

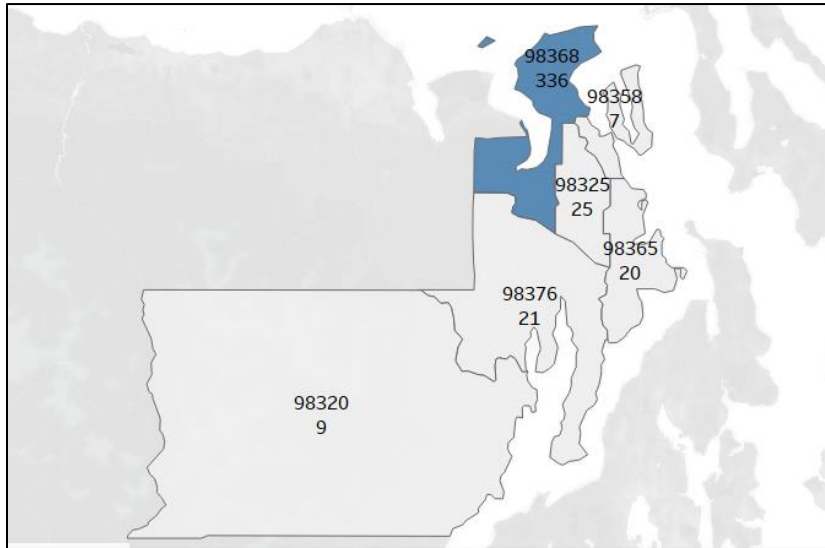
## Jefferson County One Tenth of One Percent Tax Fund Evaluation: 2022 Annual Report

**Background:** In the 2005 Washington State legislative session, Senator Hargrove passed the Omnibus Mental Health and Substance Abuse Reform Act SB 5763 to expand substance abuse and mental health treatment. The bill allows local governments to increase sales tax to improve local services. In 2005, Jefferson County Board of County Commissioners adopted this tax and established the Jefferson County Mental Health and Substance Abuse Sales Tax Advisory Committee to review community needs and local Requests for Proposals from vendors to provide mental health and substance abuse treatment services. Recipients submit quarterly reports to Kitsap Public Health District under contract to monitor and evaluate the impact of these funds.

**COVID-19 Pandemic and Mental Health Services:** In 2020, the COVID-19 pandemic led to a stay-at-home order and subsequent restrictions that continued into 2021. These measures created barriers in receiving substance use and mental health treatment. In Jefferson County, treatment became limited due to restrictions on non-COVID health care and capacity. When possible, services transitioned to video or telehealth. Moreover, the pandemic and the resulting consequences continues to impact the mental health of much of the population and increase the need for mental and substance use services.

**Table 1: Annual Count of Unduplicated Individuals Served (Not Available Prior to 2013)**

Funding Priority	Project	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Early Intervention	Functional Family Therapy	---	---	---	---	---	5	7	4	17	39
	Jumping Mouse: Caregivers	103	174	179	152	156	169	157	129	128	149
	Jumping Mouse: Kids	73	113	137	125	122	124	109	96	94	116
	Jumping Mouse (Brinnon): Caregivers	---	---	---	---	---	4	7	11	14	12
	Jumping Mouse (Brinnon): Kids	---	---	---	---	---	4	6	9	11	10
	Nurse Family Partnership	54	66	58	62	60	64	54	33	22	21
	Pfeiffer House	---	---	---	---	---	---	---	---	3	11
	School-Based Mental Health	132	180	145	192	243	187	255	156	131	144
Treatment	Discovery Behavioral Health Wraparound Services	---	---	---	---	---	---	---	---	6	8
	Recovery Café	---	---	---	---	---	---	11	45	109	130
Jail/Courts	Behavioral Health Court	---	---	32	38	31	33	26	29	20	24
	Believe in Recovery	---	---	---	---	---	---	136	102	104	126
	Drug Court	---	---	57	60	54	52	55	35	27	25
	Family Therapeutic Court	---	---	3	7	4	5	4	5	3	3
	Police Navigator Program	---	---	---	---	---	---	62	289	263	47
Housing	Discovery Behavioral Health Transitional Housing	---	---	---	---	---	6	6	4	4	3
	OlyCap Housing	---	---	---	---	---	12	46	43	28	27
<b>Total</b>											<b>895</b>



**Figure 1: Zip Codes of Unduplicated Individuals Served**

In 2022, the Jefferson County One Tenth of One Percent Funds provided services for 895 individuals. Programs provided zip codes for 464 individuals served (52% of individuals). Of those individuals' zip codes provided, most individuals reported living in 98368 (72%) followed by 98339 (10%). In addition, 6% of individuals served reported being homeless at some point during their services. Programs reported overall only 5% of individuals served as living outside of Jefferson County.

**Table 2: Jefferson County One Tenth of One Percent Program Budget**

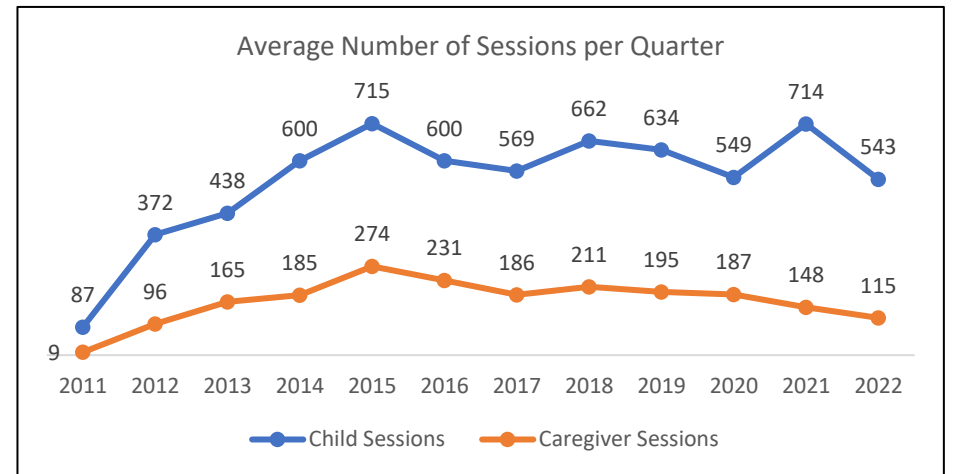
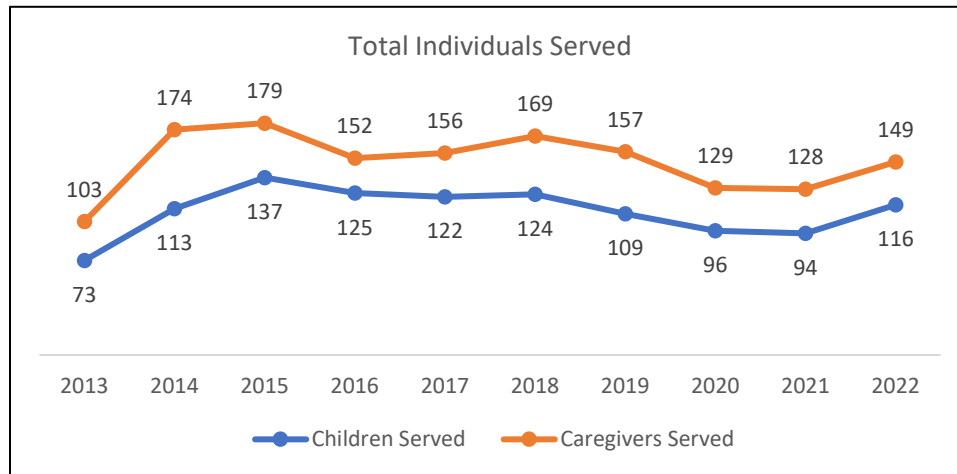
Funding Priority	Project	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
Early Intervention	Functional Family Therapy	-	-	-	-	-	\$2,910	\$11,500	\$5,110	\$680	\$4,730
	Jumping Mouse	\$24,000	\$30,000	\$27,550	\$27,570	\$70,125	\$84,327	\$79,000	\$79,000	\$78,999	\$97,478
	Jumping Mouse (Brinnon)	-	-	-	-	-	\$12,186	\$32,424	\$32,424	\$34,505	\$46,170
	Nurse Family Partnership	\$25,900	\$31,740	\$29,170	\$29,169	\$42,121	\$49,227	\$64,428	\$54,720	\$64,000	\$74,883
	Pfeiffer House	-	-	-	-	-	-	-	-	\$0	\$21,020
	School-Based Mental Health	\$59,339	\$65,000	\$55,717	\$51,983	\$83,248	\$63,372	\$72,481	\$68,205	\$42,711	\$97,555
Treatment	Discovery Behavioral Health Wraparound Services	-	-	-	-	-	-	-	-	\$50,400	\$53,900
	Recovery Café	-	-	-	-	-	-	\$45,000	\$45,000	\$43,984	\$55,525
Jail/Courts	Behavioral Health Court	-	-	\$15,000	\$15,801	\$40,198	\$44,412	\$48,330	\$44,497	\$31,559	\$73,601
	Believe in Recovery	-	-	-	-	-	-	\$32,000	\$31,994	\$32,000	\$39,485
	Drug Court	-	-	\$15,000	\$15,508	\$39,852	\$41,239	\$40,421	\$33,031	\$35,835	\$32,241
	Family Therapeutic Court	-	-	\$5,754	\$5,799	\$11,279	\$9,522	\$10,000	\$5,307	\$3,800	\$1,159
	Police Navigator Program	-	-	-	-	-	-	\$55,000	\$54,559	\$54,796	\$39,581
Housing	Discovery Behavioral Health Transitional Housing	-	-	-	-	-	\$23,642	\$24,000	\$18,900	\$18,000	\$18,000
	OlyCap Housing	-	-	-	-	-	\$19,078	\$18,000	\$16,185	\$15,823	\$14,695

