**Attendees:** Anna McEnery, Heidi Eisenhour, Sheriff Nole, Steven Echols, Jill Buhler-Reinstra, Jamie Fowler, Chris Ashcraft, David Fortino, Scott Mauk, Chim School Supt, Barb Jones, Lolinthea Hinkley, JCPH, Gabbie Caudill, Apple Martine, Aleah - Benji Project, Rebecca Marriott, Beth Meyers, Amanda Grace, Jenny Vervynk, Jolene Kron, Patrick Johnson, Jenn Mitchell, Brad Banks, Lobbyist, Brian Richardson, and other representatives from Olympic Community Action Programs, and other key community organizations and agencies.

See pages following these notes for the 3/12/2024 BHAC Meeting's supporting resource documents sent to meeting attendees.

#### UNOFFICIAL MEETING SUMMARY AND NOTES

The March 12, 2024 BHAC meeting focused on budget utilization, the allocation of opioid settlement funds, and updates on legislative bills impacting behavioral health, alongside a detailed report on the Recovery Cafe's community impact. Key action items included organizing a planning retreat to plan for opioid funds disbursement, ongoing monitoring and reporting on budget and program performances, and fostering collaborative efforts to enhance behavioral health services in Jefferson County.

#### **Budget Update**

Jenn Mitchell provided a budget overview, emphasizing the utilization of approximately 85% of the 2023 budget, with notable unspent funds due to positions like the Port Townsend Police Navigator remaining unfilled. The 2024 budget has been adjusted to incorporate new projects, aiming for the efficient use of carryover balances.

**Concern Raised:** Scott Mauk, Chimacum School District Superintendent, raised significant concerns about the impending financial challenges facing his school district, particularly in maintaining the expanded counseling services that were bolstered by federal COVID dollars. These funds are due to expire by August of the year, leaving a gap in resources necessary to support students' social and emotional needs. Concerns raised:

- Highlighted that the federal funds allowed the doubling of the counseling team in Chimacum School District, crucial for addressing students' mental health.
- Expressed concern over the non-inclusion of school districts in the current budget, contrasting with the allocations in 2022 and 2023.
- Noted the loss of counselors and the difficulty in backfilling these positions, emphasizing the ongoing need for mental health support within schools.

**Response and Discussion:** The exclusion of school districts from the current budget was clarified as the previous inclusion was a one-time allocation due to COVID, meant to temporarily bolster schools' capacities to handle increased mental health needs.

Moving forward, it was suggested that when Request for Proposals (RFPs) are issued in the fall, all entities, including those serving schools, would apply under a unified process, potentially allowing for a more holistic allocation of funds without segregating school-specific funds.

It was acknowledged that there is a general need for more funding across the board for various vendors and service providers.

Question for clarification: The OESD mental health services have a budget allocation of around \$114,000. Could you clarify how this funding is distributed? Is it shared across various school districts within the ESD 114 region, and how is it utilized specifically?"

Answer: The \$114,000 allocated for mental health services is indeed managed by the Olympic Educational Service District (OESD) 114 and is intended for use across all the schools within its jurisdiction. The primary goal of this funding is to enhance mental health services within these schools. Although Ciela couldn't attend today's meeting to provide more details, we do know that OESD is effectively utilizing this budget to maximize the number of counseling days available to students, thereby significantly contributing to the mental health support infrastructure within our educational institutions.

#### **Discussion Takeaways:**

- The dialogue underscored the critical need to consider the impending resource gap in schools for mental health services as federal COVID-related funding concludes.
- The conversation recognized the essential role of schools in the broader behavioral health landscape and the need for strategic planning and resource allocation to ensure continued support for students' mental health needs.
- There was an agreement on the necessity to maintain this issue as a priority in future discussions and budget planning sessions, reflecting a collective concern for the welfare of students and the sustainability of mental health services within the educational system.

#### **Opioid Funds Settlement**

Apple Martine discussed the allocation of opioid settlement funds, particularly distinguishing between distributor funds that go to support the Behavioral Health Consortium (BHC) table and pharmacy settlement funds that will be administered by the BHAC through an RFP process, likely in tandem with the  $1/10^{\rm th}$  of 1% funding RFP process that will be initiated in Fall 2024. It was noted that an additional \$19,977.20 from a distributor's settlement prepayment for Year 7 will be directed to Jefferson County. (See final page for how that impacts the BHC funding flow.)

It was clarified that the BHC and BHAC are both operating under the One Washington MOU, but the BHC is focused on the leadership, planning and coordination for Jefferson County's prevention, treatment and recovery response to the opioid challenges. See <u>One WA MOU's</u> exhibit A on pp 13-25 and slides 7 and 8 of the BHC's August 10, 2023 meeting Packet.

Lori offered to present an overview of the BHC for the BHAC Members at a future meeting if that would be useful.

#### **Planning Retreat**

A retreat is planned to strategize the deployment of opioid settlement funds. The details regarding the facilitator and the exact date for the retreat were not specified.

#### Overview of 1/10th of 1% Dashboard - Lolinthea Hinkley

Lolinthea's presentation emphasized the utility of the 1/10th of 1% Dashboard in tracking and communicating the effectiveness of funded programs. By providing detailed, accessible insights into program operations and impacts, the dashboards serve as a critical tool for accountability and continuous improvement in Jefferson County's behavioral health services landscape.

- Transition and Management: Jefferson County has internalized the management of the 1/10th of 1% report, which was previously handled by Kitsap County.
  - This involves updating dashboards (<a href="https://public.tableau.com/app/profile/jcph/vizzes">https://public.tableau.com/app/profile/jcph/vizzes</a>) that track annually agreed metrics, reported quarterly by each funded vendor.
- Dashboard Functionality and Access: The dashboards have been transitioned to the Jefferson County Tableau Public account. The primary purpose of these dashboards is to showcase the goals and successes of programs funded by the 1/10th of 1% fund, enhancing transparency and sharing relevant statistics.
  - The link to access these dashboards is shared in the meeting agenda and is also available on the Behavioral Health Services Council (BHSC) website of the county.
- Dashboard Content and Structure: Each of the 15 funded vendors has a dedicated dashboard within the system.
  - Dashboards begin with a program description, followed by data on individuals served, broken down by various metrics and graphically represented.
  - Services provided by the programs are formatted similarly, with graphical representations for clarity.
  - Progress on objectives and goals is tracked quarterly for each program, providing insight into whether these targets are being met.
  - Standard narratives are included for all vendors, offering qualitative insights into program impacts and successes. An example shared was the Recovery Cafe's dashboard, noted for its informative narrative.

**Updates and Engagement:** All dashboards are updated through the end of 2023, with plans to create new dashboards for 2024 as quarterly data becomes available.

Stakeholders are encouraged to explore the dashboards and provide feedback, contributing to the continuous improvement and relevance of these tools.

#### Legislative Updates

Brad Banks provided updates on significant legislative bills impacting behavioral health:

House Bill 2088 Sponsor: Representative Orwall.

- Purpose: Extend liability protections to include new or expanding teams such as mobile crisis teams, rapid response teams related to 90-day legislation, and CO response teams.
- Context: CO response teams have gained legislative attention due to their growth in communities, with increasing interest from cities, counties, BHASOs, etc., to establish such teams within police or fire departments or other mechanisms.
- Outcome: The bill passed with minor amendments from trial lawyers, offering additional liability protection deemed necessary by the community.

#### House Bill 2245 Sponsor: Representative Bronoske

- Purpose: Aimed as a one-year bill to build upon CO response work, collaborating with the
  University of Washington School of Social Work to develop a training curriculum for CO
  response teams, covering law enforcement and fire and EMS. It also explored a potential
  certification program for CO response teams and efforts to inform post-secondary students
  about careers in behavioral health, particularly CO response.
- Outcome: Though the bill died in the Senate, it was resurrected as a budget proviso, slightly reduced in fiscal scope but carried forward, focusing on rolling out training in at least three BHA regions through the University of Washington.
- Related Questions regarding House Bill 2245: The specific regions to be included in the pilot project were left deliberately vague, to be determined through discussions between the University of Washington and BHASOs, considering factors like existing CO response teams and regional needs.

### Lori to discern if this is the CROA effort?

Senate Bill 5853 Sponsor: Senator Dhingra.

- Context: Follow-up to previous legislation setting up certification and operation for 23-hour crisis facilities.
- Expansion: The bill extends the concept to youth facilities, addressing the unique needs of serving youth differently from adults.



• Outcome: Passed, establishing a legislative framework for both adult and youth 23-hour crisis facilities, anticipating further rollout and evolution.

#### Senate Bill 6228 Sponsor: Senator Dhingra

- Focus: Made statutory changes requiring insurance companies to fund at least 14 days of inpatient treatment for SUD individuals and addressed the removal of certain medical clearance requirements for SUD treatment.
- Challenges: Faced potential broadening at the session's end but was ultimately passed as initially presented after certain expansions were rolled back.

### Senate Bill 6251 Sponsor: Senator Dhingra

- Purpose: Addressed 988 regional coordination, granting BHASOs the opportunity to bring together stakeholders to develop regional crisis response protocols and improve data sharing between 988 hubs and regional crisis lines.
- Features: Allows BHASOs to recommend a single provider for both 988 and regional crisis line services to streamline processes and enhance data sharing. BHASOs can also suggest which 988 hubs best fit their regions, with the Department of Health required to provide written explanations for any denials.
- Broader Context: Emphasizes that 988 is part of a larger crisis care continuum and needs to integrate with other system components, including those linked to the 911 system.
- Outcome: Passed, emphasizing the need for regional empowerment in crisis response coordination.
- Related Q/A regarding the use of the 988 crisis line versus local crisis lines:
  - Concerns were expressed about calls being routed based on the area code of the caller's phone number rather than their physical location. This could potentially connect individuals to resources that are not local to them, which might not be as helpful as those within their immediate community.
  - A: While the 988 line is a critical national resource for mental health crises, the current system does have limitations, such as the routing issue mentioned. Until improvements like geo-routing are implemented, it was acknowledged that local crisis lines might provide more precise local support and resources, especially for those needing services specific to their current location. The importance of both the 988 system and regional crisis lines was affirmed, with an emphasis on using the most appropriate resource based on the individual's situation and the services required.

#### ADDITIONAL QUESTIONS/ANSWERS

Q: Patrick Johnson asked if there were any updates or changes to the Medicaid reimbursement rates, specifically whether there have been any recent adjustments or planned changes that could affect service providers and clients within the behavioral health sector.

Answer: The response clarified that there were no significant changes to the Medicaid reimbursement rates in the current legislative session. It was mentioned that while there were some targeted rate increases for specific services, such as Certified Community Behavioral Health Clinics (CCBHCs), the overall reimbursement rates for Medicaid providers remained largely unchanged. The discussion also touched upon the challenges associated with Medicaid funding, including the need for sustainable rates that adequately cover the cost of providing comprehensive mental health services.

Involuntary Treatment: A question was raised about House Bill 2469 concerning involuntary treatment, indicating interest in legislative measures addressing involuntary treatment protocols, although detailed discussion on this bill was not provided in the update.

#### **Recovery Cafe Vendor Report**

Brian Richardson shared insights into the Recovery Cafe, highlighting its mission to provide a safe, inclusive environment for individuals seeking recovery from various challenges. The cafe's approach, services, and community impact, including a significant increase in meals served and class participation, were discussed.

#### UPCOMING 2024 BHAC MEETINGS

Held on the Second Tuesdays of Every Other Month @ 2:30PM to 4:30PM. Hybrid Meeting: Virtual and In-person at the Courthouse, 1820 Jefferson Street, PT- in the BoCC Chambers.

