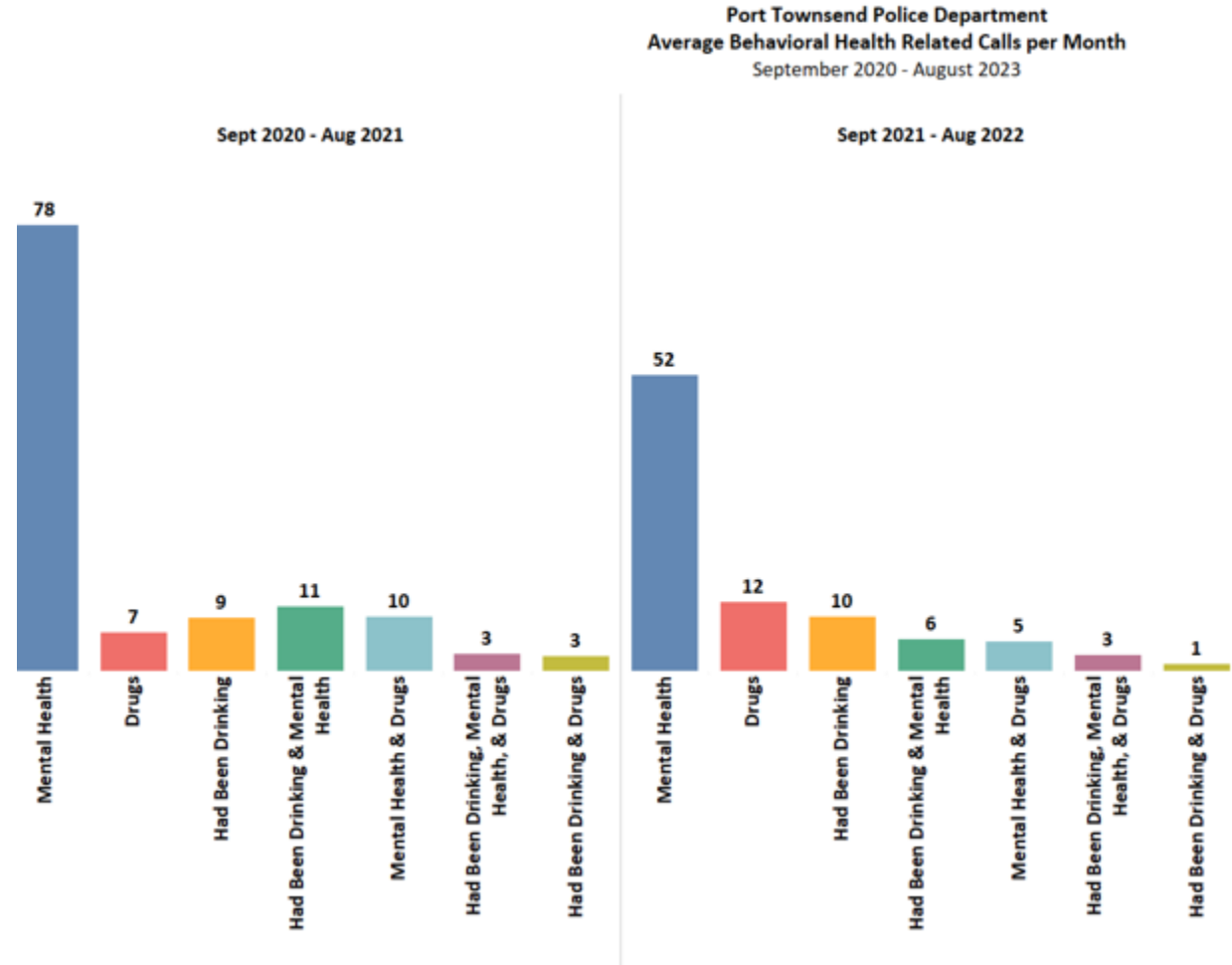
Jefferson County Sheriff's Office
Average Behavioral Health Related Calls per Month
September 2020 - August 2023



PTPD had a total of 652 Behavioral Health Related calls in the last year, over 60% were related to drugs or drugs with a combination of mental health/alcohol.



