

Ending Stigma Starts with A Conversation

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Having these conversations gives people the knowledge that is needed to move forward, to make changes that will benefit our communities.”

- Randy Hayden, Chemical Dependency and Mental Health Advisory Board and Darrington School Board

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Community Conversations

Darrington

- Wednesday, June 26, from 3 to 5:30 p.m. at the Darrington Library, 1005 Cascade St.

Sky Valley

- Thursday, June 27, from 10 a.m. to 1 p.m. at the Monroe Community Center, 17150 W Main St. Suite B

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This is important to help build empathy and normalize this as a medical condition for which individuals need treatment and care. When we center the medical aspect, it will make it easier for people suffering from addiction to seek help when they are ready.



- Dr. James Lewis, Snohomish County Health Officer

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“ We all have a part to play in addressing stigma, building community, and treating each other with kindness and compassion. I encourage rural communities to attend these upcoming conversations to help us create a future where people experiencing opioid use disorder can access recovery, rebuild their life, and thrive. ”

- Dave Somers, Snohomish County Executive

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Rural communities have long faced a lack of services and widespread misinformation, especially around substance use, homelessness, and mental health ... We need to foster open conversations and education, creating community supports that blend compassion with accountability to ensure a safe space for everyone.

- April Provost, Community Outreach Coordinator, Ideal Option

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“ If you talk about this within your community, you will realize how many lives substance use disorder affects. The more you talk about something, the more people will be willing to open up and address the issue. By sharing and talking about it, it will humanize the individuals who are affected. ”

- Lt. James Chelin, Snohomish County Sheriff's Office

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