- May 14
- July 9
- September 10
- November 12

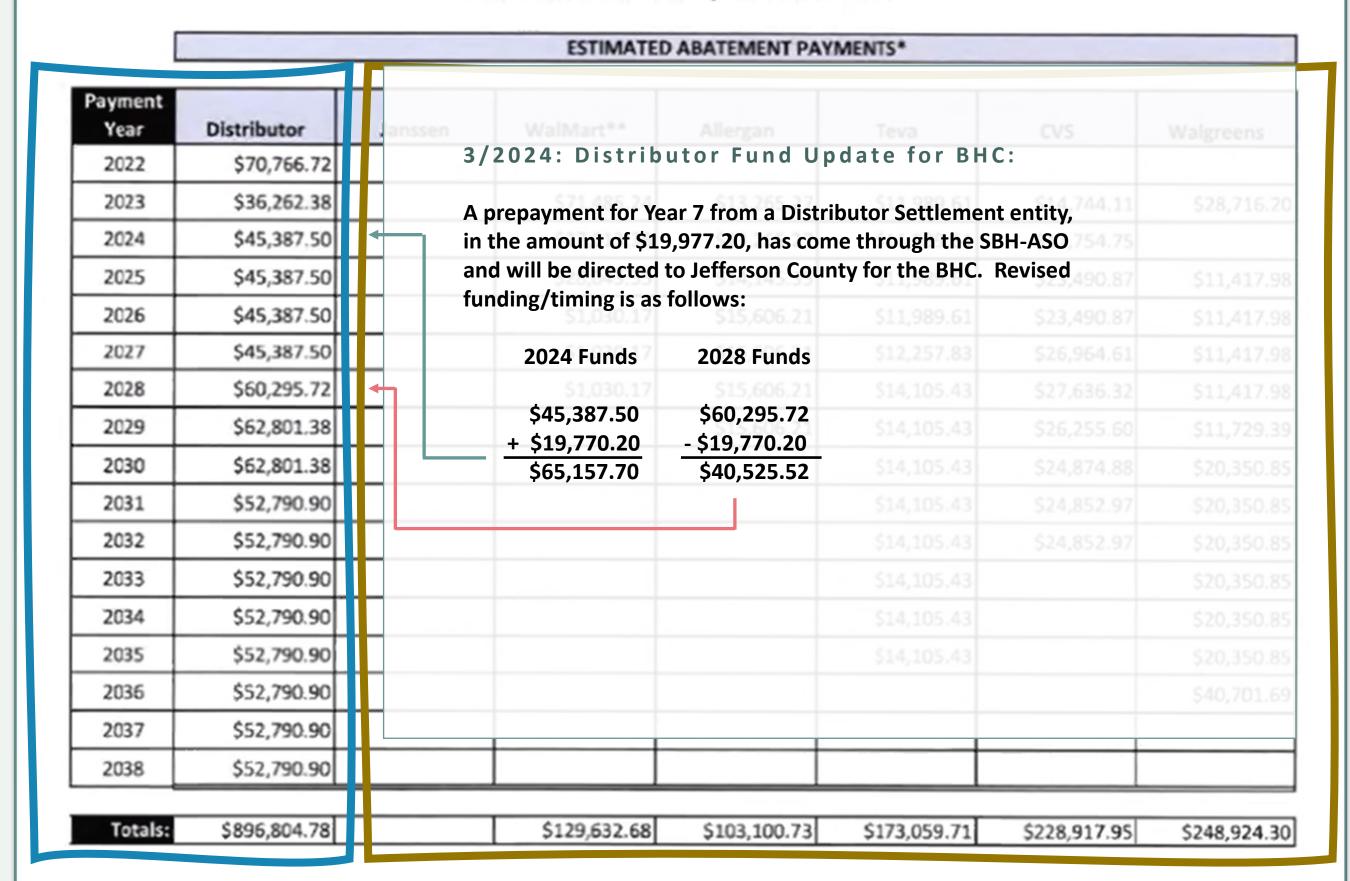




# **Current Opioid Settlement Funds**

# APPENDIX A OPIOID SETTLEMENTS ESTIMATED ANNUAL PAYMENTS

JEFFERSON COUNTY, WASHINGTON



Local Government allocation of LG Share (50%) of Washington State Base and maximum Incentive Abatement Payments less estimated Government Fee Fund withholding.

Opioid Settlement funds to be disbursed (less 10% for Opioid Abatement Council costs\*) from BoCC over 16 years as a pass through from DBH to BHC for to provide leadership, planning and coordination for Jefferson County's prevention, treatment and recovery response to the opioid challenge; and to search for and pursue additional collective funding for collaboratively defined priorities.

Opioid Settlement funds to be disbursed (less 10% for Opioid Abatement Council costs\*) from the BoCC to the BHAC over 14 years to be distributed via an RFP process for services outlined in One WA MOU's Appendix A. Additional pharmaceutical settlement fund amounts will likely be added to the funds shown to date.

\*The 10% of funds amount will be held until the costs associated with administration of these funds is clear. If there are remaining funds, those will also be distributed to the BoCC and on to the BHAC and to DBH-for-BHC.

## Resources

WA State's 2021-22 Opioid and Overdose Response Plan

WA DOH Overdose Prevention, Recognition and Response web page

<sup>\*\*</sup>Worst case maximum payment scenario. WalMart payments may be completed in as few as 3 years.

### **AGENDA**

# Behavioral Health Advisory Committee (BHAC) MEETING

### Tuesday, March 12, 2024 at 2:30 pm to 4:30pm

**HYBRID MEETING:** Virtual and In-Person at 1820 Jefferson Street, Port Townsend, WA 98368

**BoCC** Chambers in the Courthouse

BHAC Members: Heidi Eisenhour (Chair), Libby Urner-Wennstrom (Vice Chair), Chris Ashcraft,
 Patricia Beathard, Jill Buhler-Rienstra, David Fortino, Amanda Grace, Patrick Johnson
 Alternate BHAC Members: Greg Brotherton, Richard Davies, Scott Mauk, Bruce McComas,
 Joe Nole, Grey Schad

To view the Agenda, please click here:

www.co.jefferson.wa.us

Laserfiche Web Portal – Behavioral Health Advisory Committee Meeting/Agenda Month of the meeting – 3-12-2024

### You can join this meeting by using the following methods:

- Zoom Meeting: <a href="https://zoom.us/j/9750679608">https://zoom.us/j/9750679608</a> Participation will be up to the Chair and Staff
- **Audio-only:** Dial: 1-253-215-8782 and use ID: 975 067 9608#

  This option will allow you to listen to the meeting live. Participation will be up to the Chair and Staff. *Access for the hearing impaired and others can be accommodated using Washington Relay Service at 1-800-833-6384.*
- In-Person: You are welcome to join the meeting in the BoCC Chambers at the Courthouse.

In the event of technical difficulties, at least one of the methods above will be accessible to the public. Please try all methods first before calling, 360-385-9410 or 360-302-1711 to report any issues.

#### <u>Individuals may provide Public Comment using the following methods:</u>

- Video: Refer to meeting instructions above
- Audio-only: Refer to meeting instructions above
- Email: You may submit comments/correspondence to us at: <a href="mailto:amcenery@co.jefferson.wa.us">amcenery@co.jefferson.wa.us</a> up through 11:59 p.m. the day before the meeting.
  - 1. CALL TO ORDER & INTRODUCTIONS
  - 2. Review/Adoption of draft Agenda: March 12, 2024 /(Enclosure)
  - 3. Review/Adoption of draft Minutes: /(Enclosures)

    Doing Some Clean-Up of Past Minutes/Available for approval:

    March 14, 2023, May 16, 2023, November 14, 2023 & January 9, 2024
  - 4. PUBLIC COMMENT PERIOD
  - 5. BUDGET: Jenn Mitchell/ Public Health Finance Manager/ (25 Minutes)
    - a. 2024 Budget Tracking Spreadsheet & Sales Tax Projection/(Enclosure)
    - b. Additional Budget Info for Alternate Members

- 6. UPDATES: (20 Minutes)
  - a. Opioid Funds Settlement for Jefferson Co/Apple Martine-- Public Health Director
  - b. Discussion- BHAC Planning/Retreat to discuss the New Opioid funding that will be overseen by the BHAC/*Anna McEnery*
  - c. 1/10<sup>th</sup> of 1% Dashboard Update/ *Lolinthea Hinkley, Public Health Assessment & Program Coordinator*/ (1/10<sup>th</sup> of 1% Epi) WEBSITE: Profile jcph | Tableau Public
- 7. PRESENTATION: (35 minutes)
  - a. Behavioral Health/2024-Legislative Bills Update: *Brad Banks/ President of Banks Consulting Group/(Enclosure)*
- 8. VENDOR REPORTS: (20 minutes)
  - a. Dove House-Recovery Café- Brian Richardson/ Program Manager
- 9. PUBLIC COMMENT PERIOD
- 10. ADJOURNMENT

### **Future Agenda Items:**

- a) Ongoing Updates on the Opioid Funds for Jefferson County
- b) Updates from the Salish Behavioral Health -Administrative Services Organization-SBH-ASO/Jolene Krone/Administrator--Clinical Director
- c) Vendor Presentations in 2024
- d) *Quarterly Updates on the 1/10<sup>th</sup> of 1% Dashboard for Jefferson County*

### BH ADVISORY COMMITTEE MTGs: 2024

Normally held on the Second Tuesdays of Every Other Month @ 2:30PM to 4:30PM Hybrid Meeting: Virtual and In-Person at the Courthouse-1820 Jefferson Street, PT in the BoCC Chambers

- > May 14, 2024
- > July 9, 2024
- > September 10, 2024
- > November 12, 2024

54,596 54,273 68,381

=Projected

63,352 65,872 73,931 69,940 80,551 79,379

=Actual

69,552 801,398.91

Updated:

801,398.91

32,241

21,642

29,317

24,452

745,599

Expense
YTD Actuals are
83%
of Total Budget

1,159

164

1/5/2023

(47,399)

9,759

43,892

136

(0) (0)

148,935 83%

4,858

77%

3%

55%

82%

100%

100%

							Expend	litures are inp	ut in the month	incurred.										
DESCRIPTION	2022 Budgeted	Amend	2022 Oper Bud	DEC 2021	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD Actual	Projected less actual	Total PROJECTED	Remaining Bal (Over)/Under
REVENUES					Actual	Actual	Actual	Actual	Actual	Actual	Actual	Actual	Actual	Actual	Actual	Actual				

				Prior Year																	
				Expenses																	
	Budgeted	Amend	Oper Bud	Act	tual	Actual	YTD Actual	Projected	YTD Actual + Proj	Remaining	% Spent										
Mental Health & Substance Abuse Treatment				·	•	·	·	·	·				· ·	·	·	·					
Jumping Mouse	79,000	18,478	97,478		6,583	6,583	6,583	6,583	6,583	9,223	9,223	9,223	9,223	9,223	9,223	9,223	97,478	-	97,478	0	100%
Jumping Mouse - Brinnon Pilot Project	37,418	8,752	46,170		3,118	3,118	3,118	3,118	3,118	4,378	4,378	4,378	4,378	4,378	4,378	4,310	46,170	-	46,170	(0)	100%
Public Health - Nurse Family Partnership	64,000	14,969	78,969		6,347	2,015	2,684	2,465	24,097	3,128	5,281	8,760	6,986	4,577	5,019	3,524	74,883	-	74,883	4,086	95%
MCS - School Based MH	83,624	(83,624)			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0%
MCS - Navigator	55,000		55,000		4,784	4,509	4,509	4,509	4,784	2,392	2,517	2,517	2,792	3,718	2,552	-	39,581	-	39,581	15,419	72%
Gateway to Freedom BIR - Inmate Services	32,000	7,485	39,485		2,663	2,833	2,972	3,063	2,907	3,779	3,883	4,038	3,957	3,751	2,864	2,774	39,485	-	39,485	(0)	100%
Discovery Behavioral Healthcare - Wrap Around CM	55,000		55,000		4,200	4,200	4,200	4,200	4,200	4,200	4,900	5,600	4,200	4,900	4,900	4,200	53,900	-	53,900	1,100	98%
Discovery Behavioral Healthcare - Housing	18,000		18,000		1,500	1,500	1,500	1,500	1,500	1,500	1,500	1,500	1,500	1,500	1,500	1,500	18,000	-	18,000	-	100%
OlyCAP	15,823	3,701	19,524		-	-	-	7,669	1,423	470	1,696	1,259	1,264	914	-	-	14,695	-	14,695	4,829	75%
Dove House - Recovery Café	45,000	10,525	55,525		3,542	4,936	3,551	3,551	3,773	4,092	5,091	5,154	6,497	5,573	6,408	3,357	55,525	-	55,525	0	100%
Brinnon School District - MH Svcs		3,280	3,280		-	-	-	-	-	-	3,280		-	-	-	-	3,280	-	3,280	-	100%
Quilcene School District - MH Svcs		3,280	3,280		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	3,280	0%
Chimacum School District - MH Svs		4,510	4,510		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	4,510	0%
Port Townsend School District - MH Svcs		3,280	3,280		3,280	-	-	-	-	-	-	-	-	-	-	-	3,280	-	3,280	-	100%
OESD - MH Svcs		161,260	161,260	1	0,551	8,851	14,759	10,248	13,669	9,243	-	-	12,295	11,379	-	-	90,995	-	90,995	70,265	56%
Therapeutic Court & Case Mgmt.																	,				
JC Juvenile & Family Court-FFT	11,500	2,690	14,190		-	-	680	1,250	680	1,360	760	-	-	-	-	-	4,730		4,730	9,460	33%
JC Juvenile & Family Court-Therpeutic Support	17,800	4,163	21,963		-	1,440	1,570	1,440	1,440	1,810	1,800	1,680	1,920	2,040	1,920	3,960	21,020	-	21,020	943	96%
Mental Health Court (DC)	50,000		50,000	1-	4,103	540	1,189	2,137	11,812	386	1,664	3,733	-	2,958	22,505	12,574	73,601	-	73,601	(23,601)	147%