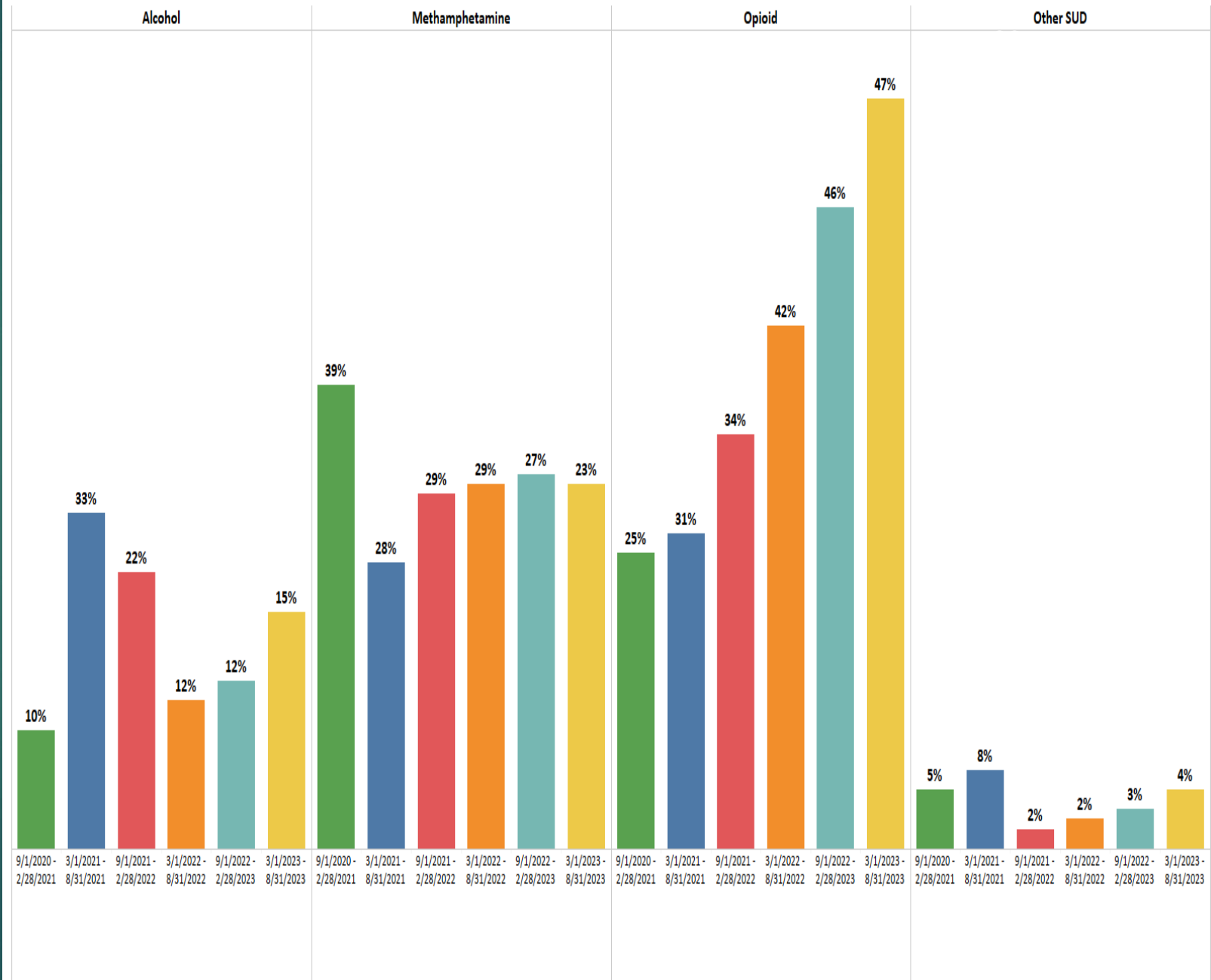
PTPD's Behavioral Health related calls have historically been significantly underreported.



