



SCHR/Sustainability Meeting

March 26, 2024, 1pm

Jefferson County's Behavioral Health Consortium (BHC) is supported by funding from HRSA's RCORP-Implementation Grant through August 2024 and Jefferson County Opioid Abatement Council funding through 2038



Agenda – 3/26/24 SCHR Meeting

- Welcome and Introductions
- Inviting Community Member Feedback
 - Update/Feedback on Outreach Efforts – ALL
 - BHC – Yellow Card
 - Review/Getting Word out on Service Offerings
- Engagement Efforts
 - Drug Take Back Event
 - Planning for South County Community Conversations
 - Review Draft Recruitment Flyer
 - Next Steps?
- Next Meeting: [May 28, 2024 @ 1p](#)

SCHR Resources

[1/23/24 Meeting Notes](#)





Update: JCPH's Harm Reduction Program

Jefferson County Public Health Harm Reduction / Syringe Exchange Program

Anonymous and confidential walk-in syringe exchange services.

615 Sheridan Street in Port Townsend

Services include:

Free sterile syringes in exchange for used syringes, secondary exchange, safer injecting supplies, glass pipes, naloxone, hygiene supplies, and healthcare referrals. Human immunodeficiency virus (HIV) and hepatitis testing is available by appointment.

Walk-in Hours:

M 2-4p, W 11a-1p, F 2-4p

New Mobile Service In South County!

- The van is set up at Quilcene during Food Bank events on Wednesdays, providing harm reduction supplies and services. Potential rotating schedule in Port Hadlock and Brinnon.
- Planning weekly presence in Quilcene at the JCPH clinic space.

Ways BHC Members Can Engage?

Help spread the word about our expanding services, brainstorm service locations and suggest/collaborate on outreach events as we set them up.

Naloxone Training, Emergency Boxes, and Distribution

Given: Brinnon Community Center Senior Leadership Meeting, Quilcene Community Center, The Nest, Jefferson Teen Center, Olympic Educational Service District, Port Townsend School District, Quilcene School Board, OlyCap, Dove House, Jefferson County Library, Port Townsend Library, The Port of Port Townsend, Centrum, Jefferson County Courts, Jefferson County Board of Health, WA Department of Health, Port Townsend Farmers Market, Thing Music Festival, Med Takeback, and Tri Area Community Center

Emergency Boxes / Distribution: Quilcene mid-August, the naloxone distribution for all currently mounted 8 boxes is 304. Recovery Café has distributed the most with 120, followed by 64 at Hadlock Library and 60 at Quilcene FD. PT Library has 20 boxes. Brinnon FD, and the three community centers (Brinnon, Quilcene, Tri Area) that went up more recently are all at 10 boxes. We expect an increase as folks learn about the resource.





Update: JCPH to use RiVive in Naloxone Packets

Why the Change?

DOH, who supplies JCPH with naloxone is switching to RiVive because it is available at a lower price point.

How is RiVive different from Naloxone?

RiVive is a lower dose naloxone spray than Narcan, but still effective at reversing an opioid overdose. RiVive is 3mg where the generic naloxone we currently get from DOH and Narcan are 4mg

Research Says?

Research has found that often times the increased amount of naloxone administered exceeded what was actually needed to reverse an opioid overdose. More research has emerged that knowledge of and access to naloxone were stronger factors in overdose survival than the amount of naloxone a person received during an opioid overdose emergency. Higher doses of naloxone increase the risk of precipitate or acute withdrawal in people who have overdoses. While not deadly, the rapid onset of withdrawal symptoms can include vomiting, diarrhea, sweating, nausea, and muscle aches, with some suggesting that fear of these effects may discourage some from administering naloxone at all.

The screenshot shows the RiVive website with a dark blue background and a hexagonal pattern. At the top left is the Harm Reduction Therapeutics logo. The main heading is "RiVive™ is FDA Approved". Below this is a central box titled "5 Key Steps In Case of an Overdose" with "ENGLISH" and "SPANISH" buttons. To the right is an image of the RiVive product box and a hand holding the spray. Text on the page includes: "FDA has approved over-the-counter RiVive™ (naloxone HCl nasal spray 3 mg) for the emergency treatment of opioid overdose." and "This critical milestone advances the pursuit of HRT's mission to prevent opioid overdose deaths by making free of charge or low-cost over-the-counter naloxone available to everyone across the United States." It also states: "HRT anticipates RiVive™ will be available by early 2024 primarily to U.S. harm reduction organizations and state governments for costs lower than other opioid antagonist nasal sprays." A disclaimer at the bottom right reads: "No company, entity, or individual will profit from sales of RiVive™." Product details on the right state: "RiVive™ (naloxone HCl nasal spray 3 mg) is a novel over-the-counter intranasal formulation of naloxone (3.0 mg) delivered as an atomized spray (0.1 ml) that can save lives. It uses an easy-to-use standard unit dose system for single administration for the emergency treatment of opioid overdose without a prescription. RiVive™ produces a 3-fold higher systemic exposure with comparable early absorption to the reference naloxone product, as well as robust Human Factors Validation work demonstrating that laypeople are able to administer RiVive™ in a simulated emergency overdose situation."