2,014

12

659

2,443

2,038

87,151

950

12

43

2,443

2,038

51,448

912

152

12

213

2,443

2,038

51,743

1,102

152

1,084

2,443

2,038

54,674

=Proiected

12

950

190

54

7,268

2,443

2,038

67,954

12

4,510

2,443

2,038

63,912

=Actual

14

1,721

2,443

2,038

67,484

VARIANCE	BETWEEN	REVENUE	AND F	XPENSE
VAINAINOL	DEIVIELIA	KEVENOE		AI LINGE

Drug Court (SC)

Contracts Management

TOTAL EXPENDITURES

Misc. Expense

Admin./Billing

Family Therapeutic Court (SC)

Baseline Study, Community Assess. & Eval.

CHEM DEPEND/MENTAL HLTH SERVICE TAX

625,000 129,000

42,000

8,000

26,500

29.317

24,452

694,734 199,800

300

37,051

754,000

42,000

45,051

26,500

29.317

24,452

894,534

300

56,835 64,737

1,441

304

12

829

2,443

2,038

67,738

1,953

361

1,615

2,443

2,038

48,935

Beginning Cash & Investments	656,115	656,115	645,211	661,014	662,781	656,997	638,227	650,131	664,260	683,517	685,503	702,142	714,037		
Expenditures	-	(67,738)	(48,935)	(52,829)	(60,057)	(87,151)	(51,448)	(51,743)	(54,674)	(67,954)	(63,912)	(67,484)	(71,674)		
Revenues		56,835	64,737	54,596	54,273	68,381	63,352	65,872	73,931	69,940	80,551	79,379	69,552		
Cash on hand	656,115	645,211	661,014	662,781	656,997	638,227	650,131	664,260	683,517	685,503	702,142	714,037	711,915	692,406	19,509
Reserves		(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)		
Emergency Fund Reserve		(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)		
Cash Available		519,811	535.614	537.381	531.597	512.827	524.731	538.860	558.117	560.103	576.742	588.637	586.515		

1,713

2,129

2,443

2,038

60,057

12

1,021

2,443

2,038

52,829

131 Fund E	xpenditures C	omparison		
	nd/Mental He	alth Svc Tax		
Month	Budget	Amend Budget	Actual*	Variance
January	57,870	70,411	67,738	(9,868)
February	57,969	67,081	48,935	9,034
March	57,869	67,131	52,829	5,041
April	57,869	64,485	60,057	(2,188)
May	57,969	64,535	87,151	(29,182)
June	57,869	64,485	51,448	6,422
July	57,869	59,765	51,743	6,127
August	57,970	59,715	54,674	3,296
September	57,870	59,765	67,954	(10,085)
October	57,870	59,715	63,912	(6,043)
November	57,870	59,765	67,484	(9,615)
December	57,870	59,715	71,674	(13,804)
Total	694,734	756,568	745,599	(50,865)
YTD Total	694,734	318,177	745,599	(50,865)

	131 Fu	nd Revenue Com	parison		
		Jan-Dec '22			
	Chem De	oend/Mental Heal	th Svc Tax		
Month	Budget	Amend Budget	Actual*	Variance	
January	50,295	54,412	56,835	(2,423)	4.45%
February	58,941	63,583	64,737	(1,154)	1.82%
March	45,231	49,050	54,596	(5,546)	11.31%
April	47,089	51,020	54,273	(3,253)	6.38%
May	60,262	64,984	68,381	(3,397)	5.23%
June	56,394	60,883	63,352	(2,469)	4.06%
July	60,221	64,940	65,872	(932)	1.43%
August	52,554	74,192	73,931	261	-0.35%
September	47,846	68,790	69,940	(1,150)	1.67%
October	50,099	68,301	80,551	(12,250)	17.94%
November	51,555	72,426	79,379	(6,953)	9.60%
December	44,513	61,322	69,552	(8,229)	13.42%
Total	625,000	753,903	801,399	(47,496)	
YTD Total	625,000	753,903	801,399	(47,496)	

21,206

12

553

2,443

2,038

71,674

32,241

1,159

21,642

29,317

24,452

745,599

164

Revenue
YTD Actuals are
6%
Above YTD
Amended Budget

<sup>\*</sup>Revenue collected is based on sales tax collected 2-3 months prior. Bumps in revenue, every three months reflect the businesses paying sales tax quarterly.

2023 Budget - 131 Fund

=Actual

Undated:

=Projected 12/14/2023 Expenditures are input in the month incurred. Remaining Bal DESCRIPTION 2023 2023 DEC JAN MAR MAY JUL AUG OCT NOV DEC YTD Projected Total Budgeted Oper Bud 2023 Actual less actual **PROJECTED** (Over)/Under REVENUES Actual CHEM DEPEND/MENTAL HLTH SERVICE TAX 768.777 768.777 67.543 67.982 42.279 59.207 67.244 64,225 72,770 83,363 77,753 78.402 85.446 69,768 835,981.89 835.981.89 (67,205) Prior Year Expenses Budgeted Amend Oper Bud Actual YTD Actual Projected YTD Actual + Proj Remaining % Spent Mental Health & Substance Abuse Treatment 79.000 48,063 127,063 127.063 127,063 100% 10.589 10.589 10.589 10.589 10.589 10.589 10.589 10.589 10.589 10.589 10.589 10.589 (0) Jumping Mouse 3,118 Jumping Mouse - Brinnon Pilot Project 37,418 4,327 41,745 3,118 3,118 3,118 3,118 3,118 3,118 3 118 3.118 3.118 1.261 1,261 33,704 33,704 8.041 81% Jumping Mouse - Chimacum 38,531 38,531 3,211 3,211 3,211 3,211 3,211 3,211 19,266 19,266 19,265 50% 24.708 24.708 14.212 10,496 58% Benii Project 5.004 3,187 942 14.212 5,879 64,000 6,156 5,401 4,570 4,392 9,488 6,218 3,425 8,243 6,423 3,348 Public Health - Nurse Family Partnership 3,055 67,055 3,511 67,055 67,055 100% MCS - School Based MH 0% (55.000) MCS - Navigator 55.000 0% Gateway to Freedom BIR - Inmate Services 32,000 3,743 35,743 3,002 3,548 3,146 2,933 3,397 3,299 3,381 3,793 3,570 3,467 2,200 35 736 35,736 6 100% Gateway to Freedom BIR - Mobile Unit 43,472 43,472 3,722 3,722 7,443 3,722 3,722 3,722 3,722 3,722 3,722 3,722 2,533 43,472 43,472 (0) 100% 48,859 48,859 Gateway to Freedom BIR - FIRE Cares 50,000 50,000 48,859 1,141 98% Discovery Behavioral Healthcare - Wrap Around CN 55,000 (55,000)0% Discovery Behavioral Healthcare - Housing 18,000 1,400 19,400 1,617 1,617 1,617 1,617 1,617 1,575 1,575 1,575 1,598 1,586 19,142 19,142 258 99% 8,827 OlyCAP 15.823 24.650 1,344 1,930 1,687 1,331 1,346 1,390 1,755 21.318 21.318 3,332 86% 2,380 2,015 2,124 1,996 2,020 Dove House - Recovery Café 45.000 48,094 93,094 5,941 7,487 6,764 7,147 7,328 7,818 8,603 8,376 8,384 8,452 8,326 8,468 93,094 93,094 (0) 100% PT Police/MH Navigator 67.200 67.200 67.200 0% 13,127 Olympic Angels-Case Management 13,127 15.000 15,000 2,063 2,002 1.902 1.916 1,907 1,221 1,072 1.044 1.873 88% Brinnon School District - MH Svcs 0% Quilcene School District - MH Svcs 0% Chimacum School District - MH Svs 0% Port Townsend School District - MH Svcs 0% 13.997 13.342 5.537 (46.407) 114,853 11.336 9.919 9.377 8.558 709 15.285 19.729 16.274 9.779 133.841 133,841 (18.988)OESD - MH Svcs 161,260 117% Therapeutic Court & Case Mgmt. 1,470 85% JC Juvenile & Family Court-FFT 11,500 (1,500)10,000 380 1,040 1,890 1,710 670 790 8,530 8,530 900 790 360 17.800 2 280 2 116 1 440 1 800 21 905 21.905 JC Juvenile & Family Court-Therpeutic Support 4,448 22.248 2 880 2 160 1 996 1 800 1 996 1 440 1 996 343 98% Combined Therapeutic Court 200,000 200,000 12,525 12,241 10,619 11,173 12,255 10,696 13,754 10,705 10,920 15,114 11,328 4,103 135,433 135,433 64,567 68% Misc. Expense 300 84 84 216 28% 22 12 14 12 1,849 2,125 1.082 250 21,155 21,155 5,345 Baseline Study, Community Assess. & Eval. 26,500 26,500 3.508 808 914 2.868 1.870 616 4.600 666 80% Admin./Billing 29,317 29,317 2,443 2,443 2,443 2,443 2,443 2,443 2,443 2,443 2,443 2,443 2,443 2,443 29,317 29,317 100% Contracts Management 24,452 2,038 2,038 2,038 2,038 2,038 2,038 2,038 2,038 2,038 2,038 2,038 24,453 24,453 (0) 100% TOTAL EXPENDITURES 872,370 202,961 68,373 1,075,331 67,225 65.374 73,166 72,019 67,819 75,992 60,683 88,827 87.383 79,351 104.554 910,766 910,766 164,565 85% =Proiected =Actual VARIANCE BETWEEN REVENUE AND EXPENSE Beginning Cash & Investments 711.915 711,915 711,085 711,842 688,747 674,788 670,013 666,419 663,198 685,878 674,804 665,823 671,918 Expense (65,374)(104,554)Expenditures (68,373)(67,225)(73, 166)(72.019)(67,819)(75,992)(60,683)(88,827)(87,383)(79,351)YTD Actuals are Revenues 67 543 67 982 42 279 59 207 67 244 64 225 72 770 83 363 77 753 78 402 85 446 69 768 85% Cash on hand 711,915 711,085 711,842 688,747 674,788 670,013 666,419 663,198 685,878 674,804 665,823 671,918 637,131 of Total Amended Budget (75.400)(75,400)(75,400)(75,400) (75,400)(75.400)(75.400)(75.400)(75.400) (75,400)(75.400)(75.400)Reserves **Emergency Fund Reserve** (50,000)(50,000)(50,000)(50,000)(50,000)(50,000)(50,000)(50,000)(50,000)(50,000)(50,000)(50,000)Cash Available 585.685 586,442 563.347 549.388 544.613 541.019 537.798 560.478 549.404 540.423 546.518 511.731 692,406 (19,509)131 Fund Revenue Comparison 131 Fund Expenditures Comparison Jan-Dec '23 Jan-Dec '23 Chem Depend/Mental Health Svc Tax Chem Depend/Mental Health Svc Tax Month Budget Amend Budget Actual\* Month Budget Amend Budget Actual\* Variance Variance January 15,943 January 55,623 67,543 (11,920)21.43% February 84,416 67,225 17,191 February 64,160 67,982 (3,821 5.96% March 84,316 65,374 18,942 March 51,823 42,279 9,544 -18.42% Revenue TD Actuals are 9% Above YTD Budget

April	84,316		73,166	11,150	April	52,647		59,207	(6,560)
May	84,316		72,019	12,297	May	66,682		67,244	(562)
June	84,316		67,819	16,497	June	62,118		64,225	(2,108)
July	84,416		75,992	8,424	July	65,406		72,770	(7,364)
August	84,316		60,683	23,633	August	74,061	77,764	83,363	(5,599)
September	84,316		88,827	(4,511)	September	70,165	73,674	77,753	(4,079)
October	84,366		87,383	(3,017)	October	69,668	73,151	78,402	(5,251)
November	84,316		79,351	4,965	November	73,875	77,569	85,446	(7,878)
December	84,366		104,554	(20,188)	December	62,549	65,676	69,768	(4,092)
Total	1,012,092	-	910,766	101,326	Total	768,777	367,834	835,982	(49,689)
YTD Total	1,012,092	-	910,766	101,326	YTD Total	768,777	367,834	835,982	(49,689)

\*Revenue collected is based on sales tax collected 2-3 months prior. Bumps in revenue, every three months reflect the businesses paying sales tax quarterly.