## 2022 Annual Report: Jumping Mouse

**Program Description:** Services to traumatized children who have directly impacted by a parent’s substance use disorder and/or mental illness; services also provided to the children’s caregivers. Jumping Mouse is reaching some of the most at-risk members of our community, preventing substance abuse and mental health problems before they begin.

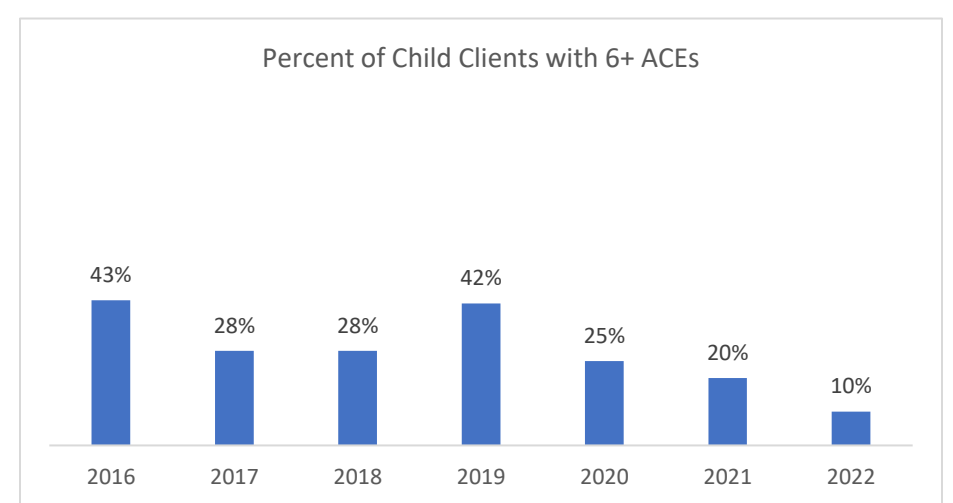
**Summary of Narrative:** Focus on staff retention and growth to support work. Hosted Lunch and Learn to raise awareness of program in the community.

Program Outcomes	2017	2018	2019	2020	2021	2022
80% of parents served successfully develop intended skills/behaviors of program	90%	90%	90%	95%	94%	94%
90% of children served successfully participate in therapy	85%	90%	87%	86%	94%	94%
88% of participants report program has helped them improve parenting skills	88%	92%	73%	83%	83%	57%
88% of participants report program has helped them reach goals for family and self	88%	100%	86%	67%	83%	86%



Top 5 Mental Health Diagnoses in Child Clients		
2020	2021	2022
1. Anxiety	1. Anxiety	1. Anxiety
2. Adjustment	2. Adjustment	2. Adjustment
3. T or Z / Situational	3. T or Z / Situational	3. T or Z / Situational
4. PTSD / Trauma	4. PTSD / Trauma	3. PTSD / Trauma
5. Attachment	5. Attachment	4. Attachment

Top 5 ACEs in Child Clients		
2020	2021	2022
1. Divorce/Separation	1. Divorce/Separation	1. Divorce/Separation
2. Mental Illness at Home	2. Mental Illness at Home	2. Mental Illness at Home
3. Alcohol/Drug Abuse	3. Neglect: Emotional	3. Alcohol/Drug Abuse
4. Neglect: Emotional	4. Domestic Violence	4. Neglect: Emotional
5. Domestic Violence	5. Abuse: Emotional	5. Domestic Violence

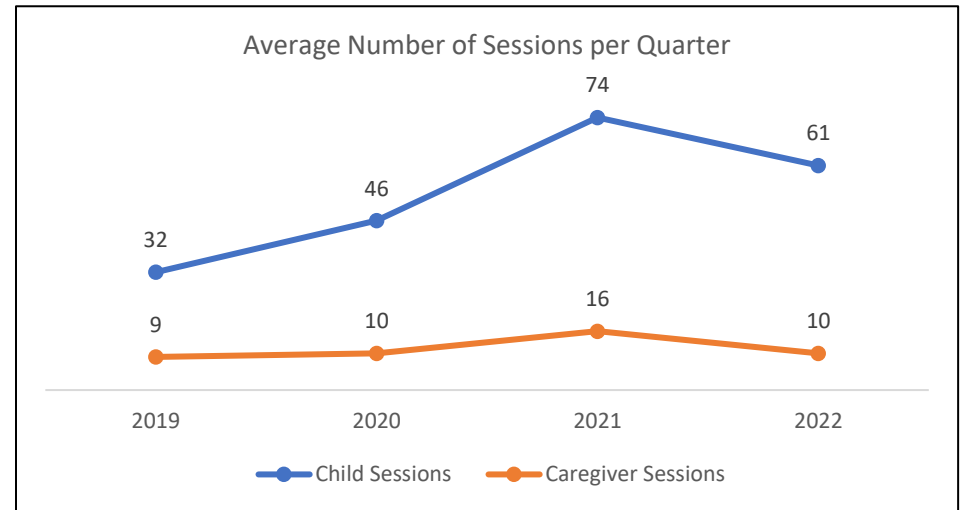
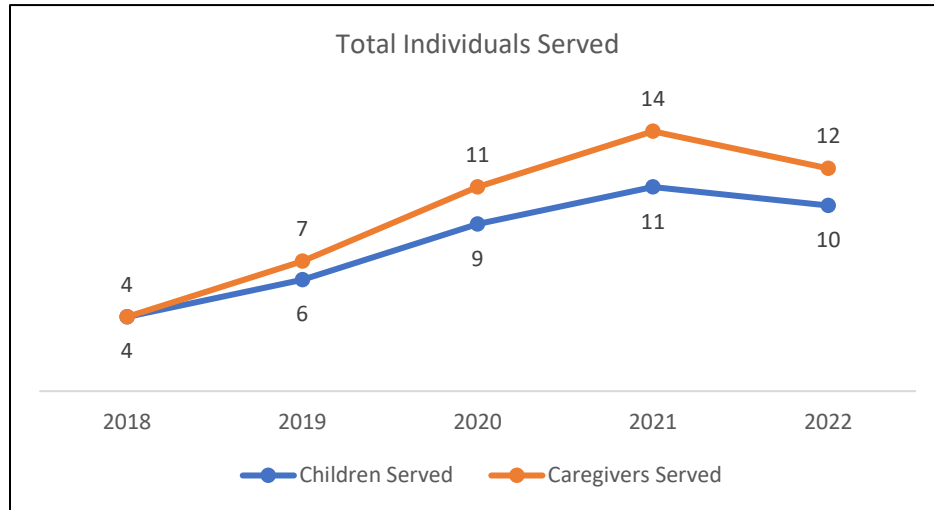


