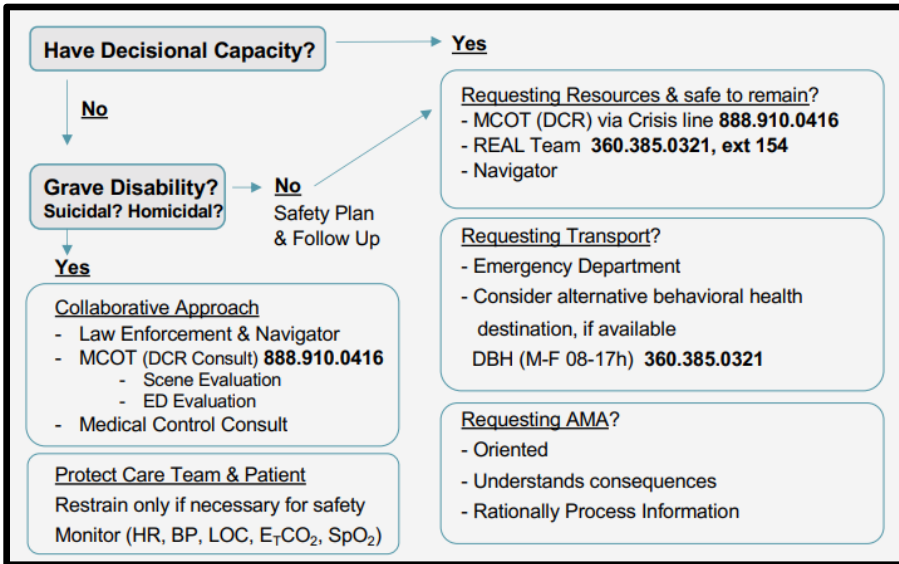


Behavioral Health Crisis Response

Salish Regional Crisis Line [1-888-910-0416](tel:1-888-910-0416)

Discovery Behavioral Healthcare DCR & MCOT

The Mobile Rapid Response Crisis Team responds to people/a person/individuals experiencing a behavioral health crisis. Call Crisis Line above for in-person response 24 hours/day, 7 days/wk. Walk-in hours @ DBH during business hours at 884 W. Park Avenue, Port Townsend.



Non-Crisis Resources

| Outreach Team Name | Days Available | Hours | Referral Source | Phone |
|--|----------------|-----------|-----------------|--|
| DBH REAL Team | M-Sun | 24h / day | Any | 360-302-6730 |
| JCPH Harm Reduction/ SSP | M, W, F | 2-4pm | Any | 615 Sheridan St |
| JCPH School Based Health | M-F | 9-5 | Any | 360-390-8560 Call or text |
| JSCO Navigator | M-F | 8-5 | LE, EMS | JeffCom non-emergency 360-344-9779 |
| Believe in Recovery/ OPHS Street Outreach Services | M-Sun | 24h / day | Any | 360-316-6120 |
| Gateway to Freedom - LEAD Program | M-Sun | 24h / day | LE, Court | 360-316-9858 |
| EJFR CARES | M-Fri | 8-4 | EMS, LE | FireCARES@ejfr.org If urgent: JeffCom Non-emergency: 360-344-9779 |
| Quilcene Fire CARES | M-Sun | 24h / day | EMS | 360-531-1495 |
| JCPH Clinics | See Pg 3 | | Any | 360-385-9400 |
| Dove House Recovery Cafe | T-F | 10-4 | Any | 939 Kearney Street, PT Free lunch 12pm-2pm |
| JH Clinics | See Pg 5 | | Any | Primary Care Clinics |

Discovery Behavioral Healthcare R.E.A.L. Program

Mission: To improve the lives of the people we serve through Recovery, Empowerment, Advocacy, and Linkage, while promoting dignity, health, and self-sufficiency.

The R.E.A.L. Program **provides community-based support to individuals in need** and is:

- Driven by harm reduction, trauma-informed, culturally inclusive principles.
- Is staffed by individuals with lived experience.
- Is voluntary.
- Is participant-driven, meeting people where they are.
- Is not time limited.
- Does not discriminate based on use status.

Priority Populations: Individuals with substance use or co-occurring needs, frequent contact with law enforcement or first responders, or who have had challenges accessing services under traditional service model.

Hours: 24 hours a day, 365 days a year

How to Reach Us: 360-302-6730. If no answer, leave a message.

Jefferson County Public Health Syringe Exchange Program

Anonymous and confidential walk-in syringe exchange services.

Services include free sterile syringes in exchange for used syringes, secondary exchange, safer injecting supplies, glass pipes, naloxone, hygiene supplies, and healthcare referrals. Human immunodeficiency virus (HIV) and hepatitis testing is available by appointment.

Address:

Jefferson County Public Health Clinic, 615 Sheridan Street, Port Townsend

Walk-in Hours: M W F 2-4p

Jefferson County Public Health Community Clinics

Services include annual exams & preventative health, birth control and family planning, STI testing & treatment, and sports physicals.