Believe in Recovery

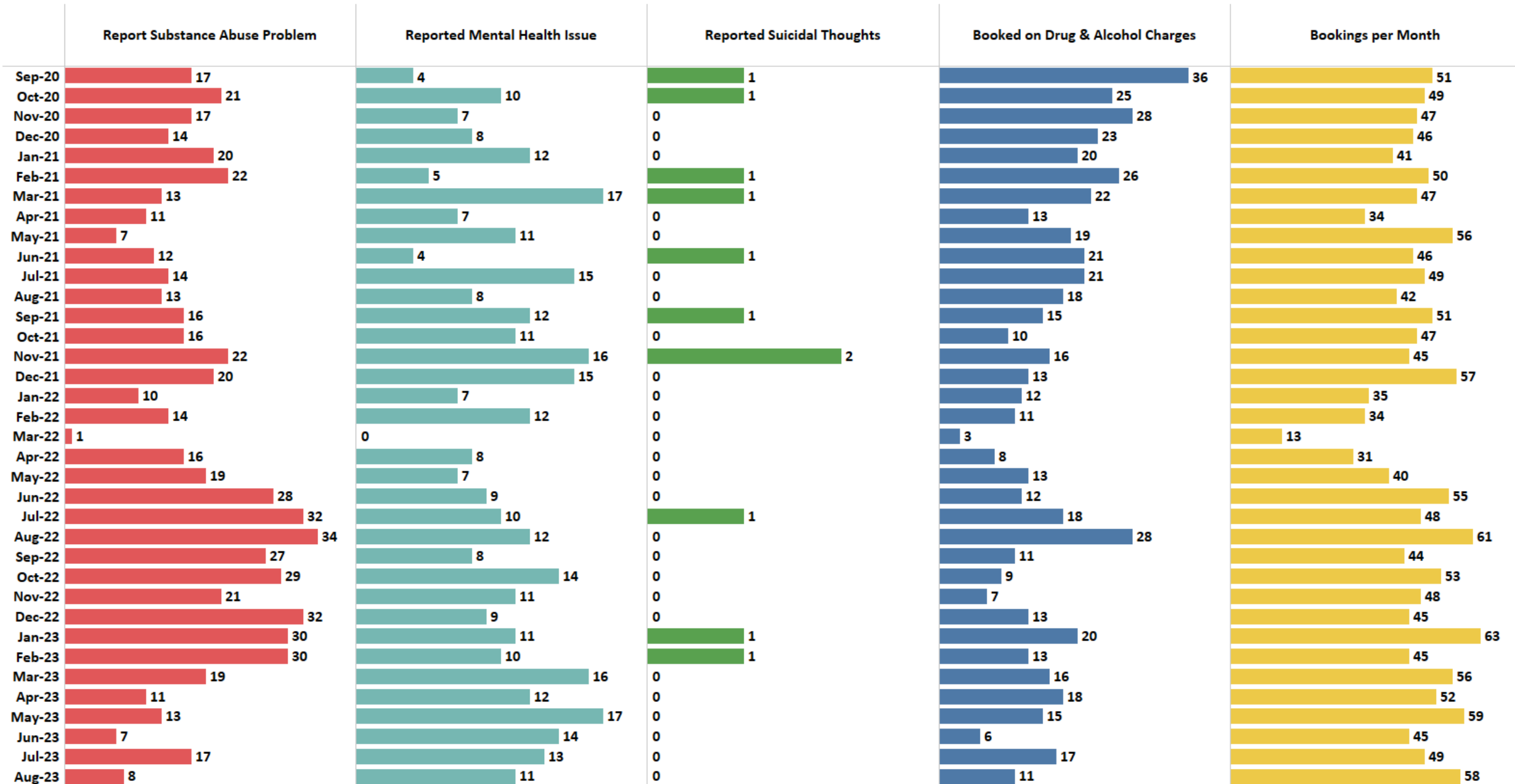
- ▶ The percentage of Believe in Recovery Clients diagnosed with Opioid Use Disorder has increased by nearly 90% over the last three years.
- ▶ Of all of the clients screened for SUD by Believe in Recovery in the last 6 months:
 - ❑ 19% were diagnosed with alcohol use disorder.
 - ❑ 47% with Opioid use disorder
 - ❑ 23% with Methamphetamine use disorder
 - ❑ 4% were diagnosed with “other SUD”.