## 2022 Annual Report: Jumping Mouse (Brinnon)

**Program Description:** Jumping Mouse has set up a satellite center in the Brinnon School District. Jumping Mouse provides weekly long-term therapy to children who attend Brinnon School District, provides support and education to parents/caregivers and teachers/staff of the children served.

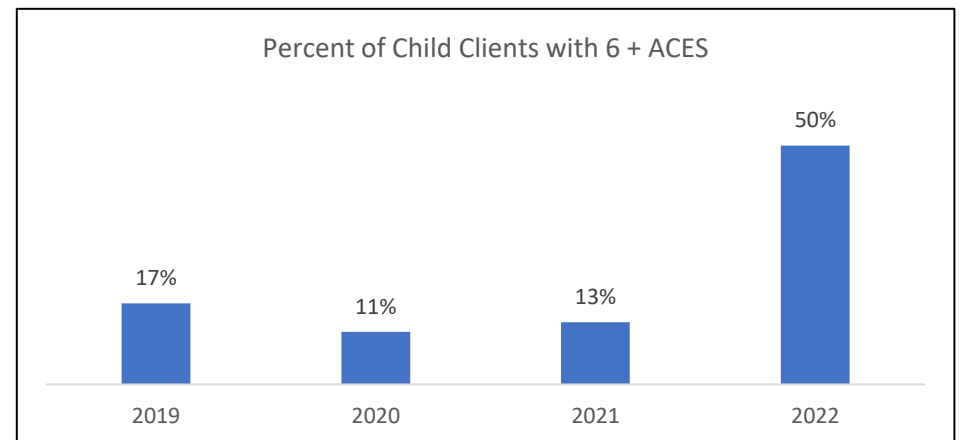
**Summary of Narrative:** Brinnon adapted their program to provide more individualized support for children. Focus on smaller meetings with teachers and support personnel to identify needs. Expanded to Chimacum's second campus.

Program Outcomes	2019	2020	2021	2022
90% of children served successfully participate in therapy	100%	100%	91%	100%
80% of parents served successfully developed intended skills/behaviors of program	100%	100%	93%	100%



Top 3 Mental Health Diagnoses in Child Clients		
2020	2021	2022
1. PTSD / Trauma	1. Anxiety	1. Anxiety
1. T or Z / Situational	2. PTSD / Trauma	1. PTSD / Trauma
2. Anxiety	3. T or Z / Situational	2. T or Z / Situational

Top ACES in Child Clients		
2020	2021	2022
1. Divorce/Separation	1. Divorce/Separation	1. Divorce/Separation
2. Alcohol/Drug Abuse	1. Alcohol/Drug Abuse	2. Mental Illness at Home
3. Neglect: Emotional	2. Mental Illness at Home	2. Alcohol/Drug Abuse
3. Abuse: Emotional		2. Neglect: Emotional

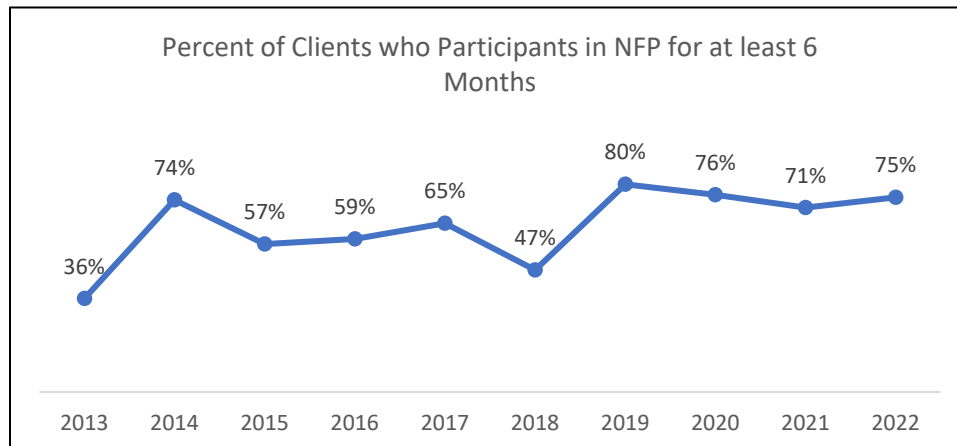
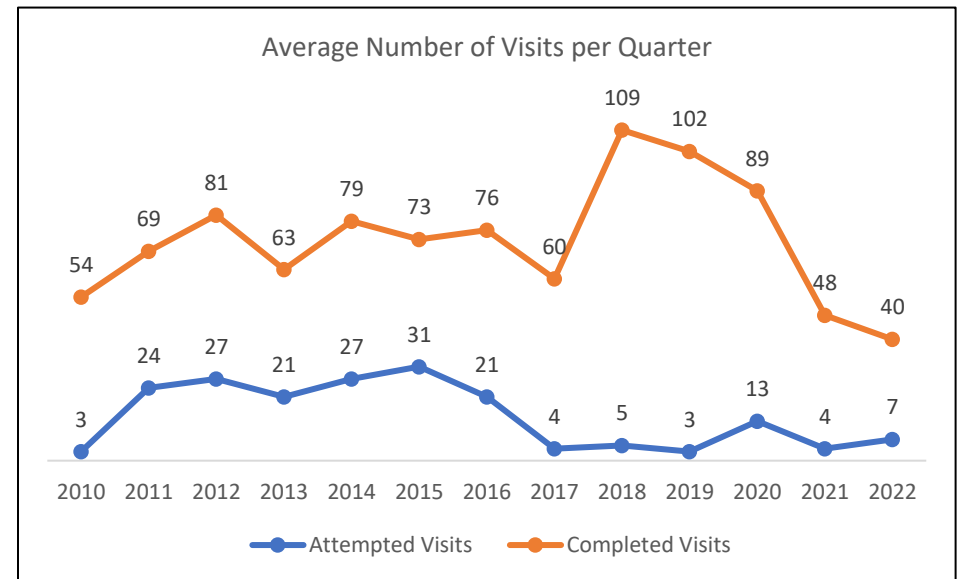
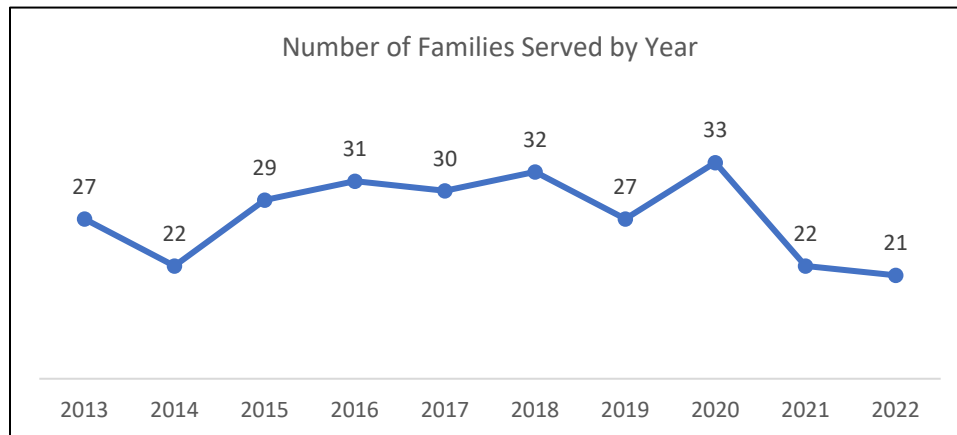