[Learn more about RiVive](#)



Update: Yellow Card – New Print Run

CRISIS – 911	
SUICIDE & CRISIS Lifeline –988	
NAT'L SUICIDE PREVENTION LIFELINE	988 Call Chat Text
SALISH REGIONAL CRISIS LINE	888-910-0416
TRANS LIFELINE	877-565-8860
LGBTQ SUICIDE HOTLINE	866-488-7386 Text: 678678
VETERANS CRISIS LINE	888-777-4443
NATIVE AND STRONG LIFELINE	866-491-1683
NEVER USE ALONE HOTLINE	800-484-3731 NeverUseAlone.com
DOVE HOUSE DV/SA	360-385-5291
WA RECOVERY HELPLINE	866-789-1511
PORT TOWNSEND POLICE	360-385-2322
JEFFERSON COUNTY SHERIFF	360-385-3831
JEFFERSON HEALTHCARE ER	360-385-2200x4221
CHILD PROTECTIVE SERVICES	866-363-4276
ADULT PROTECTIVE SERVICES	877-734-6277
DEPT HEALTH & SOCIAL SVCS	877-501-2233
HOUSING	
BAYSIDE	360-385-4637
COAST SHELTER	360-796-0420
OLYCAP	360-385-2571
OLYMPIC NEIGHBORS	360-344-2190
PENINSULA HOUSING	360-379-2565
NAT'L HOMELESS VETERANS	877-424-3838
TRANSPORTATION	
DUNGENESS BUS LINES	360-417-0700
ECHHO	360-379-3246
JEFF TRANSIT/DIAL-A-RIDE	360-385-4777
PARATRANSIT SERVICES	360-377-7007 800-756-5438
PENINSULA TAXI	360-385-1872
MENTAL HEALTH	
DISCOVERY BEHAVIORAL HEALTHCARE	360-385-0321
NAMI JEFF CO	360-385-1716

SUBSTANCE USE	
AA HOTLINE	360-385-0266
BELIEVE IN RECOVERY	360-385-1258
NARCOTICS ANONYMOUS	360-215-2616
HARM REDUCTION/SYRINGE EXCH	360-390-8405 615 Sheridan St, PT Mon 2pm-4pm / Wed 11am-1pm / Fri 2pm-4pm
REAL PROGRAM	360-302-6730
RECOVERY CAFE JEFF CO	360-385-5292
DBH SUD SERVICES	360-385-3866
OLYMPIC PENINSULA HEALTH (MAT)	360-912-5777
FOOD	
BRINNON FOOD BANK	360-701-0483 151 Corey Street, Brinnon / Tues 10am – 1pm
PT FOOD BANK	1925 Blaine St, PT Sat 11:30am – 2pm (65+) / Wed 10am – 3pm
TRI-AREA FOOD BANK	360-385-9462 760 Chimacum Rd, Hadlock / Wed 10am – 1pm
QUILCENE FOOD BANK	360-765-0904 294952 Hwy 101, Quilcene / Wed 11am – 2pm
JUST SOUP	Tues 11:30am – 1:30pm St Paul's Episcopal, 1020 Jefferson St, PT
LITTLE FREE PANTRY	1045 10th St, PT
RECOVERY CAFÉ HOT MEALS	360-385-5292 939 Kearney St, PT / Tues-Fri 12-2pm
OLYCAP FOOD TRUCK	Thursdays Mill Road 10-12p / Rhody Drive 1-3p
PHYSICAL HEALTH	
Jeff Co Public Health Clinic	360-385-9400 Text 360-774-0187 615 Sheridan St, PT M-F 9a-4:30p
FINANCIAL ASSIST	
ST VINCENT DE PAUL	360-379-1325
LEGAL	
JEFF ASSOC COUNSEL	360-385-5613
JEFF CO IMMIGRANT RIGHTS	844-724-3737
JEFF CO IMMIGRANT RIGHTS ADVOCATES (JCIRA)	Spanish/English Text or Call 360-232-6070
NW JUSTICE PROJECT	888-201-1014 M-F / 9:15am – 12:15pm
UPDATED FEBRUARY 2024	

Yellow Cards have been distributed. ([See Link](#))

Please email Lori with updates, need for additional cards and the quantity needed.





Consider: Create South County Services Overview?

Would an informational overview of the various relevant services available in Quilcene and Brinnon be useful? If so:

- Brainstorm content/contacts
- Create a Card/QR Code with this info like we did with the Yellow Card?