2024 Budget - 131 Fund

=Projected

=Actual

							Expena	lures are impu	t in the month i	ncurrea.											
DESCRIPTION	2024 Budgeted	Amend	2024 Oper Bud	DEC 2023	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC	YTD Actual	Projected less actual	Total PROJECTED	Remaining Bal (Over)/Under	
REVENUES				Ī	Projected	Proiected	Proiected	Projected	Projected	Proiected	Proiected	Proiected	Projected	Projected	Projected	Projected					
CHEM DEPEND/MENTAL HLTH SERVICE TAX	849.538		849.538		68.649	69.083.00	42.964.00	60.166.00	68.334.00	65,266.00	73.949.00	84,714.00	79.012.00	79.672.00	86.831.00	70.898.00	-	849,538	849.538.00		<del>-</del>
	.,		,	Prior Year Expenses	55,515													,			_
	Budgeted	Amend	Oper Bud		Projected	Projected	Projected	Projected	Projected	Projected	Projected	Projected	Projected	Projected	Projected	Projected	YTD Actual	Projected	YTD Actual + Proj	Remaining	% Spe
Mental Health & Substance Abuse Treatment																					
Jumping Mouse	127,063		127,063		10,589	10,589	10,589	10,589	10,589	10,589	10,589	10,589	10,589	10,589	10,589	10,589	-	127,063	127,063		- 0%
Jumping Mouse - Brinnon Pilot Project	41,745		41,745		3,479	3,479	3,479	3,479	3,479	3,479	3,479	3,479	3,479	3,479	3,479	3,479	-		41,745		- 0%
Jumping Mouse - Chimacum		38,531	38,531		3,211	3,211	3,211	3,211	3,211	3,211	3,211	3,211	3,211	3,211	3,211	3,211	-	38,531	38,531		
Benji Project	07.05-	24,708	24,708		2,059	2,059	2,059	2,059	2,059	2,059	2,059	2,059	2,059	2,059	2,059	2,059	-	,. 00	24,708		<b>6</b> 0.7
Public Health - Nurse Family Partnership	67,055		67,055		5,588	5,588	5,588	5,588	5,588	5,588	5,588	5,588	5,588	5,588	5,588	5,588	-	67,055	67,055		- 0%
Gateway to Freedom BIR - Inmate Services	35,743		35,743		2,979	2,979	2,979	2,979	2,979	2,979	2,979	2,979	2,979	2,979	2,979	2,979	-	35,743	35,743		<b>6</b> 0.7
Gateway to Freedom BIR - Mobile Unit	43,472		43,472		3,623	3,623	3,623	3,623	3,623	3,623	3,623	3,623	3,623	3,623	3,623	3,623	-	43,472	43,472		- 0%
Gateway to Freedom BIR - FIRE Cares	50,000		50,000		4,167	4,167	4,167	4,167	4,167	4,167	4,167	4,167	4,167	4,167	4,167	4,167	-	50,000	50,000		
Discovery Behavioral Healthcare - Housing	19,400		19,400		1,617	1,617	1,617	1,617	1,617	1,617	1,617	1,617	1,617	1,617	1,617	1,617	-	19,400	19,400		- 0%
OlyCAP	24,650		24,650		2,054	2,054	2,054	2,054	2,054	2,054	2,054	2,054	2,054	2,054	2,054	2,054	-	24,650	24,650		- 0%
Dove House - Recovery Café	93,094		93,094		7,758	7,758	7,758	7,758	7,758	7,758	7,758	7,758	7,758	7,758	7,758	7,758	-	93,094	93,094		- 0%
PT Police/MH Navigator	67,200		67,200		5,600	5,600	5,600	5,600	5,600	5,600	5,600	5,600	5,600	5,600	5,600	5,600	-	67,200	67,200		
Olympic Angels-Case Management	15,000		15,000		1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	-	15,000	15,000		
OESD - MH Svcs	114,853		114,853		9,571	9,571	9,571	9,571	9,571	9,571	9,571	9,571	9,571	9,571	9,571	9,571	-	114,853	114,853		- 0%
Therapeutic Court & Case Mgmt.																			-		
JC Juvenile & Family Court-FFT	10,000		10,000		833	833	833	833	833	833	833	833	833	833	833	833	-	10,000	10,000		- 0%
JC Juvenile & Family Court-Therpeutic Support	22,248		22,248		1,854	1,854	1,854	1,854	1,854	1,854	1,854	1,854	1,854	1,854	1,854	1,854	-	22,248	22,248		- 0%
Combined Therapeutic Court	200,000		200,000		16,667	16,667	16,667	16,667	16,667	16,667	16,667	16,667	16,667	16,667	16,667	16,667		200,000	200,000		-
Misc. Expense	300		300		25	25	25	25	25	25	25	25	25	25	25	25	-	300	300		- <b>0</b> %
Baseline Study, Community Assess. & Eval.	26,500		26,500		2,208	2,208	2,208	2,208	2,208	2,208	2,208	2,208	2,208	2,208	2,208	2,208	-	26,500	26,500		- <b>0</b> %
Admin./Billing	29,317		29,317		2,443	2,443	2,443	2,443	2,443	2,443	2,443	2,443	2,443	2,443	2,443	2,443	-	29,317	29,317		- 0%
Contracts Management	24,452		24,452		2,038	2,038	2,038	2,038	2,038	2,038	2,038	2,038	2,038	2,038	2,038	2,038		24,452	24,452		- 0%
TOTAL EXPENDITURES	1,012,092	63,239	1,075,331	-	89,611	89,611	89,611	89,611	89,611	89,611	89,611	89,611	89,611	89,611	89,611	89,611	-	1,075,331	1,075,331		0%
												=Projected		=Actual							
VARIANCE BETWEEN REVENUE AND EXPENSE																					
Beginning Cash & Investments				637.131	637.131	616,169	595,641	548,994	519,549	498,272	473,928	458,266	453.369	442,770	432,831	430,051		Г	Expense		
Expenditures				22.,.0.	(89,611)	(89,611)	(89,611)	(89,611)	(89,611)	(89,611)	(89,611)	(89,611)	(89,611)	(89,611)	(89,611)	(89,611)		ŀ	YTD Actuals are		
Revenues					68,649	69,083	42,964	60,166	68,334	65,266	73,949	84,714	79,012	79,672	86,831	70,898			0%		
Cash on hand				637.131	616,169	<b>595,641</b>	548,994	519,549	498,272	473,928	458,266	453,369	442.770	432,831	430,051	411,338			of Total Budget		
Reserves				,	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)	(75,400)		ı	o.u. Duagot		
Emergency Fund Reserve					(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)	(50,000)					
Cash Available					490,769	470,241	423,594	394,149	372,872	348,528	332,866	327,969	317,370	307,431	304,651	285,938					
									penditures C							d Revenue Co					

60 640 00

131 Fund Ex	periolitares	Jan-Dec '24		
Chem Deper	nd/Mental He	ealth Svc Tax		
Month	Budget	Amend Budget	Actual*	Variance
January	84,341	89,611		-
February	84,341	89,611	-	-
March	84,341	89,611	-	-
April	84,341	89,611	-	-
May	84,341	89,611	-	-
June	84,341	89,611	-	-
July	84,341	89,611	-	-
August	84,341	89,611	-	-
September	84,341	89,611	-	-
October	84,341	89,611	-	-
November	84,341	89,611	-	-
December	84,341	89,611	-	-
Total	1,012,092	1,075,331	-	-
YTD Total	-	-	-	-

131 Fund Revenue Comparison Jan-Dec '24 Chem Depend/Mental Health Svc Tax											
Month		Amend Budget	Actual*	Variance							
January	68,649			-							
February	69,083		-	-							
March	42,964		-	-							
April	60,166		-	-							
May	68,334		-	-							
June	65,266		-	-							
July	73,949		-	-							
August	84,714		-	-							
September	79,012		-	-							
October	79,672		-	-							
November	86,831		-	-							
December	70,898		-	-							
Total	849,538	-	-	-							
YTD Total	-	-	-	-							

Revenue
YTD Actuals are
#DIV/0!
Above YTD
Amended Budget

-100% -100%

-100%

-100%

-100%

-100% -100%

-100% -100% -100% -100% -100% Updated:

9/12/2022

<sup>\*</sup>Revenue collected is based on sales tax collected 2-3 months prior. Bumps in revenue, every three months reflect the businesses paying sales tax quarterly.



# Welcome to Recovery Café Jefferson County!

360-385-5292



# A program of Dove House

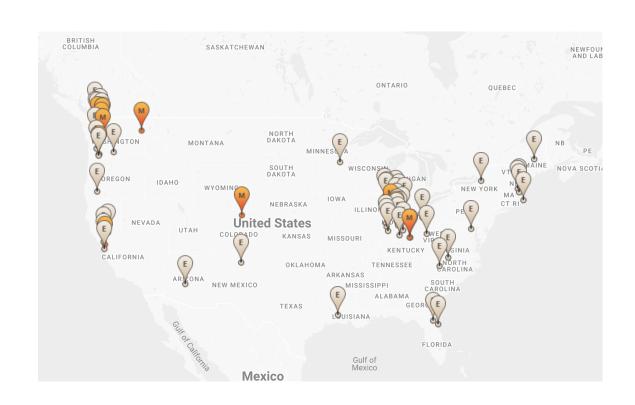
Our mission is to foster a beautiful, safe, warm, drug-andalcohol-free community where everyone experiences love, belonging, healing, and the joy of contributing

Recovery Café



# Recovery Café Network

360-385-5292







# How does Recovery Café fulfill its mission?

To improve recovery and quality of life for those with behavioral health disorders, we provide long-term peer-based recovery support services, some tangible some intangible:

360-385-5292

- Safe, supportive, drug-and-alcohol-free space
- Free meals & coffee
- Recovery Circles
- Referrals
- Classes in the School for Recovery
- Volunteer Training
- Sober social events
- Opportunities for peer leadership
- Teleconnection check-ins
- Laundry vouchers, shower tokens, hygiene supplies,

Naloxone



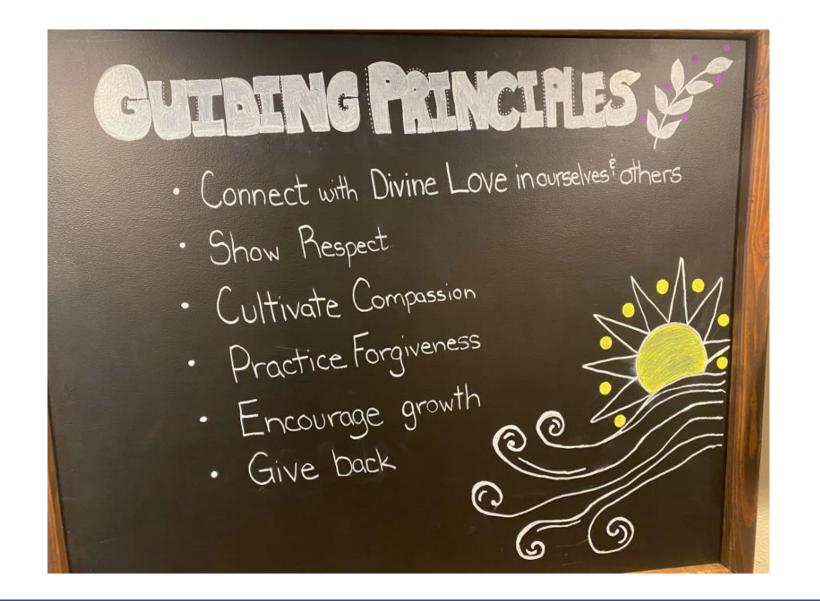


# Fostering a Culture of Recovery

360-385-5292

- **Relationship-centric and strengths-based.** We are not here to 'fix' anyone or advocate for one recovery pathway over another. Our Members are the expert on their experience, we're here for support
- Empowering peer leadership. Provide opportunities for Members to learn and grow in community, feel entrusted, and be held accountable
- **Inclusive language:** "We're all in recovery from something and we all need a community where we're known and loved" is destigmatizing
- **Harm reduction:** Welcoming people back after a relapse: expectation to be drug-and-alcohol-free with no shame.
- **Increase recovery capital:** Personal, interpersonal, and community resources that can be drawn upon to begin and sustain recovery.