## 2022 Annual Report: Nurse Family Partnership

**Program Description:** A public health nurse (PHN) serves low-income first-time pregnant mothers with social/health indicators (recent personal history of substance use and/or mental illness) that increase the risk for poor outcomes for mother and infant. The public health nurse treats the mother using behavior change theory and motivational interviewing for quitting substances, preventing relapse, treating mental illness, and addressing intergenerational patterns within the family system.

**Summary of Narrative:** Prioritized recruitment and retention of clients during the year. Navigated staff transitions. Worked with staff to transition from virtual appointments to home visiting again.

Program Outcomes	2017	2018	2019	2020	2021	2022
75% of those referred to the NFP Program are enrolled	-	-	-	35%	44%	71%
60% of families who no longer receive services due to program completion	-	-	-	100%	67%	75%
Track percent of parents referred to mental health treatment and engaged in services	60%	60%	83%	43%	0%	100%
Track percent of parents referred to substance abuse treatment and engaged in services	50%	50%	100%	0%	44%	67%



## 2022 Annual Report: School-Based Mental Health

**Program Description:** Mental health professionals provide therapeutic services to students in the Port Townsend, Chimacum, Quilcene, and Brinnon School Districts. Consultations with school staff and other agencies are also provided for the students engaged in the program. Easy access to experienced professionals with no financial burden to the family has proven its worth in high levels of participation at all four school sites.

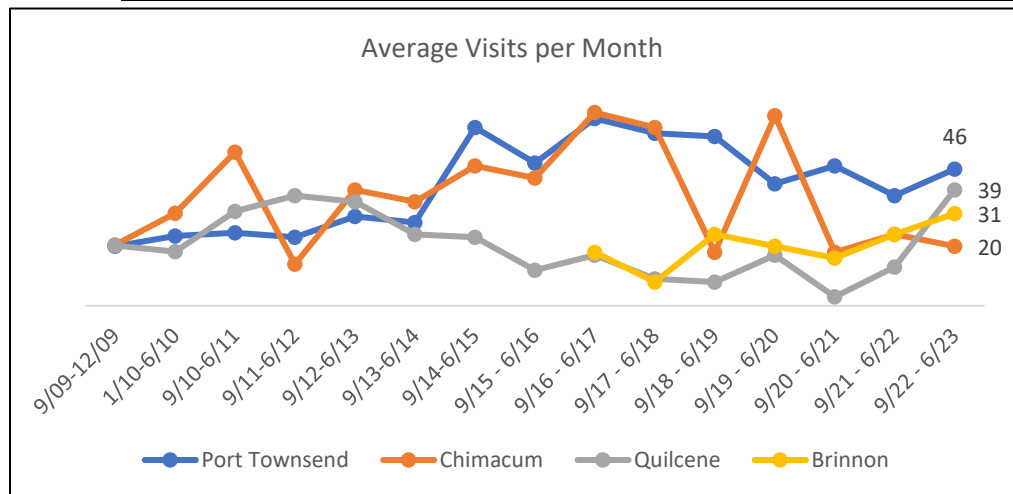
School Year	Unduplicated SBHC Clients					Total Visits					Average Visits Per Client					Range in Visits			
	PT	Chim	Quil	Brin	Total	PT	Chim	Quil	Brin	Total	PT	Chim	Quil	Brin	Total	PT	Chim	Quil	Brin
2010 – 11	54	86	19	-	159	245	517	318	-	1080	4	6	16	-	7	1 - 17	1 – 33	1 – 46	-
2011 – 12	66	44	27	-	137	229	141	372	-	742	3	3	14	-	5	1 - 20	1 – 23	1 – 42	-
2012 – 13	57	62	24	-	143	303	386	347	-	1036	5	6	14	-	7	1 - 21	1 - 26	1 – 48	-
2013 – 14	50	58	24	-	132	282	350	244	-	876	6	6	10	-	7	1 – 23	1 – 36	1 – 27	-
2014 - 15	77	74	29	-	180	599	471	225	-	1295	8	6	8	-	7	1 – 31	1 – 35	1 – 21	-
2015 - 16	75	45	25	-	145	479	431	118	-	1028	6	10	5	-	7	1 – 31	1 – 52	1 – 25	-
2016 - 17	103	54	21	14	192	628	646	172	177	1623	6	12	8	13	8	1 – 14	1 – 15	1 – 8	1 – 9
2017 - 18	106	110	17	10	243	584	598	94	79	1355	6	5	6	8	6	1 – 14	1 – 10	1 – 8	1 – 9
2018 - 19	110	50	17	10	187	569	178	79	240	1066	6	4	5	24	6	1 - 28	1 – 58	3 – 31	2 – 48
2019 - 20	78	139	21	18	256	411	638	171	201	1421	5	5	8	11	6	1 - 20	1 - 50	1 - 24	1 - 40
2020 - 21	53	54	20	29	156	466	182	112	161	921	9	3	6	6	6	1 - 29	1 - 16	1 - 17	1 – 21
2021 - 22	45	49	22	15	131	220	240	79	96	635	5	5	4	6	5	1 – 19	1 – 19	1 – 13	1 - 18

2017 – 18	2018 – 19	2019 - 20	2020 – 21	2021 – 22	2022 - 23
1. Future	1. Family	1. Family	1. Family	1. Stress	1. Stress
2. Relationships	2. Depression	2. Self-Esteem	2. Stress	2. Family	2. Family
3. Stress	3. Stress	3. Relationships	3. Relationships	3. Anxiety	3. Anxiety
4. Family	4. Anxiety	4. Stress	4. Self-Esteem	3. Depression	4. Relationships
5. Crt Diversion	5. Relationships	5. Anxiety	5. Anxiety	4. Relationships	5. Future

2017 – 18	2018 – 19	2019 - 20	2020 – 21	2021 – 22	2022 - 23
1. Stress	1. Stress	1. Family	1. MH Wellness	1. MH Wellness	1. Relationships
2. Family	2. Relationships	2. Anxiety	2. Family	2. Family	2. MH Wellness
3. School	3. Anxiety	3. Relationships	3. Relationships	3. Anxiety	3. Family
4. Relationships	4. Future	4. Stress	4. Future	4. Depression	4. Anxiety
5. Anxiety	5. Family	5. Future	5. Anxiety	5. Relationships	5. Grief