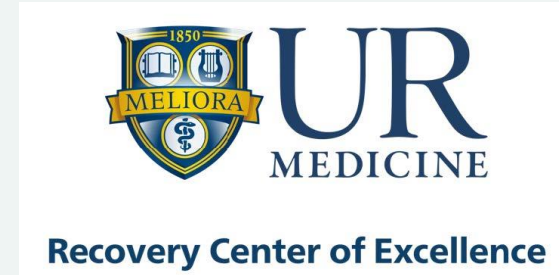




BHC Initiative: Host Community Conversations to Explore Stigma

Event Dates:

June 10-14, 2024



Facilitator:

Tedra Cobb, through the HRSA-funded UR Medicine Recovery Center of Excellence

Purpose:

To engage the BHC and the wider community in critical conversations and training to address SUD stigma.

Links:

[Campaign to Reduce Stigma - Overview](#)

[Recovery of Excellence – Stigma Webpage](#)

[Learn more about Tedra's work here.](#)

Engage Through Workshops

Community Conversations

2.5-hour interactive sessions using multimedia to foster open dialogue about SUD, its stigma, and community support systems.

Train-the-Trainer Event

A 3-hour workshop on June 11th for those committed to continuing these conversations in their communities. Participants will join the BHC's Facilitator Leadership Group for ongoing support





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Initiative's Goals for Jefferson County

Cultivate Empathy

Leverage the power of art to foster a personal connection with those impacted by the opioid crisis, humanizing their experiences and struggles.

Reframe the Conversation

Through conversation and sharing our experiences, we learn that there are different paths to addiction and in recovery. Our hope is to open doors to support people on their paths to recovery.

Strengthen Community Ties

Encourage the development of meaningful relationships among participants, laying the groundwork for ongoing collaboration and support in combating stigma.





BHC Initiative: Host Community Conversations on Stigma

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SCHR's Role and Invitation

Role

We appreciate your engagement through the participation, support, and promotion of these sessions within your networks.

Invitation

We invite you to use this opportunity to lead by example, enhancing our community's capacity to address behavioral health challenges with empathy and action.

**Together, we can create a more informed,
compassionate community that is set up
to support recovery and break down barriers of stigma.**

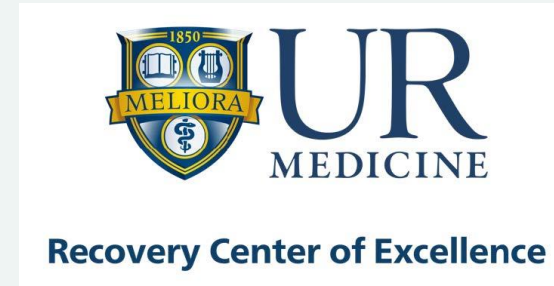




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South County Conversation?

Where to Host?

Open to ideas! Is there another event we could piggy-back with?

Timing for Community Conversation & Train-the-Trainer event

We will have Tedra Cobb for only 2 days in Jefferson County. What day works in South County? Then, is there interest in us providing transport to/from South County to a Train the trainer event somewhere in the County's North end?

Next Steps?





Update: Recruiting Business and Community Leaders to SCHR

BHC

Strengthen Jefferson County : A Call to Business and Community Leaders

Join Our Collaborative Effort for Community Well-being

The South County Harm Reduction (SCHR) Table, facilitated by the Jefferson County Behavioral Health Consortium (BHC), is a table of diverse stakeholders—spanning health institutions, mental health services, local hospitals, therapeutic courts, substance use counseling, emergency services, and law enforcement—united with a singular mission: to enhance the health and safety of our communities.

For three years, relevant BHC Members have been meeting monthly with key figures from South County, including school superintendents from Brinnon and Quilcene, EMS representatives, and the Sheriff. Our aim? To forge a safer, healthier future for our communities through dedicated efforts in harm reduction.

What is Harm Reduction?

Harm reduction (HR) is the SCHR table's guiding principle. We are implementing strategies to minimize health and social risks, embracing a range of safe practices from wearing seat belts and bike helmets to broader public health initiatives like ensuring Naloxone, a life-saving medication that can reverse opioid overdose, is available throughout South County. Harm reduction is about saving lives, curbing the spread of illness, and supporting those in need.

Partnership for Progress

Our achievements are a testament to what we can accomplish together:

- **Empowered Teens Coalition** In collaboration with Jefferson County Public Health (JCPH), we've fostered strong partnerships with local schools, nurturing a generation that's informed, resilient, and empowered.

The South County Harm Reduction Table has drafted a recruitment flyer content which will be finalized in the coming weeks.

Send your edits/insights on [this draft](#) to Lori.

[1/23/2024 SCHR Mtg Notes](#)



NEXT SCHR Meeting?



Zoom evite is in your calendars for:
May 26, 2024 @ 1p