Believe in Recovery Clients Diagnosed with SUD
September 2020 - August 2023



Jefferson County Jail Statistics

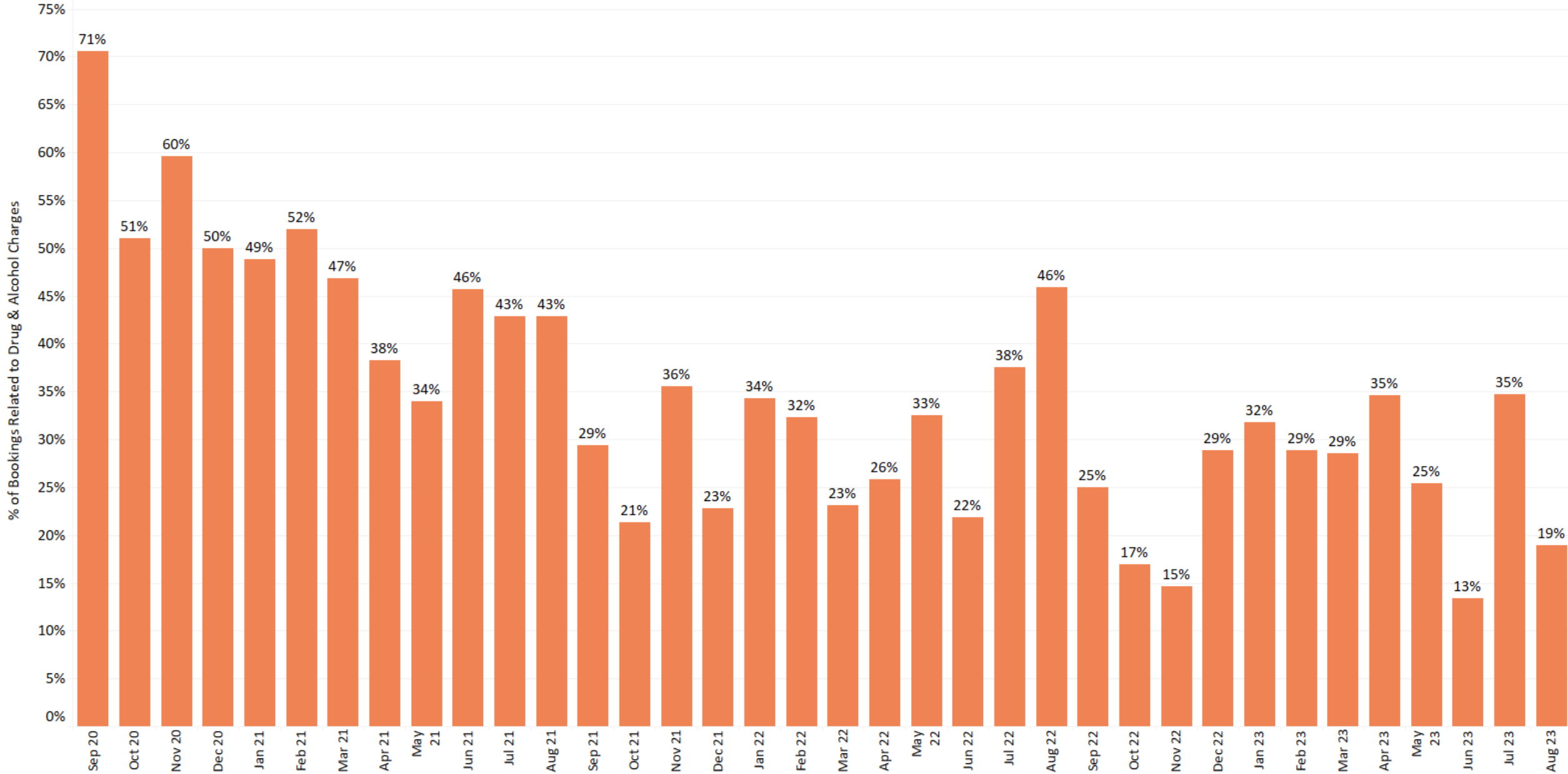
September 2020 - August 2023



Jail Intake - Monthly Encounters

% of Bookings Related to Drug & Alcohol Charges

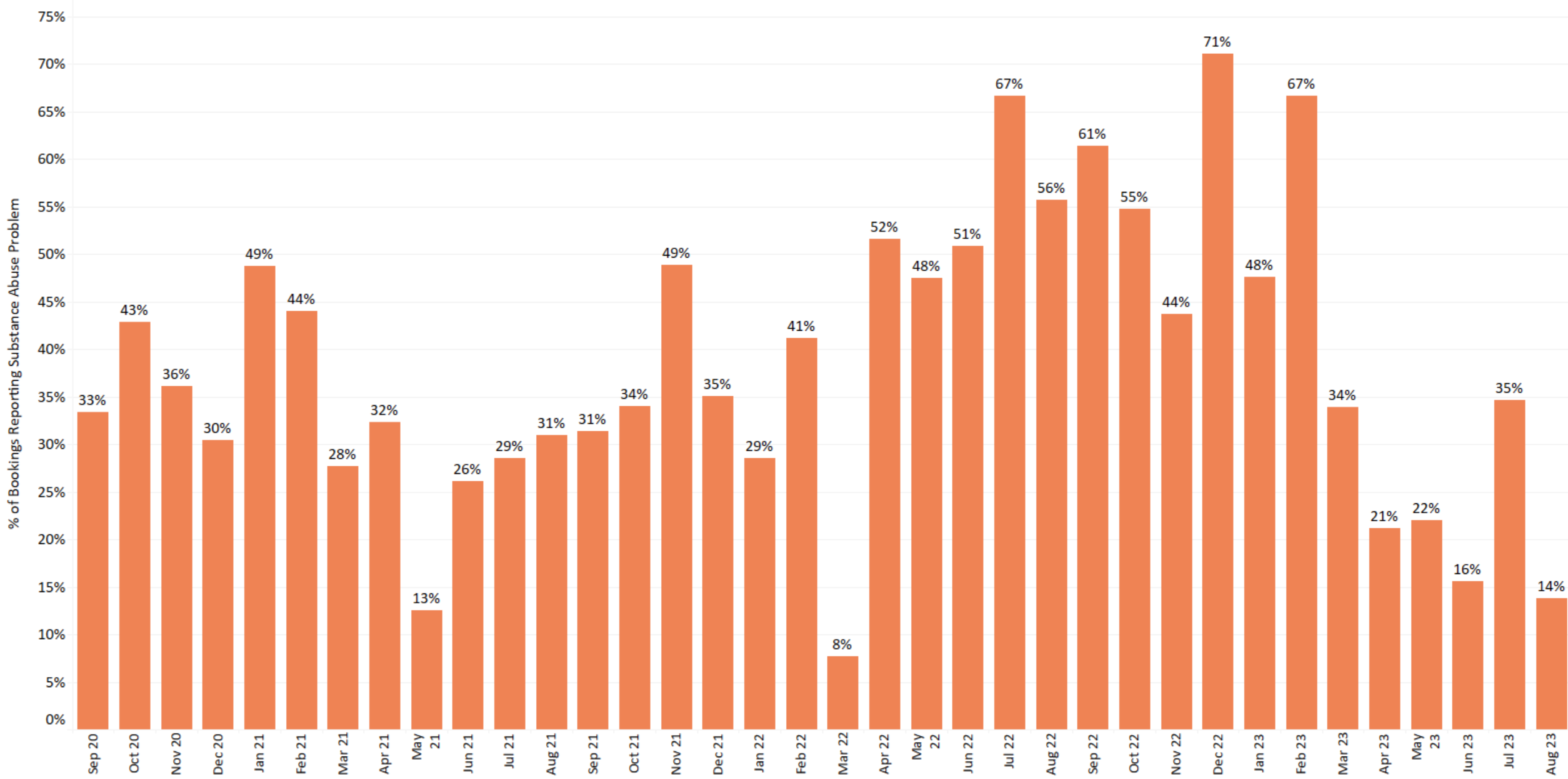
September 2020 - August 2023



Jail Intake - Monthly Encounters

% of Bookings Reporting Substance Abuse Problem

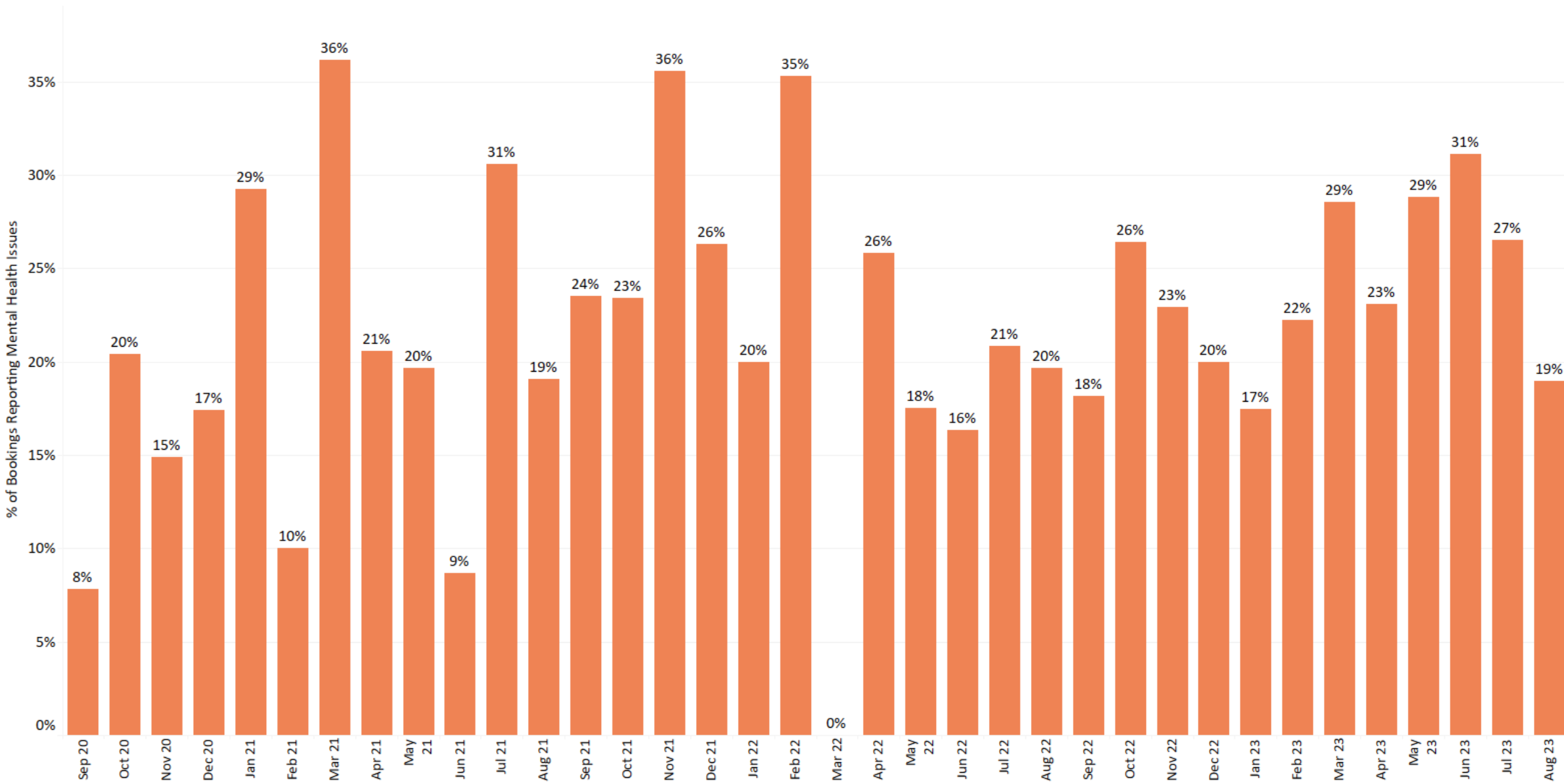
September 2020 - August 2023



Jail Intake - Monthly Encounters

% of Bookings Reporting Mental Health Issues

September 2020 - August 2023





Developing Clarity for BHC Data Effort's Phase 2



What do you see as the purpose for the Jefferson County's BHC Data collection?



Evaluating system interventions to assess impact.

 Add comment

Providing evidence for grants

 Add comment

Teaching / feedback to teams on effectiveness of their work.

 Add comment

- Identify specific **population level questions** for the Data Workgroup to address; determine process for the BHC to define the questions and who is needed at the table to pursue.
- Define questions and where the data is to **incorporate Therapeutic Court Data** into the BHC Data Efforts. (ex: track Drug Court entry/graduation/recidivism within 5 years from nationwide booking tool)
- Address **sustainability** challenges of **Law Enforcement data collection** and **explore training** needed to support true insight generation