Port Townsend Clinic, 615 Sheridan Street, Port Townsend

M 1p-4p, W 9a-4p, F 9a-4p

360-385-9400

Quilcene Clinic, 294843 US-101, Quilcene (Medical Building behind Post Office on Rogers Street)

W 11a-12p, expanded W hours in summer

360-385-9400

Jefferson County Public Health School Based Health Centers

Jefferson County Public Health operates three School Based Health Centers (SBHC) in partnership with Jefferson Healthcare and the School Districts.

SBHCs are clinics on the school campuses at Port Townsend High School (since 2008), **Chimacum Jr/Sr High School** (since 2008) and **Quilcene School** (since 2021).

Comprehensive medical and mental health services are provided by licensed health care providers in confidential setting **during school hours**.

SBHCs provide access to health services to increase health equity and to reduce health-related barriers to academic and social success.

How to Reach Us: Call or Text: 360-390-8560 or call 360-385-9400 (messages are monitored M-F 9am-5pm)

Jefferson County Sheriff's Office (JCSO) Navigator

JCSO, in partnership with Discovery Behavioral Healthcare, embeds one mental health professional into the day-to-day activities of the Sheriff's Office. This mental health professional acts as a Navigator and assists in improving mental health field response and diversion from incarceration for members of the community.

Goals of the Navigator Program Include: Reduce negative impacts of mental health within Jefferson County, assisting in creating opportunities for diversion from incarceration and involvement with the criminal justice system when appropriate, reduction in repeat service utilizers, improve recovery and quality of life for those with mental health disorders, and provide de-escalation to those individuals experiencing a mental health crisis.

Hours: M-F, 8a-5p

How to Reach Us:

Contact JeffCom dispatch @ **non-emergency line at 360-344-9779**, or for **emergencies at 911**. **Navigator desk phone: 360-344-9798**.

Believe in Recovery/OPHS Street Outreach Services

Team consists of a mental health professional, an on-call SUD and certified peer counselors. This team works closely with local law enforcement, first responders, and other local agencies to bring arrest rates down and help clients to get the help they need to be to be safe, warm, and fed.

Also provide field-based assessments and MOUD referrals, including same day appointments; arrange transportation to and from inpatient and/or detox when needed. The SOS Team also hands out sleeping bags, tents, toiletries, snacks, hand warmers, coats, and clothing to clients when needed.

Hours: Team operates 24/7, and offers 24/7 Crisis Intervention

How to Reach Us: Anyone in East Jefferson County can access services by calling 360-316-6120

Jefferson Healthcare Primary Care Group - Clinics

Providing full spectrum primary care including pre- and post-natal care and behavioral healthcare.

Sheridan Clinic

915 Sheridan Street, Port Townsend, M – F 8a-5p
360.379.8031

Townsend Clinic

934 Sheridan Street, Port Townsend, M – F 8a-5p
360.385.5388

Watership Clinic

1010 Sheridan Street, Port Townsend, M – F 8a-5p
360.385.3500

Port Ludlow Clinic

89 Breaker Lane, Port Ludlow, M – F 8a-5p
360.437.5067

South County Clinic

294846 US-101, Quilcene, M – F 8a-5p
360.385.3991

Dove House Recovery Cafe

Entry point for folks navigating the recovery landscape in our community, based on the belief that everyone deserves love and belonging and where they foster a beautiful, safe, warm, drug-and-alcohol-free space for everyone.

Address: 939 Kearney Street, Port Townsend

Hours: Tues-Fri 10-4p; *Free lunch served T-F 12-2p*

Quilcene Fire Rescue C.A.R.E.S Program

Fire/EMS-based program to provide community assistance, referral, and education services; outreach and assistance to residents to improve health and advance injury and illness prevention. Offers nonemergency contact for our neighbors who use emergency services for non-emergency needs.

How to Reach Us: 24 hours a day, 365 days a year: 360-531-1495.

If no answer, leave a message.

East Jefferson Fire Rescue C.A.R.E.S. Program

Post 911 response program providing follow up services such as community assistance, referral, and education services; outreach and assistance to the community. CARES supports those failing to thrive who rely on repeated 911 services.

Referrals are primarily initiated by Fire/EMS & Law Enforcement.

How to Reach Us: FireCARES@ejfr.org

Gateway to Freedom - LEAD program

Referrals: law enforcement and court partners only.

The Law Enforcement Assisted Diversion (LEAD) program is an approach to addressing low-level offenses by diverting individuals away from traditional criminal justice pathways and towards community-based support services. Through collaboration between law enforcement agencies, social service providers, and community organizations, LEAD aims to connect individuals with housing, mental health treatment, substance abuse counseling, and job training instead of arresting them. By prioritizing harm reduction and addressing underlying needs, LEAD seeks to reduce recidivism, enhance public safety, and improve the well-being of participants.

How to Reach Us: This program operates 24/7, LEAD dispatch can be reached at 360-316-9858. For general inquiries about the program, email admin@gatewaytofreedompt.org.

Jefferson County's Providers' Resource Booklet

Developed by
the Behavioral Health Summit Members
Led by Dr. David Carlbom

Coordinated in Partnership with
the Behavioral Health Consortium



July 2024