# How does one participate in Recovery Café?



1045 10<sup>th</sup> St, PT

DoveHouseJC.org

# Members commit to:

- 1) Be drug-and-alcohol-free while participating
- 2) Participate in one Recovery Circle per week
- 3) Give Back

# **Community Volunteer Roles:**

- Café Companion
- Recovery Circle Facilitators
- Kitchen Assistance
- Outreach
- Data Entry



# What Problem Does this Solve?

# Data shows treatment works. And help exists. However...

There are barriers to accessing treatment  Over 92% of those with a substance use disorder did not receive treatment (SAMHSA, 2019)

Addiction and mental illness are chronic conditions treated with acute medical care

Inadequate long-term support

Self-help meetings save lives but they're not for everyone

18.7 million people suffer from addiction in the U.S.

360-385-5292

AA membership is 2 million

- Our most vulnerable community members cycle between emergency rooms, incarceration, and homelessness
- •Fills in the gap where deinstitutionalization and the War on Drugs has failed

# Evidence of Success of Peer Intervention

Washington State Health Care Authority (2018) "Recovery Café as a Service Innovation Model"

"Most academic studies found that participants receiving peer intervention showed improvements in substance use, in a range of other recovery outcomes, or both. Peer intervention also improved relationships with providers and increased social support satisfaction with the treatment experience, reduce relapse, and increased treatment program retention."

Davidson, et al. (2018) Revisiting the Rationale and Evidence for Peer Support

"To date, over 30 studies have found that peer staff who are working in peer-specific roles are better able to engage people in caring relationships; improve relationships between clients and outpatient providers, thus increasing engagement in nonacute and less costly care; decrease substance use, unmet needs, and demoralization; and increase hope, empowerment, self-efficacy, social functioning, quality of and satisfaction with life, and activation for self-care."

360-385-5292



# Calendar and Offerings

360-385-5292

Recovery Café Events RecoveryCafeJC.org 360-531-3897 March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Café Open 11am-4pm (Lunch 12pm-2pm) "Seeking Wellness" group 1130am-1pm Free Haircuts 2pm-4pm NVC Group 530pm-630pm	2 Wellbriety 12pm-1:30pr Recovery Circus Arts Project 5pm-6:30pm
Private Group Spm-7pm	Drop-in Beginner Gentie Yoga w/ Teagan 12pm - 1pm	Café Open 11am-4pm (Lunch 12pm-2pm)  "Swimming Dragon" Qigong 3:30pm-4pm  Psychedelics in Recovery 5pm-6pm	6 Orientation 10am-11am Café Open 11am-4pm (Lunch 12-2) Song Circle 2pm-3:45pm Soul's Journey group 4pm-5pm NAMI Support Group 7pm-830pm	7 Café Open 11am-4pm (Lunch 12pm-2pm)	8 Maha Shivaratri Café Open 11am-4pm (Lunch 12pm-2pm)  "Seeking Wellness" group (By Registration 11:30am-1pm)  American Sign Language (ASL) introductory class 230pm-4pm  OPEN MIC 6pm-8pm	9 Wellbriety 12pm-1:30pr
10 Daylight Saving  Private Group 1pm-3pm	11 Ramadan begins  Drop-in Hatha Yoga w/ Anne 12pm - 1pm	12 Exercise with Resistance Bands 11am-11:30am Café Open 11am-4pm (Lurch 12pm-2pm) Psychedelics in Recovery Spm-6pm	13 Orientation 10am-11am Café Open 11am-4pm (Lunch 12pm-2pm) Soul's Journey group 4pm-5pm Private Group 630pm-8pm	Café Open 11am-4pm (Lunch 12pm-2pm) "Sewing 101" 2pm-4pm	15 Café Open 11am-4pm (Lunch 12pm-2pm) "Seeking Wellness" group De-escalation Role Play w/ Heather Hernandez 230pm-330pm NVC Group 530pm-630pm	16 Wellbriety 12pm-1:30pn
17 St. Patrick's Day  Private Group 1pm-3pm	Drop-in Gentle Yoga w/ Liz 12pm - 1pm	19 Vernal equinox  Café Open 11am-4pm (Lunch 12pm-2pm)  Career Explorations 2pm-4pm  Psychedelics in Recovery 5pm-6pn	20 Orientation 10am-11am Café Open 11am-4pm (Lunch 12-2) Song Circle 2pm-3:45pm Soul's Journey group 4pm-5pm NAMI Support Group 7pm-830pm	21 Café Open 11am-4pm	22 Café Open 11am-4pm (Lunch 12pm-2pm)  "Seeking Wellness" group (By Registration 11:30am-1pm)  "Creativity Station" 230pm-330pm  NVC Group 530pm-630pm	23 Wellbriety 12pm-1:30pr
24 Palm Sunday   Purim  Private Group ipm-3pm  31 Easter	Drop-in Beginner Gentlé Yoga w/ Teagan 12pm - 1pm	26 Exercise with Resistance Bands 11am-11:30am Café Open 11am-4pm (Lunch 12pm-2pm) Psychedelics in Recovery 5pm-6pm	27 Orientation 10am-11am Café Open 11am-4pm (lunch 12pm-2pm) Soul's Journey group 4pm-5pm	28 Maundy Thursday  Café Open 11am-4pm (Lunch 12pm-2pm)	29 Good Friday Café Open 11am-4pm (Lunch 12pm-2pm) "Seeking Wellness" group 1130am-1pm  NVC Group 530pm-630pm	30 Wellbriety 12pm-1:30pr





Recovery Café

# **Population Served**

We define recovery broadly. We're all in recovery from something. In serving survivors of domestic violence, sexual assault, and other crimes, we've seen how the effects of trauma intersect:

# **Recovery Challenges:**

- Top 4: Alcohol, MH, SUD, Homelessness
- 41% struggle with alcohol use
- 57% struggle with substance use
- 49% struggle with Mental Health
- 24% experiencing homelessness
- 44% have been homeless in the past
- 19% experienced DV/SA
- 43% experienced 'a lot' of trauma



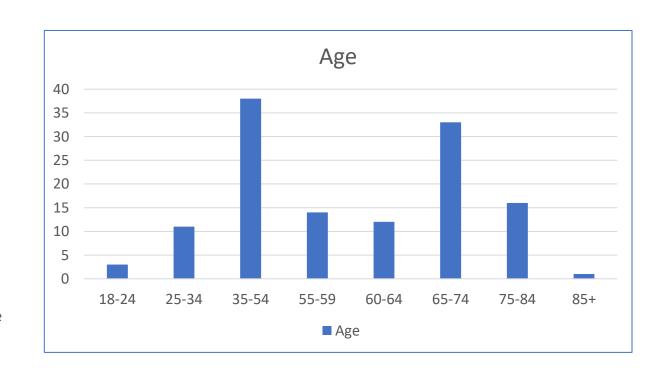


# **Demographics**

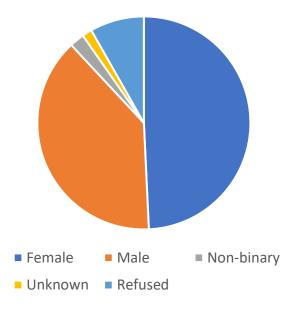




- Black
- Asian
- White
- Native American/Alaska Native
- Hispanic or Latinx
- Other
- Not Answer/Unknown









# By the Numbers

Feb 1, 2023 – Feb 29, 2024

Current Members: 61

Members Served: 134

 23 School for Recovery classes which met 249 times with 1,540 participants

Weekly Recovery Circles: 8

Total Circles Held: 425

Unique Volunteers: 85

Volunteer Hours: 2529

Meals Served: 10,295

239 Laundry Vouchers redeemed

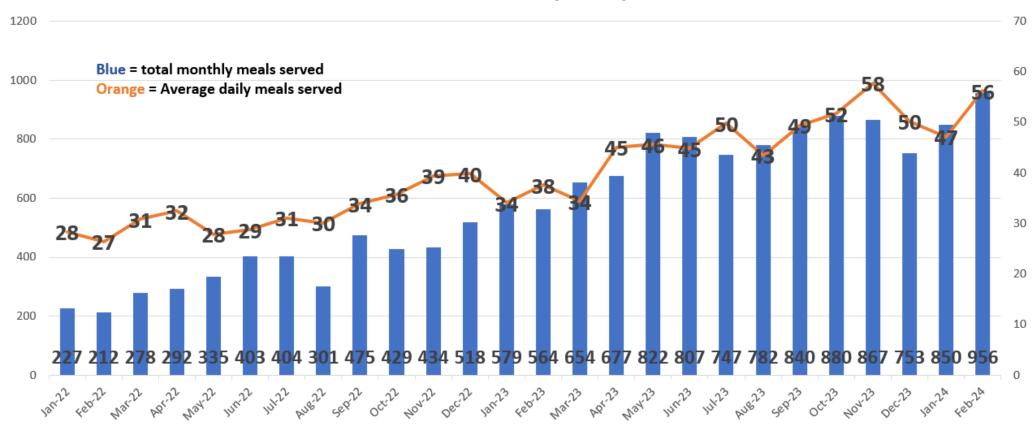
Member Teleconnection Contacts: 483





# By the Numbers

Meals Served at Recovery Cafe by Month





# Member Outcomes

Our Members report that Recovery Café:

Helped increase desire for recovery	94%
Helped improve their housing situation	58%
Helped reduce drug relapse	67%
Helped reduce alcohol relapse	92%
Helped improve their mental health	95%
Provided connection through Recovery Circles	95%
Helped connect with the greater community	100%



# Member Testimony

360-385-5292

"Until I came to Recovery Café, I didn't realize I could solve the problem of not feeling loved by loving others."

"I want to tell you how wonderful Recovery Cafe experience is and how I believe consumers can see how hard the staff are working and how devoted they are."

"The weekly meeting I attend at the Recovery Cafe is much more beneficial to me than any private counseling I have ever had."