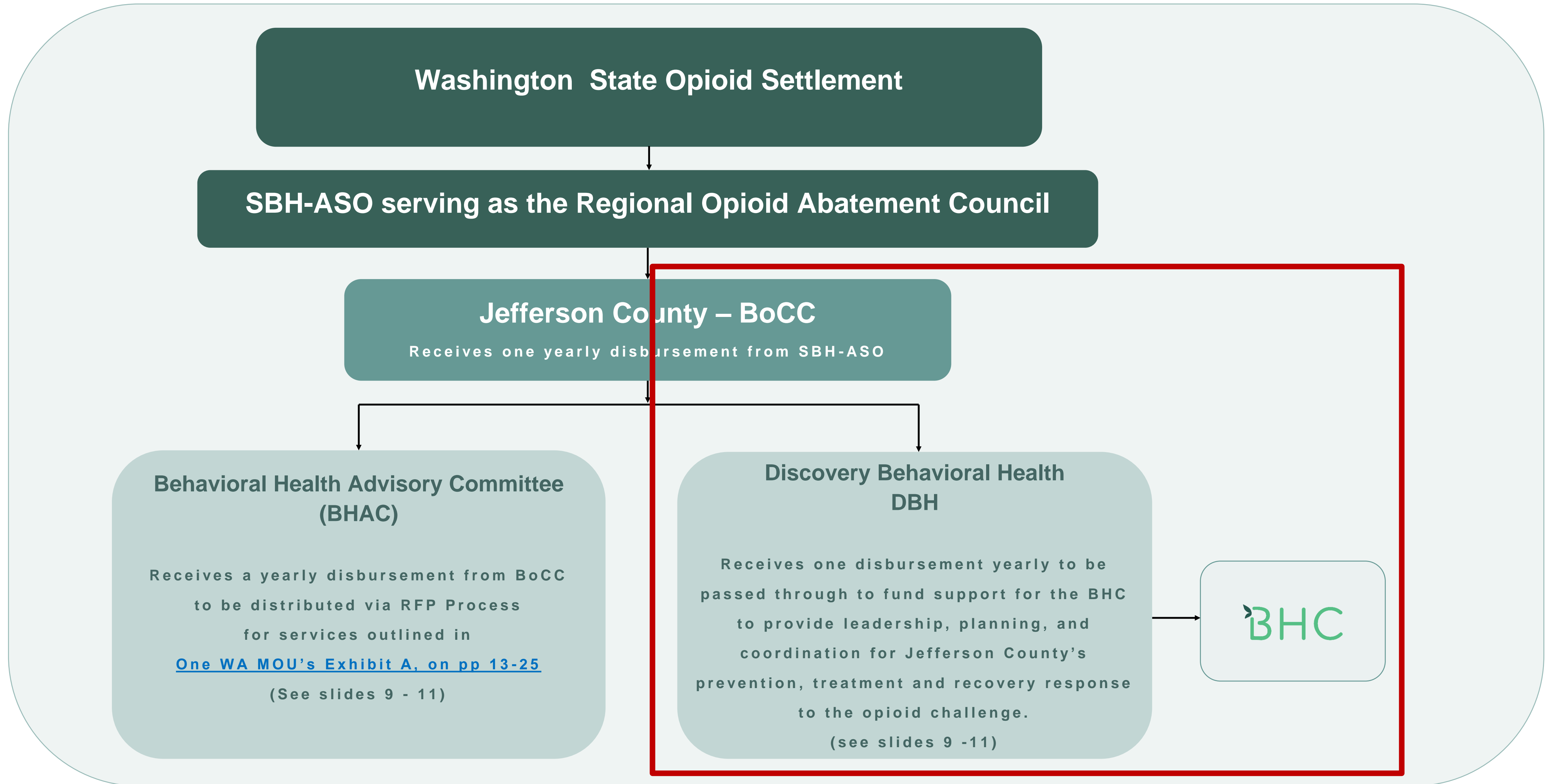
Action Taken to Date

- 10/16/23 Data Workgroup Meeting [Video](#), [Meeting Packet](#) and [Padlet](#)
- 10/27/2023 Follow-on Mtg w/ JHC Rep to discussion approach to defining population level questions [Discussion Notes](#)
- Scheduled **Follow-on 11/10 Mtg** JHC Population Health Advocacy and County Medical Program Director to explore **what formal and informal leadership could best serve the BHC's collective data effort.**





Sustainability: Opioid Settlement Funds Update





Sustainability: Pursue Grant Opportunity?

Recommendation:

Identify and apply for a ~\$200k Planning Grant opportunity for that will support resources to successfully gather appropriate players to participate in Strengths, Weaknesses, Opportunities, Threats (SWOT) assessment, prioritize the resulting needs identified, develop a Strategic Plan to address those needs, and to ultimately work collaboratively to address those needs from a collective platform.