2017 – 18	2018 – 19	2019 - 20	2020 – 21	2021 – 22	2022 - 23
1. Family	1. Family	1. Family	1. MH Wellness	1. School	1. Anxiety
2. Depression	2. Future	2. Relationships	2. Future	2. Stress	2. Stress
3. Anxiety	3. Anxiety	3. Future	3. Family	3. Relationships	3. Family
4. Anger	4. Stress	4. School	4. Relationships	4. Anxiety	4. Self Esteem
5. Stress	5. Self-Esteem	5. Anxiety	5. School	5. Self Esteem	5. Depression

2017 – 18	2018 – 19	2019 - 20	2020 – 21	2021 – 22	2022 - 23
1. Stress	1. Family	1. Family	1. Relationships	1. Family	1. Family
2. Family	2. Relationships	2. Relationships	2. Family	2. Depression	2. Anger
3. School	3. School	3. Anxiety	3. Self-Esteem	3. Anger	3. Stress
4. Self-Esteem	4. Anger	4. Future	4. Stress	4. School	4. Grief
5. Anxiety	5. Future	5. School	5. Anxiety	5. Anxiety	5. School

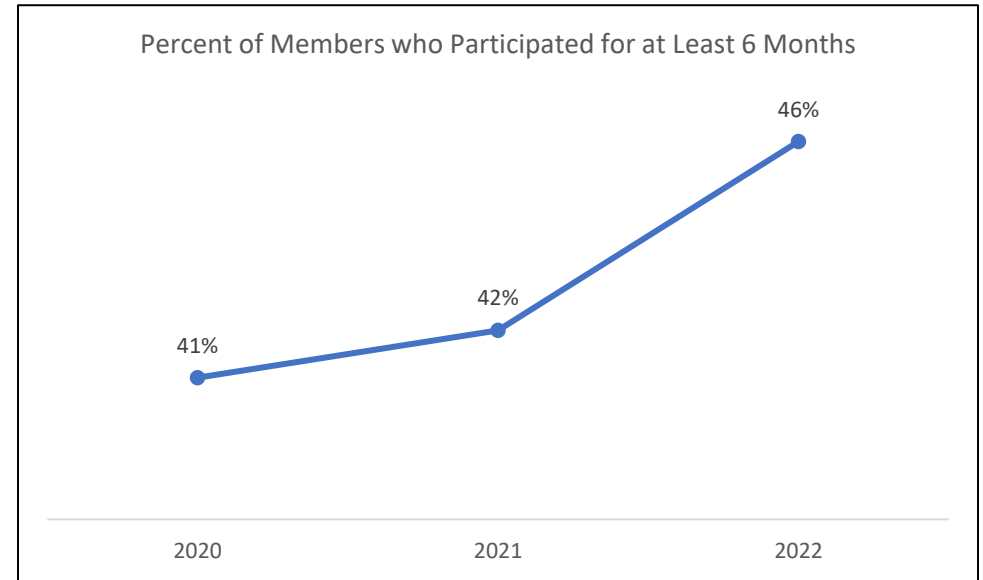
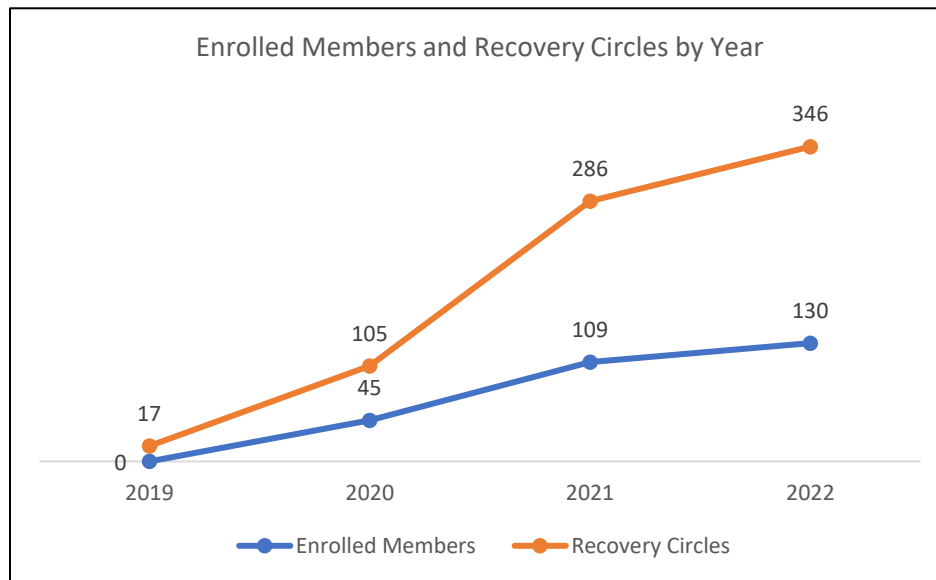


## 2022 Annual Report: Recovery Café

**Program Description:** A drug- and alcohol-free place where members can recover from mental illness, homelessness, domestic violence, addiction, and trauma.

**Summary of Narrative:** Expanded services by offering additional classes from the School of Recovery, began offering free meals three times a week, and offered drop-in hours. By providing an inclusive environment, the Recovery Café is able to attract clients who may not otherwise receive services.

Program Outcomes	2022
Members visit the RC at least 12 times per quarter.	11 times per quarter
Number of Recovery Circles increases over the year.	From 84 (Q1) to 76 (Q4)
75% of members attend at least one class in the school of Recovery.	65%
50% of applicable members reported since joining the Recovery Café that their housing situation improved.	46%
75% of members reported the Recovery Café increased their desire to be in recovery.	100%
75% of members reported the Recovery Café improved their physical health.	83%
75% of members reported the Recovery Café helped increase the amount of hope in their life	88%
80% of members report RC helped to stabilize mental health in most recent quarterly member survey	86%
90% of members report feeling “somewhat,” “very”, or “extremely” connected to the RC community	57%