# Recovery Café as a Resource/Service Hub

# RECOVERY SUPPORT SERVICES

- OlyCAP
- NAMI JeffCo
- YMCA (Y tokens)
- DBH REAL Team
- OPHS/Believe in Recovery SOS
- REAL team
- LEAD team
- Winter Welcoming Center
- St Vincent de Paul
- Affordable Connectivity Program
- Jefferson County Public Health

# WORKSHOPS/CLINICS

- NAMI JeffCo
- Dr Douwe Rienstra
- Heather Hernandez, LMHC
- Craig Isenberg, LMFT
- Anna Mayes, MAEd
- JC MASH
- Anya Callahan, Public Health
- QUUF Native Connections

# **KITCHEN**

- Food Bank Growers
- OlyCAP
- Quimper Grange Food Bank Garden
- Goosefoot Farm
- WSU Extension

# Looking to the Future

This year, we increased our number of meals served, sober event offerings, and Membership/Volunteering numbers. Next year:

- Continue to Improve Recovery Outcomes
- Increase Membership/Engagement
- Increase drop-in hours and outside recovery support groups

# Thank You!

# Gratitude for our funders:

- Jefferson County 1/10<sup>th</sup> of 1%
- CHIP BHC: HRSA RCORP-I
- WA Health Care Authority
- Recovery Café Network
- WA State Office of Crime Victims Advocacy
- Private donors that support Dove House operations



## **MEETING MINUTES**

# Behavioral Health Advisory Committee (BHAC) Meeting

# Tuesday, January 9, 2024 at 2:30 pm to 4:30pm

HYBRID MEETING: Virtual and in-person at 1820 Jefferson Street, Port Townsend, WA 98368

#### **BHAC Members:**

Heidi Eisenhour (Chair), (Present)

Aislinn Palmer (Vice Chair), (Excused)

Chris Ashcraft, (Absent)

Patricia Beathard, (Present)

Jill Buhler-Rienstra, (Present)

David Fortino, (Present)

Amanda Grace, (Present)

Patrick Johnson (Present)

### **BHAC Alternate Members**:

Richard Davies, (Present)

Joe Nole, (Present)

Scott Mauk, (Present)

Bruce McComas, (Present)

Greg Brotherton

Grey Schad

Staff: Anna McEnery, Apple Martine, Barb Jones and Jenn Mitchell

**Attendees:** Jean Scarboro, Brian Richardson, Jan Mitchell, Theresa Wirth, Lori Fleming, Kelli Parcher, Stephen Echols, Kimberly Gorman, Gabrielle Vanwert, Heather McRae-Wolf, Rebecca Marriott, Bret Black, Tammy Ridgeway, Gabbie Caudill, Jenny Vernyck, Jolene Krone

- 1. Call to Order & Introductions
- 2. Review/Adoption of draft Agenda: January 9, 2024 /(Enclosure)
  - a. Member Johnson moved to approve agenda and Member Buhler-Rienstra seconded
- 3. Review/Adoption of draft Minutes: September 12, 2023 Minutes/(Enclosure)
  - a. Member Grace moved to approve the minutes and Member Fortino seconded. (November 14, 2023 minutes are not yet available)
- 4. PUBLIC COMMENT PERIOD No public comments
- 5. <u>BUDGET</u>: *Jenn Mitchell/ Public Health Finance Manager/* (15 Minutes)
  - a. 2023/2024 Budget Tracking Spreadsheet & Sales Tax Projection
    - i. Jenn reported that currently the budget is under budget. Staff McEnery confirmed that funds that are not used for intended purposes go back into the 1/10<sup>th</sup> of 1% fund. Therapeutic courts look to be under budget.

- 6. <u>UPDATES</u>: (25 Minutes)
  - a. Update/ Salish Behavioral Health -Administrative Services Organization/ *Jolene Krone/SBH-ASO-Administrator--Clinical Director* 
    - i. Jolene reported about new programs that rolled out. One new program is called the Salish Youth Network Collaborative, (SYNC) for high-risk teens in need who live in Kitsap, Clallam or Jefferson Counties. There are two staff members that provide outreach and are happy to come and facilitate informational meetings. There is funding that can help with housing, evaluation and intensive outpatient care. This type of program is greatly needed in the community. The SYNC website has a lot of good information. https://sync.salishbehavioralhealth.org/
  - b. Opioid Funds Settlement/Jolene Krone/SBH-ASO-Administrator--Clinical Director
    - i. Jolene Krone reported that Jefferson County submitted a plan for use of their opioid funds and the plan was approved. Staff Martine reported that there will be a distributor settlement and pharmacy settlement. Both of these funds were supposed to be distributed in 2022 and 2023 but it has not been distributed yet. Staff McEnery shared her idea to schedule a retreat for the BHAC to decide how these opioid funds should be spent.
  - c. Update on Back-up BHAC Members for Each Position- Scheduling an Orientation/*Anna Mc Enery-BH/DD Coordinator/(Enclosure)* 
    - i. Staff McEnery shared she would be scheduling an orientation soon.

### 7. VENDOR REPORTS: (50 minutes)

- a. Jumping Mouse/ Chimacum School District-Mental Health Program (Imbedded Model) Jean Scarboro/ Jumping Mouse-/ Chimacum-Therapist
  - i. Jean Scarboro reported that she will be taking a little break from the mental health field to decompress but expects to be back. Jean shared photos of the therapy rooms which display comfy furniture and fun toys to help with play therapy. Jumping Mouse brings accessibility, collaboration, belonging, continuity and respect to the Chimacum area. All of the children seen in Chimacum have had adverse childhood experiences. Jean continued to show an example of a child she worked with and how play therapy was extremely beneficial to this child and how they grew and healed by being in this program.
- b. Jumping Mouse/ Brinnon School District-Mental Health Program (Imbedded Model)/ *Kimberley Gorman-Jumping Mouse/Executive Director* 
  - i. Kimberley Gorman reported that they are looking for a therapist to fill in at the Brinnon School District.

- c. Jumping Mouse/Children's Center in Port Townsend/ *Kimberley Gorman-Jumping Mouse/Executive Director* 
  - i. Kimberley Gorman reported that Jumping Mouse lost some grant money this year and that was really hard. She reported that Jumping Mouse has been considering expanding their private donations. They also lost some clinical help as well. Jumping Mouse has been extremely critical for a lot of children in school, as this maybe the only time, they are able to see a therapist.
- d. OESD #114/ School-based Mental Health Services/ Ciela Meyer, OESD #114– Behavioral Health Coordinator
  - i. Ciela Meyer presented the Healthy Youth Survey. Youth reporting nervous/anxious, depressive feelings, and suicide ideation has gone down since 2016. This could be could be due to these youth having access to therapy while in school.

In 2023/24: PTHS has a provider 4 days a week, Blue Heron has a provider 2-2.5 days a week, Chimacum HS has a provider 4 days a week, Quilcene has a provider 3 days a week and Brinnon has a provider 2 days a week.



- 8. PUBLIC COMMENT PERIOD -No public comments.
- 9. Adjournment

#### **Future Agenda Items:**

- a. Ongoing Updates on the Opioid Funds for Jefferson County
- b. Updates from the Salish Behavioral Health -Administrative Services Organization- SBH-ASO/Jolene Krone/Administrator--Clinical Director
- c. Vendor Presentations in 2024
- d. Quarterly Updates on the 1/10th of 1% Dashboard for Jefferson County

#### BH ADVISORY COMMITTEE MTGs: 2024

Normally held on the Second Tuesdays of Every Other Month @ 2:30PM to 4:30PM Hybrid Meeting: Virtual and In-person at the Courthouse-1820 Jefferson Street, PT in the BoCC Chambers

- March 12, 2024
- May 14, 2024
- July 9, 2024
- September 10, 2024
- November 12, 2024

### Behavioral Health Advisory Committee Meeting Minutes- Final March 14, 2023 3:00-5:00 PM

_	O 11		o 1 /	T .	
1	Call	to	()rder/	Introd	luctions

	_x_	_ Heidi Eisenhour-Chair
Excused		Aislinn Diamanti-Vice Chair
_	_X_	_ Chris Ashcraft
_	_X_	_ Patricia Beathard
_	_X_	_ Jill Buhler-Rienstra
_	_X_	_ Anne Dean
_	_X_	_ David Fortino
_	_X_	_ Amanda Grace
	X	Patrick Johnson

II. **Staff:** Apple Martine, Anna Mc Enery, Veronica Shaw, Mark McCauley, Denise Banker & Barb Jones

**Guests:** Gabrielle Vanwert, Teresa Wirth, Rachel Perkins, Mike Schleckser, Amy Brandt, Rebeca Marriott, Lori Fleming, Dana Marklund, Brian Richardson, Stephanie Lewis, Laura Batcheller, Kimberley Gorman, Gabbie Caudill, Stephen Echols, Cynthia Osterman, Mike Schleckser, Beth Myers, Jolene Kron

- III. Approval and/or modification of the draft Agenda of March 14, 2023 Anna Mc Enery announced two insertions to the Agenda:
  - (1) Following the Budget, Heidi Eisenhour and Apple Martine will present an overview about the new opioid settlement funds;
  - (2) Reminder that requests for proposal of School-based Mental Health services will be released on April 5<sup>th</sup> and will be due May 3<sup>rd</sup> at 4:30p.m.; email RSVP responses to Anna; a link will be sent out Wednesday and will be posted in the newspaper of record (The Leader).

Chair Eisenhour called for a motion to approve the Agenda as amended and the Minutes of the January 10, 2023 meeting. Not waiting for a motion, the Agenda and Minutes were unanimously approved.

#### VI. BUDGET

Veronica Shaw presented the 2023 Budget Spreadsheet and discussed projections versus actual revenues, expenditures and an anticipated cash balance at year end.

#### IV. PUBLIC COMMENT-No comments

#### V. NEW ITEM:

Opioid Settlement Funds: Chair Eisenhour presented about the funds coming to Jefferson County from Settlement 1 with Purdue Pharma and Settlement 2 from five pharmacies. She also shared the schedule of distributions.

Apple Martine stated that there is not as yet a determination on where the funds will be applied.

Discussion ensued. Notably, concerns were expressed that there is no process in place to determination how these funds will be distributed and who will provide

the oversight of those distributions.

Chair Eisenhour asked for comment from Stephanie Lewis, the Regional Administrator of the Salish BH-ASO. Guest Lewis shared that the BH-ASO could be designated to administer these funds by a State MOU, if a County and/or City in this Region subscribed. She said that currently the Salish BH-ASO holds the released funds, pending a decision on whether these funds will be administered by Jefferson County or regionally (by Salish BH-ASO on the counties' behalf).

This topic will be an on-going BHAC agenda item.

## VI. PRESENTATIONS

a. Update from the Olympic Communities of Health (OCH) / Amy Brandt/ OCH-Communications Manager

Amy delivered a presentation, providing an overview of what OCH is (an organization promoting a unified collective approach to addressing health issues in Jefferson, Clallam and Kitsap counties and seven tribes) and what it is up to: its priorities, recently completed projects, projects in the works, and opportunities for engagement. Amy responded to questions.

## VII. VENDOR REPORTS

a. Dove House/Recovery Café/ Brian Richardson-Program Manager
Guest Richardson's presentation discussed the interrelated missions of Dove
House (domestic violence) and Recovery Café (services for substance abuse recovery and other mental health issues). He spoke about the Recovery Café's
values and services, its cooperative work with other organizations, opportunities
for community involvement, and plans for the future. Discussion ensued.

## VIII. Bylaws of Behavioral Health Advisory Committee / Anna McEnery –

Anna spoke in reference to two new changes to the Bylaws.

- (1) Anna recommended consideration of someone with *lived experience* (mental health or substance abuse). A suggestion was made to add two new positions of individuals with lived experience.
- (2) Anna also introduced language in the bylaws with regard to the Open Public Meetings Act.

Chair Eisenhour called for a motion to accept the changes to the Bylaws. Chair Eisenhour made such a motion, seconded by Member Ashcraft.

Chair Eisenhour then called for public comment with respect to the proposed changes to the Bylaws:

- (1) Commenter spoke in favor of the changes to the Bylaws and thanked the Board for its work.
- (2) Commenter asked about recruitment and selection of new Board member(s) with lived experience.

Anna spoke in response to the question about recruitment.

Chair Eisenhour recalled the vote on the motion to accept the changes to the bylaws, which motion passed unanimously.

## IX. ANNOUNCEMENT:

Staff member McEnery announced that Data Evaluation meetings are being scheduled with Amanda Tjemsland, (our Epidemiologist) and with Vendors receiving 1/10 of 1% funds. She will email out the meeting schedules to all BHAC members, in case they would like to attend.

## X. Adjournment of Meeting

Chair Eisenhour moved to adjourn the meeting, the motion was seconded by Chris Ashcraft and was passed unanimously.