[See the BHC Sustainability Work Group's Complete Recommendations](#)

Quick Stats:

[The Rural Health Network Development Planning Program](#)

Award is \$100k for 1 year (30 will be awarded)

RFP was Last Updated: October 25, 2023

Application Due Date: Jan 26, 2024

Award Date: July 2024

Project Start Date: | Jul 01, 2024 - June 30, 2025

The purpose of the Rural Health Network Development Planning Program (“Network Planning Program”) is to plan and develop integrated health care networks that collaborate to address the following legislative aims: (i) achieve efficiencies; (ii) expand access to and improve the quality of basic health care services and health outcomes; and (iii) strengthen the rural health care system. This program supports one year of planning and brings together members of the health care delivery system, particularly those entities that may not have collaborated in the past, to establish and/or improve local capacity in order to strengthen rural community health interventions and enhance care coordination. The Network Planning program uses the concept of developing networks as a strategy toward linking rural health care network members together to address local challenges, and help rural stakeholders achieve greater collective capacity to overcome challenges related to limited economies of scale for individual hospitals, clinics, or other key rural health care stakeholders. For more details, see Program Requirements and Expectations.

[Link to RFP Overview](#)

[Link to full RFP](#)





Next Steps



- ✓ Apply for NCE and submit a Work Plan Budget that reflects some degree of proposed grant-funded BHC management if the NCE is awarded.
- ✓ Confirm Seed funding to keep the BHC table open
- ✓ Collect the HRSA RFI & PIMS data, along with the BHC Member data for Mar through Aug 2023 by 9/30/2023; HFPD to analyze along with restored data and present in November.
- Generate contract between County and DBH for Opioid Settlement Fund
- Execute SCHR Subgroup meetings to determines next steps
- Execute Data Subgroup meeting to determine next steps
- Develop and institute an MOU that structures the BHC/BHAC linkages discussed at BoCC meeting
- Identify who is interested in BHC roles, and who we'd like to recruit additionally.
[See the BHC Sustainability Work Group's Recommendations.](#)





Peer Support

JBS International, the group that provides Technical Assistance provides a “Peer Hour” that occurs four times monthly. If you have peers working that would like to connect with other peers for support and camaraderie, please directly email Donald McDonald at JBS for the schedule:

DMcDonald@jbsinternational.com

Those reaching out should indicate they are connected to:

Jefferson County, WA

HRSA RCORP-Implementation 2 - Grant # GA1RH39564





NEXT BHC Meeting



Thursday, February 8th, 2023

@3:00p on Zoom





Acronym Sheet

BH – Behavioral Health

BHAC – Behavioral Health Advisory Committee

BHC – Behavioral Health Consortium

BoCC – Board of County Commissioners

CAP – Communication Action Plan

CARES – Community Assistance Referral & Education Service

DBH – Discovery Behavioral Health

DCR – Designated Crisis Responder

DUI – Driving Under the Influence

ED – Emergency Department

EJFR – East Jefferson Fire Rescue

EMS – Emergency Medical Services

JCPH – Jefferson County Public Health

JeffCo – Jefferson County

JHC – Jefferson Healthcare

JCSO – Jefferson County Sheriff's Office

HFPD – Health Facilities Planning & Development Consultants

HRSA – Health Resources and Services Administration

ITA – Involuntary Treatment Assessment

MAT – Medically Assisted Treatment

MH – Mental Health

MOUD – Medications for Opioid Use Disorder

NAMI – National Alliance of Mental Illness

OAC – Opioid Abatement Council (SBH-ASO)

OUD – Opioid Use Disorder

PTPD – Port Townsend Police Department

PWUD – People Who Use Drugs

RHNDP-P1 – Rural Health Network Development Program – Planning (HRSA Grant Awarded 2018-2019)

RCORP-P2 – Rural Community Opioid Response Program – Planning (HRSA Grant Awarded 2019-2020)

RCORP-I – Rural Community Opioid Response Program – Implementation (HRSA Grant Awarded 2020-2023 w/ 1 year No Cost Extension thru 8/2024)

R.E.A.L. – Recovery, Empowerment, Advocacy, Linkage

SBH-ASO – Salish Behavioral Health – Administrative Services Organization

SSP – Syringe Service Exchange

SUD – Substance Use Disorder

TBH – To Be Hired

VOA – Volunteers of America – Crisis Line (1-888-910-0416)

Vol - Voluntary

Invol – Involuntary