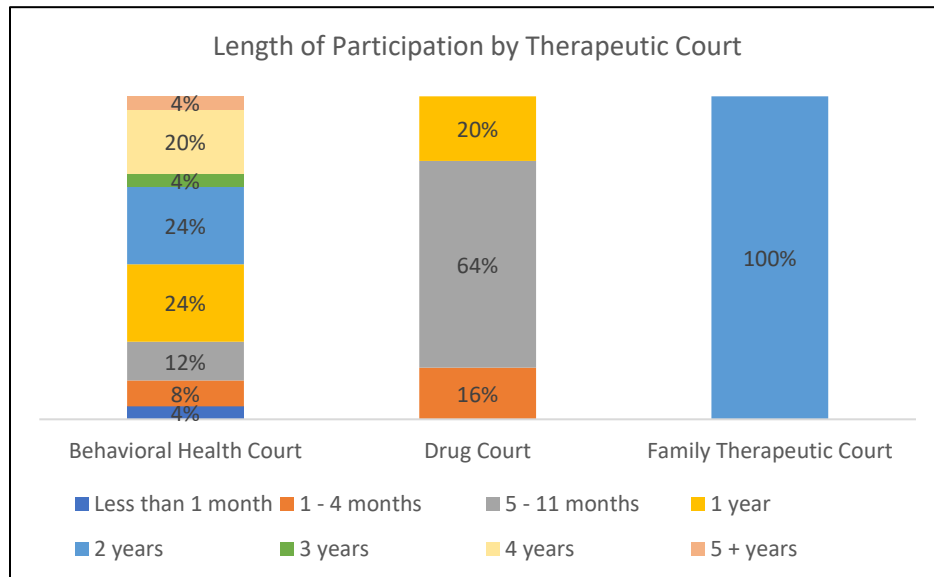
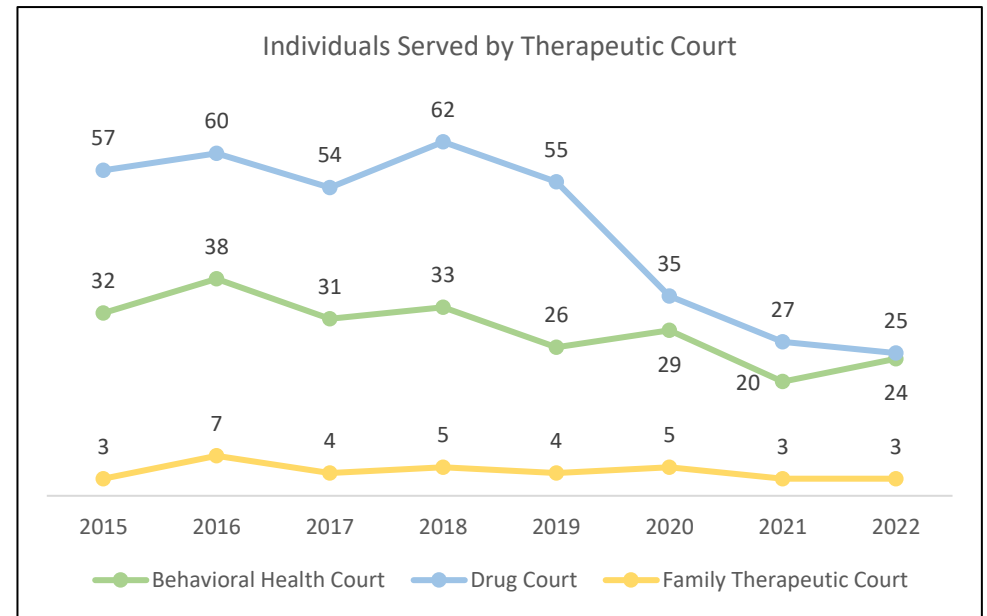
## 2022 Annual Report: Therapeutic Courts: Behavioral Health Court, Drug Court, and Family Therapeutic Court

**Program Description:** The therapeutic courts serve the population who are involved with the criminal justice system and would likely be incarcerated. The therapeutic courts provide an opportunity for participants to work on their underlying issues, therefore reducing the jail population and is an essential element of restorative justice.

	Behavioral Health Court							
	2015	2016	2017	2018	2019	2020	2021	2022
Individuals served	32	38	31	33	26	29	20	24
Graduates	2	5	6	10	1	6	1	6
Discharges	5	2	12	5	4	6	2	1

	Drug Court							
	2015	2016	2017	2018	2019	2020	2021	2022
Individuals served	57	60	54	52	55	35	27	25
Graduates	12	16	12	6	14	15	8	3
Discharges	11	13	24	5	17	3	6	8

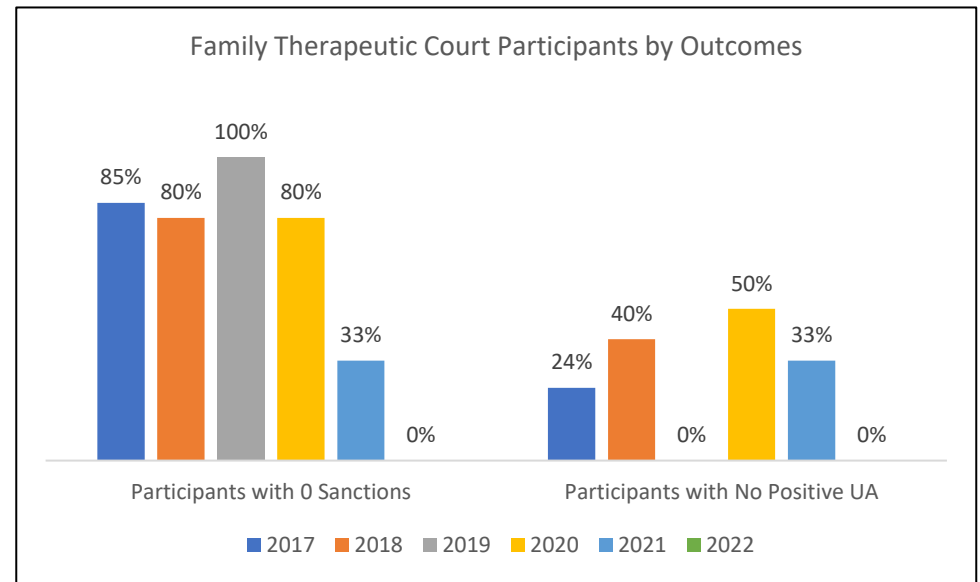
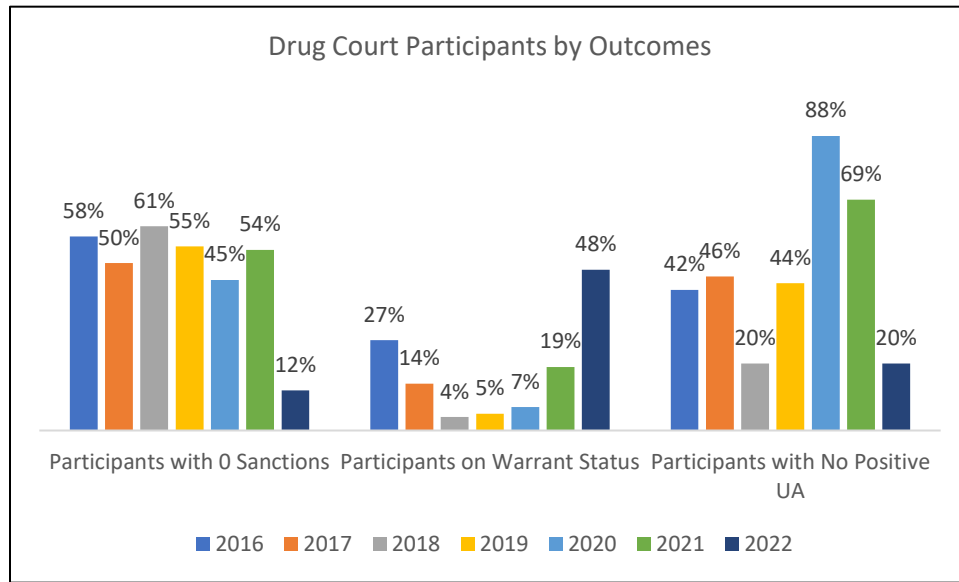
	Family Therapeutic Court							
	2015	2016	2017	2018	2019	2020	2021	2022
Individuals served	3	7	4	5	4	5	3	3
Graduates	1	2	0	1	2	5	3	0
Children reunited	2	3	0	0	0	2	3	0
Discharges	0	1	0	1	0	0	0	1