## Behavioral Health Advisory Committee Meeting Minutes May 16, 2023 3:00-5:00 PM- draft

- I. Call to Order/ Present
  - x Heidi Eisenhour-Chair
  - x Aislinn Diamanti-Vice Chair

Absent \_\_ Chris Ashcraft

- x Patricia Beathard
- \_x\_\_ Jill Buhler-Rienstra
- x Anne Dean

**Excused** \_\_ David Fortino

- \_x\_\_ Amanda Grace
- x Patrick Johnson
- II. STAFF: Apple Martine, Anna Mc Enery, Veronica Shaw, Barb Jones

<u>GUESTS</u>: Gabrielle Vanwert, Bret Black, Thomas Olson, Heather McRae-Woolf, Teresa Wirth, Rachel Perkins, Ciela Meyer, Rebecca Marriott, Stephanie Lewis, Kimberley Gorman, Gabbie Caudill, Stephen Echols, Melanie Greer, Jenny Vervynck

- III. Approval and/or modification of the draft Agenda: May 16, 2023Chair Eisenhour called for a motion to approve the agenda. Member Amanda Grace moved to approve the Agenda.Member Johnson seconded the motion. No vote taken.
- IV. Review/Adoption of draft Minutes: March 14, 2023 postponed/ (The Clerk-hire who provides our Minutes is on Medical Leave)
- V. <u>PUBLIC COMMENTS</u> / No comments
- VI. PRESENTATIONS

Global Overview - Current Status/Opioid Settlement Funds/ Jefferson Co. Stephanie Lewis, SBH-ASO Administrator, shared a presentation regarding the structuring and rules for use and disbursement of opioid settlement funds. Discussion ensued.

## VII. BUDGET

Veronica Shaw presented the 2023 Budget Spreadsheet and discussed April revenues and expenses. Anna McEnery and Veronica described the 131 Fund Summary spreadsheets.

Discussion ensued, concerning the need to dip into reserves in order to fund the new School-based RFP's. A question was raised concerning allocation of services to the different School Districts, which was discussed at length.

MOTION: Chair Eisenhour moved: "that we recommend funding the four Vendors who put forward RFP's; the OESD #114 for School-based Mental Health Services, the Jumping Mouse Brinnon School District project, the Jumping Mouse Chimacum School District Project, and The Benji Project, for a total of \$291,917.00 for the 2023-2024 year." The motion passed unanimously.

## VIII. PUBLIC COMMENTS- No Comments

Board members raised further related topics. Board member Johnson cautioned against "rote funding" for established vendors; all proposals are and must be looked at with fresh eyes. Board member Diamanti queried the process for discussing the ending balance with Mark McCauley.

## IV. PRESENTATIONS

Update from the Clallam Resilience Project/Consortium-Finding the Way Forward-Areas of Focus/Goals in 2023/2024/ Partnering w/the BHAC.

Melanie Greer- Clallam County Extension 4-H & Youth Empowerment Coordinator, offered a presentation describing a program on how to apply trauma sensitive care (County-wide) using NEAR sciences (Neuroscience, Epigenetics, Adverse Childhood Experiences, and Resiliency), and enquired about Jefferson County's interest in partnering in the program.

### IX. VENDOR REPORTS

Behavioral Health Court/ Drug Court /Family Therapeutic Court Rebecca Marriott, Therapeutic Court Coordinator, touched on a broad spectrum of issues currently facing the courts and asked for recommendations of resources and services that could be valuable to the work of the courts.

## X. UPDATES

- a) Upcoming Meeting-Recovery Parameters/New BHAC Community Member Reps-w/lived experience in Behavioral Health. Anna McEnery discussed the work to enlarge the Behavioral Health Advisory Committee to include two more community members with lived experience in mental health/substance abuse disorders, and the intention to convene an *ad hoc* meeting to explore the recovery parameters of future members and the appointment process (to take place on May 30, 2023).
- b) At Chair Eisenhour's and Anna McEnery's requests, the Mental Health Navigator with the Sheriff's Office, Stephen Echols spoke about the Public Health sponsored autism awareness training provided for the Jefferson County Sheriff's Department. He said it was well received.
- c) Anna McEnery spoke about an additional training, "Be Safe," that could be provided to parents, providers and professionals. The focus would be teaching children with disabilities and their families how to interact with law enforcement. Anna also hopes to provide further trainings ("Be Safe" and another training geared toward law enforcement) in the near future.
- d) Barb Jones, Public Health's CHIP/CHA director, applauded the diversity of youth resources available in Jefferson and Clallam Counties and the benefits of their collaboration.

- e) Heather McRae Woolf announced upcoming events by Jumping Mouse (a film event) and the Benji Project (a sensory fair).
- f) Lori Fleming of the Behavioral Health Consortium mentioned their meetings with HRSA (which funds the BHC) and with the sustainability group.
- g) Rachel Perkins of Olympic Angels introduced new case manager Jenny Vervynck, who mentioned one recent success.
- h) On behalf of Chief Thomas Olson of the PT Police Department, Anna McEnery announced the Chief's plans to post notice of the Mental Health Navigator position on July 1, 2023.
- i) Chair Eisenhour and Apple Martine lauded the opening of Seventh Haven with its portion of apartments set aside for recently unhoused community members.
- j) Board Member Jill Buhler-Rienstra spoke about lobbying efforts for greater funding for mental health services when Jefferson Healthcare is struggling with discharging patients with mental health issues.
- k) Anna McEnery announced she will be contacting all the Vendors to discuss implementing their new Contracts.
- XII. Adjournment of Meeting
  Chair Eisenhour adjourned the meeting.

## **MINUTES**

# Behavioral Health Advisory Committee (BHAC) MEETING

## Tuesday, November 14, 2023 at 2:30 pm to 4:30pm -draft

**HYBRID MEETING:** Virtual and in-person at 1820 Jefferson Street, Port Townsend, WA 98368

The First Floor Conference Room in the Courthouse

## **BHAC Members**:

Heidi Eisenhour (Chair), (Present)
Aislinn Palmer (Vice Chair), (Present)
Chris Ashcraft, (Absent)
Patricia Beathard, (Present)
Jill Buhler-Rienstra, (Present)
David Fortino, (Present)
Amanda Grace, (Present)
Patrick Johnson (Present)

## **BHAC Alternate Members:**

Richard Davies, (Present) Bruce McComas, (Present) Sheriff Joe Nole, (Present) Scott Mauk, (Present) Greg Brotherton Grey Schad

<u>Attendees</u>: Stephen Echols, Kimberley Gorman, Lori Fleming, Jolene Krone, Alyssa Wyrsch, Lolinthea Hinkley, Sarah Jane, Gabbie Caudill, Teresa Wirth, Thomas Olson, Mike Schleckser, Leeann Peterson, Rebecca Marriott, Jonathan Stolting, Siri Kushner

**Staff**: Anna Mc Enery, Veronica Shaw, Apple Martine, Barb Jones

- 1. Call to Order & Introductions
- 2. **Review/Adoption of draft Agenda:** November 14, 2023 Agenda accepted by Amanda Grace and Joe Nole seconded the movement. All were in favor of approval of the agenda.
- 3. **Review/Adoption of draft Minutes:** The approval of the March 14, 2023 and May 16, 2023 minutes are postponed due to staffing- (No minutes from July 11, 2023 were taken, due to not being able to have a meeting because of a lack of quorum.)
- 4. <u>PUBLIC COMMENT PERIOD</u>: Kimberley Gorman noted that turkey trot is scheduled to happen this coming weekend. All the proceeds will be going to Jumping Mouse.

## 5. **PRESENTATIONS**: (15-20 minutes)/Attachments

a. Presentation on 1/10<sup>th</sup> of 1% Data for 2022-Siri Kushner/Kitsap County Public Health-

Siri Kushner presented 2022 data about Jefferson County Programs that are funded by 1/10<sup>th</sup> of 1%.



The biggest goal of the Jumping Mouse program was staff retention to support the work. Jumping Mouse also hosted a Lunch and Learn to promote awareness of their programs in the community.

The Jumping Mouse campus program at the Brinnon School District now has more individualized supports for each child. They have also focused on smaller meetings with teachers/support personnel to identify each child's needs. Jumping Mouse has expanded to the Chimacum School District with a second campus.

The Nurse Family Partnership Program prioritized the recruitment and retention of parents. They navigated staff transitions and worked with staff to go from virtual appointments to home visits.

Under School-based Mental Health Services, professionals provide therapeutic services to students in the Port Townsend, Chimacum, Quilcene, and Brinnon School Districts. Consultations with school staff and other agencies are also provided for the students. Easy access to experienced professionals with no financial burden to the family has proven its worth, by noting the high levels of participation at all four school sites.

In 2022, the Recovery Café expanded their services by offering additional classes from the School of Recovery. They also began offering free meals, three times a week and have expanded their drop-in hours. Recovery Café continues to provide an inclusive environment; so they are able to attract clients who may not otherwise receive services.

The Therapeutic Courts serve individuals who are involved with the criminal justice system and would likely be incarcerated. Behavioral Health Court, Drug Court and Family Therapeutic Court provide opportunities for participants to work on their underlying issues. This is an essential element of restorative justice and can reduce the jail population.

Believe in Recovery continued to face barriers with covid restrictions in jail, but they were able to implement a new MAT program.

Port Townsend Police Officers feel comfortable consulting with the Mental Health Navigator when faced with individuals in a crisis. The ability of the Navigator to co-respond and to de-escalate situations has been great, as well as the collaboration with social services to provide referrals for clients. (Jud Haynes has started to transition from his position as the Navigator for the PTPD to a PhD program.)

Discovery Behavioral Healthcare provides transitional housing services for up to 10 Jefferson County citizens who are at immediate risk of- or a continuing risk of psychiatric hospitalization, or who has been recently discharged from the hospital without a home. The following is provided: market rate rent for one apartment at Thomas Street Apartments. Rent for one room at Bayside Hotel, for an individual with severe mental illness who is currently homeless.

For citizens needing immediate short-term housing, up to 3 nights a month was provided at the Harborside Inn. There is a limited supply of low-income housing in Jefferson County which keeps many clients in temporary housing.

Olympic Community Action Program (OlyCAP) provides transitional housing at the Haines Street Cabins for individuals with substance use disorders and/or mental illness. Most of these individuals are participating in the Therapeutic Courts or are discharged from jail or the hospital without a home. OlyCAP also collaborated with Believe in Recovery and Discovery Behavioral to provide housing to individuals in treatment. Several clients were able to exit to permanent housing.

The Juvenile/Family Court's Functional Family Therapy Program provides early intervention programming for youth who are chronically truant due to family issues, substance use disorders and/or behavioral health challenges. This occurs before formal court involvement. There was an increase in referrals, mainly from the Port Townsend School District. Previous clients have begun to attend school and families were reunited. Juvenile Services is looking to expand services beyond truancy cases.

The Pfeiffer House supports individuals ages 18 - 24 who are in mental health and substance use disorder treatment, by providing housing, case management, therapeutic coaching, and skill building. Residents (and individuals on a wait list) were able to receive therapy services. Clients were able to successfully attend college, address family conflict, relationships, and navigate mental health crises throughout the year.

Discovery Behavioral Health's Wraparound Services provided access to mental health services not funded by Medicaid/Medicare, private insurers, or those who are uninsured. This program works with high utilizers to reduce a gap in coverage. The past year they enrolled additional clients in Medicaid.

- 6. **BUDGET**: Veronica Shaw/ (10 Minutes) Attachment
- a. 2023 Budget Tracking Spreadsheet & Sales Tax Projection/(Enclosure)
  Revenue is reported as higher than even what the amended budget called for. Funds are looking healthy. Veronica also shared that any funds that are not spent, roll over and go back into the fund.
- 7. **UPDATES**: (15 Minutes)
- a. Opioid Funds Settlement/ *Apple Martine- Public Health Director*Staff Martine reported not much has changed since her September presentation. They are waiting for changes to come through and are continuing to work on the details.
- b. Staff Mc Enery reported most BHAC positions have a backup or alternate member or we are actively working on obtaining a backup for each member.
- c. Salish Behavioral Health -Administrative Services Organization- SBH-ASO/*Jolene Krone*/ Deputy Administrator--Clinical Director/*Jolene was not available to present*.

## 8. **PRESENTATION:** (15 minutes)

## a. Update on Senate Bill 5536/ Sheriff Joe Nole

<u>Senate Bill 5536</u> sets the penalty for possession of controlled substances as a gross misdemeanor with a maximum confinement time of six months for the first two convictions. Any fine for any conviction is capped at a maximum of \$1,000.