**2022 Annual Report: Therapeutic Courts: Behavioral Health Court, Drug Court, and Family Therapeutic Court**

Top 5 Mental Health Diagnoses - Behavioral Health Court							
2015	2016	2017	2018	2019	2020	2021	2022
1. Bipolar Disorder	1. Depression	1. Schizoaffective / Schizophrenia	1. PTSD	1. Depression	1. Anxiety Disorder	1. PTSD/Trauma	1. Bipolar Disorder
2. PTSD	2. Bipolar Disorder	2. Bipolar Disorder	2. Schizoaffective / Schizophrenia	2. Bipolar Disorder	1. Depression	2. Anxiety Disorder	1. PTSD/Trauma
3. Depression	2. PTSD	2. PTSD	3. Bipolar Disorder	3. Anxiety Disorder	1. PTSD	2. Bipolar Disorder	2. Anxiety Disorder
4. Substance Use Disorder	4. Schizoaffective / Schizophrenia	4. Depression	3. Depression	4. PTSD	4. Bipolar Disorder	3. Depression	3. Depression
5. Schizoaffective / Schizophrenia	5. Delusional Disorder	5. Anxiety Disorder	5. Delusional Disorder	5. Substance Use Disorder	5. Schizoaffective / Schizophrenia	4. Schizoaffective / Schizophrenia	4. Schizoaffective / Schizophrenia

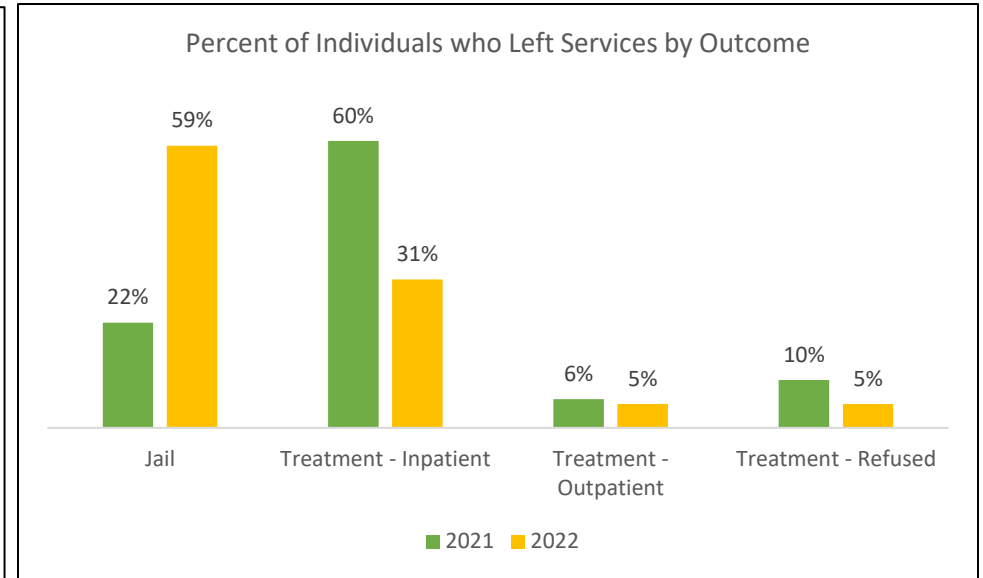
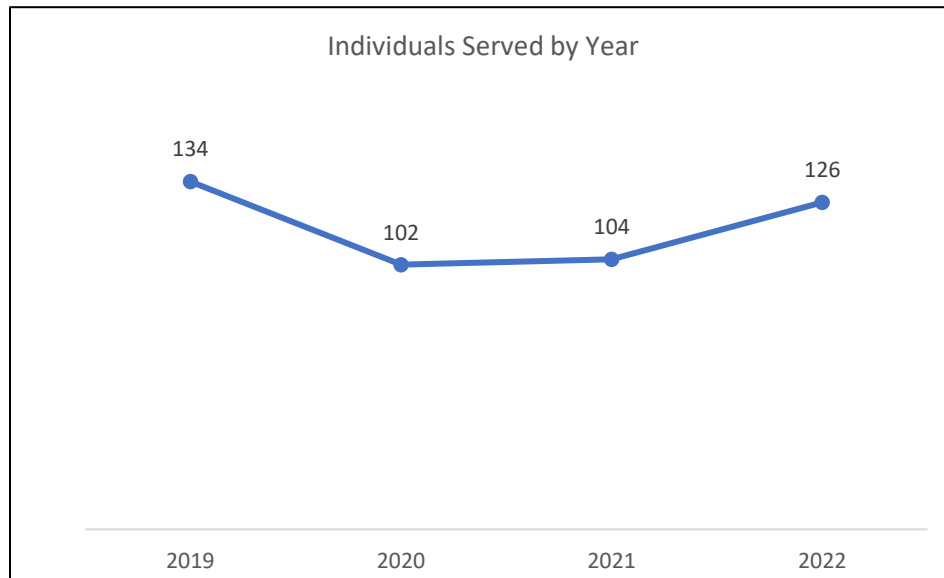


## 2022 Annual Report: Believe in Recovery

**Program Description:** A chemical dependency professional (CDP) assesses subjects booked into jail for substance use disorder and/or withdrawal, provide services/referrals for inmates with substance abuse dependencies to Discovery Behavioral Health, Jefferson County Public Health, and the jail medical provider, coordinates care with Safe Harbor and the therapeutic courts, and assists with inmate placement into treatment programs. CDP actively recruits inmates with substance abuse issues to participate in a weekly case.

**Summary of Narrative:** Continued to face barriers with COVID restrictions in jail. Implemented a new MAT program.

Program Outcomes	2022
100% of clients receive SUD evaluations.	100%
100% of clients who indicated need are admitted into a residential inpatient program.	64%
Track percent of clients who were admitted into a residential inpatient program completed the program.	72%
100% of clients who indicated need are admitted into an outpatient program.	100%
100% of clients who indicated need are enrolled in medically assisted treatment.	43%
80% of clients report satisfaction with program services at the end of services.	100%

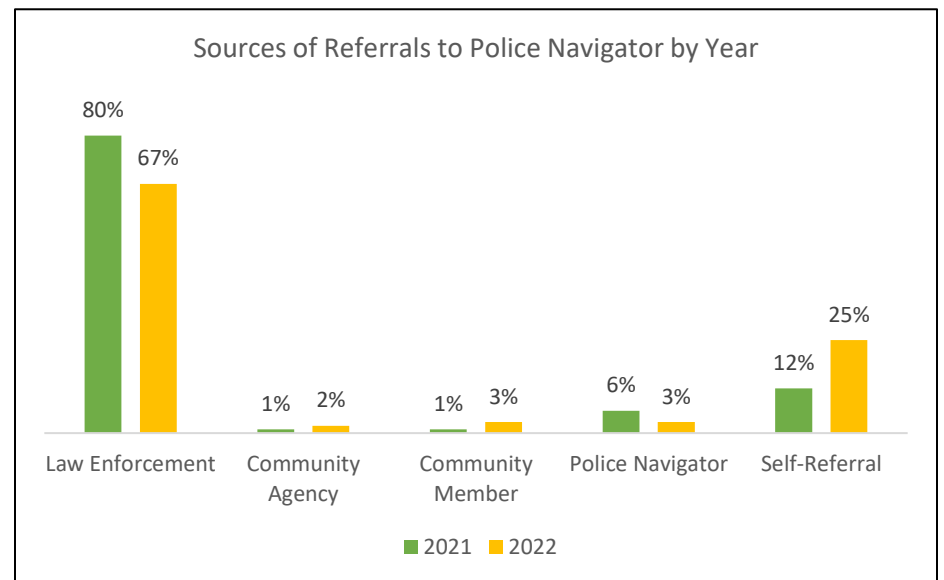
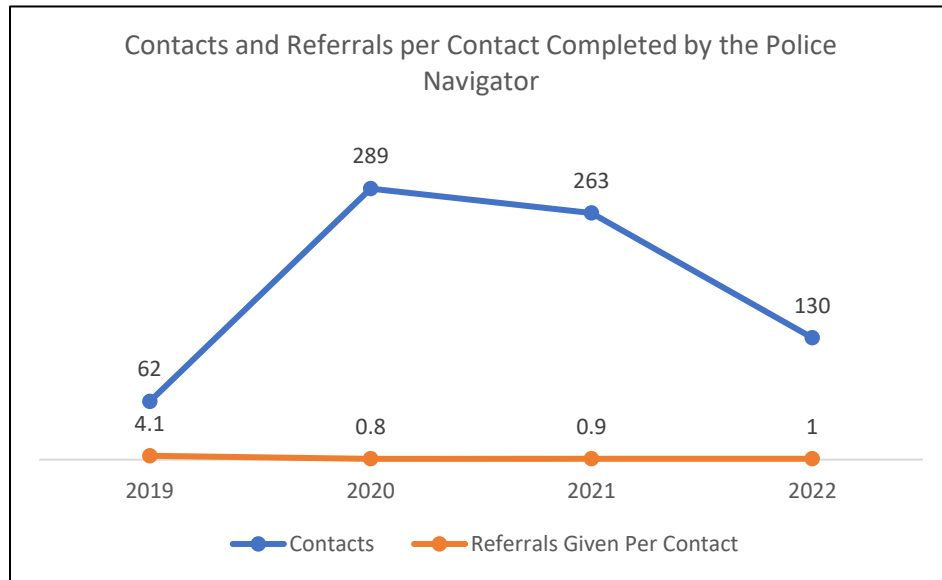