The bill creates a system for a pre-trial diversion program to get people into treatment. The bill requires mandatory early conviction vacated, if the person in question can complete treatment or has "substantially complied" with a recovery program or similar services for six months. The bill criminalizes using drugs in public.

The Washington Supreme Court struck down a state law in 2021 making drug possession a felony. The Court said it was unconstitutional, because it did not require prosecutors to prove that someone knowingly had the drugs. Washington was the only State in the country without that requirement. The State's new drug possession law went into effect July 1, 2023. Sheriff Nole reported that there is a new program created by Gabbie Caudill and others in the community. The program diverts misdemeanor offenses if they go through a treatment program.

## 9. **VENDOR REPORTS**: (35 minutes)

## a. EJFR/Gateway to Freedom- Fire CARES Program

Gabbie Caudill reported the Fire CARES team started in January. This team helps people in a mental health crisis and with referrals/ with helping family members. This team is secondary responders. The team can help people who may need extra assistance and with this assistance avoid calling 911 as often as they do. There are 246 people who were served in this program up to September. Leeanne Peterson reported the number of visits that have happened in the community and how it's helped various people. It was reported most referrals come from 911 calls and people living in unsafe conditions.

## b. Gateway to Freedom/South County Mobile Unit

Gabbie Caudill reported there were 23 assessments done and 18 clients enrolled in services that live in Quilcene and the Brinnon areas. Services for these clients range from outpatient, to inpatient, or just monitoring.

## c. Gateway to Freedom/ Jail SUD Assessment Program

Gabbie Caudill reported they provided 78 assessments in the Jail from January to September. The Jail SUD Program got 50 people into inpatient services and 46 people on medication for opiate use disorder.

## d. Public Health/Nurse Family Partnership-

Sarah Jane shared some updates from the past year. There was a number of NFP staffing changes. They said goodbye to Megan and Katie-Rose and welcomed Korinda and Cathleen. NFP is also shifting to a regional team approach for rural communities. The annual report showed there were 33 families served in 2020, 22 families were served in 2021 and then in 2022, 21 families were served. Visits decreased starting around the time of the pandemic, but now they are beginning to increase. Some important NFP goals are- to maintain staffing while creating sustainable systems. Another goal is to maintain the current caseload and continue to enroll new eligible clients.

## 10. PUBLIC COMMENT PERIOD - No public comments.

## 11. Adjournment

## 1/10<sup>th</sup> of 1% VENDOR PRESENTATION SCHEDULE: 2024 Behavioral Health Advisory Committee

## <u>January 9, 2024</u>

- ➤ Jumping Mouse/ Brinnon School District-Mental Health Program (Imbedded Model)
- ➤ Jumping Mouse/ Chimacum School District-Mental Health Program (Imbedded Model)
- > Jumping Mouse/ Children's Center in Port Townsend
- > OESD #114/ School-based Mental Health Services

## March 12, 2024

> Dove House/Recovery Café

## May 14, 2024

- > Behavioral Health Court
- > Drug Court
- > Family Therapeutic Court
- > DBH/Transitional Housing

## July 9, 2024

- > PT Police/ Navigator Program
- > Juvenile Court/Functional Family Therapy
- > Juvenile Court/Therapeutic Support for Independent Living
- Benji Project

## September 10, 2024

- > EJFR/Gateway to Freedom- FIRE Cares Program
- > Gateway to Freedom/ Jail SUD Assessment Program
- Gateway to Freedom/South County Mobile Unit

## November 12, 2024

- > Olympic Angels/Case Management
- Public Health/Nurse Family Partnership
- OlyCAP/Transitional Housing

## Juliana Detail Report

## **Upcoming Events**

	Beha	avioral Health				
Bill Details		<u>Status</u>	<u>Sponsor</u>	<u>Priority</u>	<u>Position</u>	
2SHB 1877	<b>Behavioral health/tribes</b> S Passed 3rd Lekanoff Improving the Washington state behavioral health system for better coordination and recognition with the Indian behavioral health system.					
2SHB 1929 (SB 6050)	Postinpatient housing S Pres Signed Cortes Monitoring Support Supporting young adults following inpatient behavioral health treatment.  Subject to funding, a postinaptient housing program for young adults is established to provide supportive transitional housing with BH support focused on securing long-term housing for young adults existing inpatient BH treatment. Subject to funding, there should be established at least 2 of these programs with 6-10 beds, one on each side of the state.					
<u>HB 1983</u>	Criminal justice trtmnt acct S Pres Signed Simmons Monitoring Concerning the criminal justice treatment account.  Removes specific Blake related language from the CJTA account.					
EHB 2088	Crisis teams/liability Del to Gov Orwall  Extending liability protections for responders dispatched from mobile rapid response crisis teams are community-based crisis teams.					
<u>HB 2145</u>	Health plans/mental health H HC/Wellness Simmons Concerning medically necessary treatment of a mental health or substance use disorder.					
E2SHB 2245	Co-response services Establishing co-response services and	S Health & Long T training as an essentia	Bronoske l component (	of the crisis care	continuum.	
<u>HB 2469</u>	Involuntary treatment Concerning involuntary treatment.	H Civil R & Judi	Davis			
HB 2472	Mental health/matching funds	H Approps	Hutchins	Medium	Support	

Providing state matching funds for programs supported by the county sales and use tax for chemical dependency, mental health treatment, and therapeutic courts.

<u>SB</u>	<b>6050</b>
(25	HB
192	29)

**Postinpatient housing** S Human Services Dhingra

Supporting young adults following inpatient behavioral health treatment.

Subject to state funding, creates the post inpatient housing program with one location on each side of the state for those exiting BH inpatient treatment who are between the ages of 18 and 24.

Juv. detention/health recs.

H Passed 3rd

Boehnke

**SB 6079** 

Making juvenile detention records available to managed health care systems.

Allows MCOs and BHASOs to get access to juvenile detention records for those housed in a detention facility.

SSB 6295

Behavioral health/high users

S Ways & Means

Dhingra

Farivar

Creating a path to recovery for high users of behavioral health crisis and criminal justice systems.

## **Developmental Disabilities**

Bill Details	•	<u>Status</u>	<u>Sponsor</u>	<b>Priority</b>	<u>Position</u>	
	Infants and toddlers program Concerning funding for the early supp	S Pres Signed port for infants and todd	Senn lers program.	High	Support	
SHB 1916 (SB 5933)	Provides that for purposes of funding, a child is considered to have received Early Support for Infants and Toddlers (ESIT) services if the child received services within the same month as the monthly count day, rather than the month prior. Requires the monthly count day for ESIT enrollment to fall on the last business day of the month. A null and void clause was added to the bill.					
	<b>Day habilitation services</b> Establishing day habilitation services	H Human Svc, You for persons with develo	Leavitt pmental disab	Medium ilities.	Concerns	
HB 2080	Requires the Department of Social and Health Services Developmental Disabilities Administration to apply to the Centers for Medicare and Medicaid Services for amendments to relevant waivers to establish day habilitation as a stand-alone waiver service. Requires, following approval of waivers to establish day habilitation services, persons enrolled in eligible waivers who are participating in day habilitation services be provided a minimum of 20 hours paid day habilitation services per week and the minimum reimbursement rate for those providers must be \$35 per participant per hour. The concern with the bill is that it is creating a new program without fully funding existing DD programs.					
SHB 2180	Special education cap	S 2nd Reading	Callan			

H Rules X

Increasing the special education enrollment funding cap.

Dev. disabilities waiver use

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(SB 6014)

**SHB 2279** 

Concerning utilization of developmental disabilities waivers.

<u>HB 2365</u>	Respite care	H Approps	Barnard				
(SSB 6126)	Increasing access to respite care fo caregivers.	r those with intellectual o	or development	al disabilities	and their		
	Infants and toddlers program	S EL/K-12	Frame	High	Support		
SB 5933	Concerning funding for the early support for infants and toddlers program.						
(SHB 1916)	Changes the definition of when a child is receiving early intervention services for the purposes of Early Support for Infants and Toddlers program funding. Specifies that a child must receive services within the same month as the monthly count day instead of the month prior, and that the monthly count day is the last business day of the month instead of the first business day.						
SB 6014 (SHB 2180)	Special education cap Increasing the special education er	S Ways & Means nrollment funding cap.	Wellman				
	Respite care	S Ways & Means	Kauffman				
SSB 6126 (HB 2365)	Increasing access to respite care for those with intellectual or developmental disabilities and their caregivers.						
	Requires DSHS to add respite care to the aggregate portion of the basic plus and children's intensvie in-home behavioral support waiver service so that aggregate funds can be accessed for respite care without priori administrative approval once the annual assessed hours have been exhausted.						

Homelessness & Affordable Housing	
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Bill Details		<u>Status</u>	<u>Sponsor</u>	<u>Priority</u>	<b>Position</b>	
	Extreme weather events	S Passed 3rd	Leavitt	High	Support	
	Addressing the response to extreme weather events.					
SHB 1012	Requires the Military Department to develop and implement an extreme weather response grant program for the purpose of assisting with the costs of responding to community needs during periods of extremely hot or cold weather or severe poor air quality due to wildfire smoke.					
	Homeless housing grants	H Approps	Graham		Concerns	
	Establishing accountability requirements for homeless housing grant programs.					
<u>HB 1872</u>	Requires grantees and subgrantees that receive funding through homeless housing and assistance grant programs administered by Commerce to submit annual plans to Commerce specifying a specific list of goals and targets for the next calendar year. The State Auditor is required to conduct an annual performance audit of all of the grants/grantees. A report on the findings will be due annually. Grants will be withheld if the audits are not completed.					

#### Del to Gov Alvarado **Housing authorities** Concerning housing authorities. **HB 1890** (SB 5807) Allows pre-existing, legislatively created, housing authorities to form a joint housing authority with 2 or more city governments without county legislative authority authorization. **Homeless services H** Housing Christian **HB 2229** Providing for the coordination and collaboration of homeless services. Housing gap voucher program **H** Housing Hutchins **HB 2453** Creating a housing gap voucher program. Housing authorities S Rules X Frame Concerning housing authorities. **SB 5807** (HB 1890) Allows pre-existing, legislatively created, housing authorities to form a joint housing authority with 2 or more city governments without county legislative authority authorization. Social housing **S** Housing Hasegawa **SB 5975** Authorizing use of the housing trust fund and other legislative appropriations to finance social housing. Housing/property tax ex. **S** Housing Saldana Concerning the property tax exemption for cities or counties providing affordable housing to qualifying households. **SB 6065** Exempts from the property tax rental housing or lots in a mobile home park that were insured, financed, or assisted through, among other ways, city or county funds used to preserve affordable housing. Housing needs gap S Ways & Means Cleveland SSB 6152 Requiring certain counties to measure the gap between estimated existing housing units and existing housing needs. **Veterans Bill Details Position Status Sponsor Priority** Disabled veteran assist./tax S 2nd Reading Leavitt Monitoring Neutral Providing tax exemptions for the assistance of disabled veterans and members of the armed forces of

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**ESHB** 

1862

the United States of America.

Provides specific businesses a tax exemption from the B&O tax.

Veterans service officers **H** Approps Shavers High

Expanding the veterans service officer program to increase veteran support statewide.

**SHB 1925** 

Requires WDVA to support veterans by providing information regarding available veterans services. Subject to funds, WDVA must: (1) contact veterans within 90 days of discharge and provide them with information about benefits and services; (2) provide county info on the WDVA website; and (3) report to the Gov every 2 years regarding veterans services. Modifies the term "eligible counties" from counties with a population of 100,000 or less to counties with a resident veteran population of 50,000 or less. Funding is prioritized to eligible counties where the percentage of the veteran population receiving federal disability or pension compensation is below the national average, and to eligible counties without a veterans service officer.

Concerns

Concerns

S Passed 3rd Volz **Definition of veteran** High Concerns

2SHB **2014 (SSB** 5871)

(2SHB 2014)

Concerning the definition of veteran and restoring honor to veterans.

Expands the definition of veteran to align with the federal definition to expand the benefits available to veterans in our state. Does not provide additional funds.

Lovick

Medium

**Definition of veteran** S Ways & Means **SSB 5871** Concerning the definition of veteran and restoring honor to veterans.

> Expands the definition of veteran to align with the federal definition to expand the benefits available to veterans in our state. Does not provide additional funds.