## 2022 Annual Report: Police Navigator Program

**Program Description:** Engage with individuals who encounter Port Townsend police officers and appear to need mental health and/or substance abuse intervention through case management by a navigator with the goal to reduce recidivism in jails and emergency rooms.

**Summary of Narrative:** Officers feel comfortable consulting with the navigator when faced with individuals in a crisis. Ability of co-responses to de-escalate situations. Collaborating with social services to provide referrals to clients. Navigator Jud Haynes started to transition from position to work on school.

Program Outcomes	2022
Track number of contacts per individual served.	2.8
Track percent of contacts with Navigator that led to the use of force.	1%

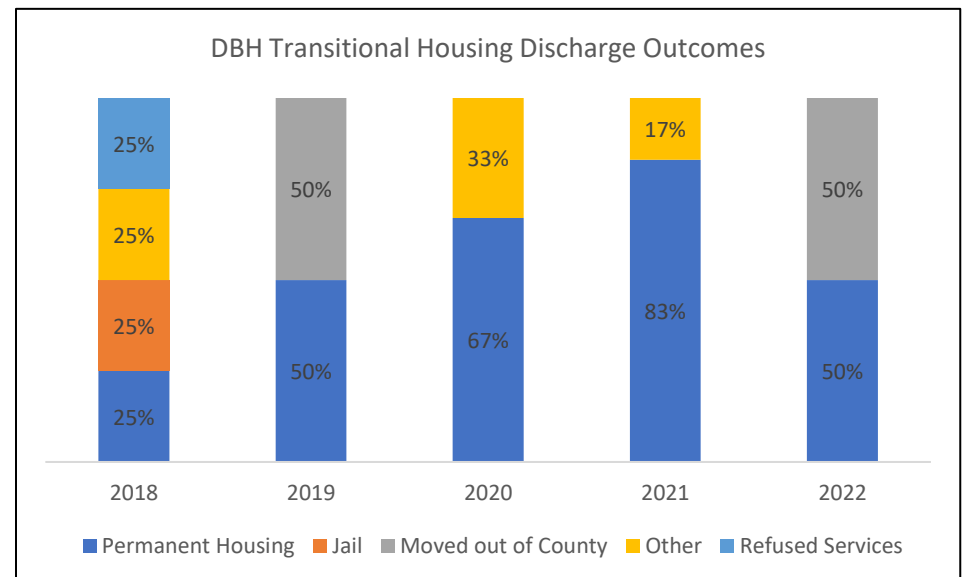
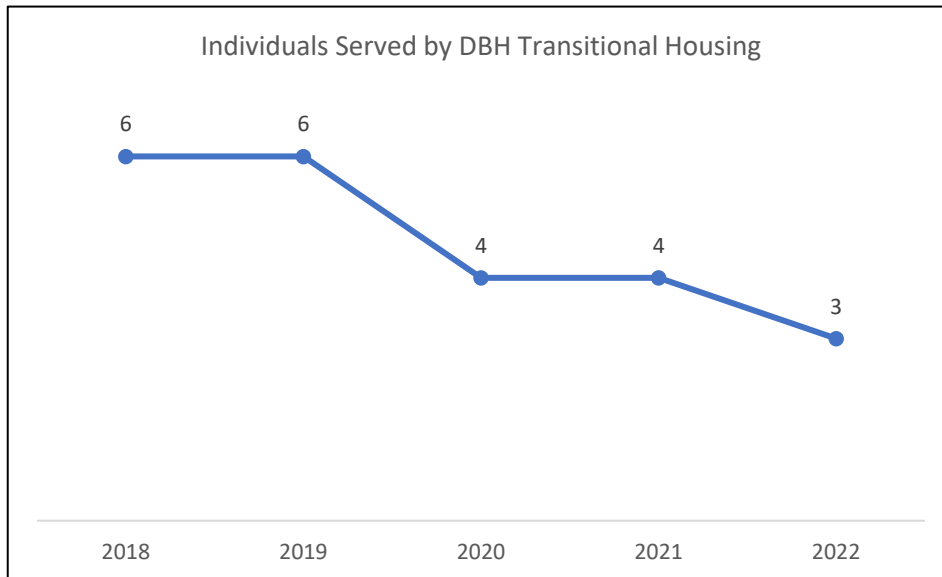


## 2022 Annual Report: Discovery Behavioral Health Transitional Housing

**Program Description:** Discovery Behavioral Healthcare provides transitional housing services for up to 10 Jefferson County citizens who are at immediate risk of or a continuing risk of psychiatric hospitalization, or who have been recently discharged from the hospital without a home. The following is provided: market rate rent for one apartment at Thomas Street Apartments, rent of one room at Bayside Hotel for an individual with severe mental illness who is currently homeless and overnight housing for up to 3 nights a month at Harborside Inn, for citizens needing immediate short-term housing.

**Summary of Narrative:** Patients were able to stabilize through the program. But limited supply of low-income housing in Jefferson County kept many clients from being able to discharge.

Program Outcomes	2022
Track percent of enrolled clients who successfully moved to permanent housing.	33%
Track percent of DBH housing clients (enrolled for at least 12 months) who decreased number of relapse events compared to previous 6 months.	50%
Track percent of DBH housing clients (enrolled for at least 3 months) who showed a decrease in number of psychiatric hospitalizations compared to equivalent time prior up to 1 year	0%
Track percent of DBH housing clients (enrolled for at least 3 months) who showed a decrease in number of ED visits compared to equivalent time prior up to 1 year	50%
Track percent of DBH housing clients (enrolled for at least 3 months) who showed a decrease in number of jail bed days compared to equivalent time prior up to 1 year	0%
Track percent of DBH housing clients who make progress on their stability plan.	100%
Track percent of DBH housing clients who obtain employment.	0%
80% of DBH housing clients who report favorable feedback about service experience.	100%

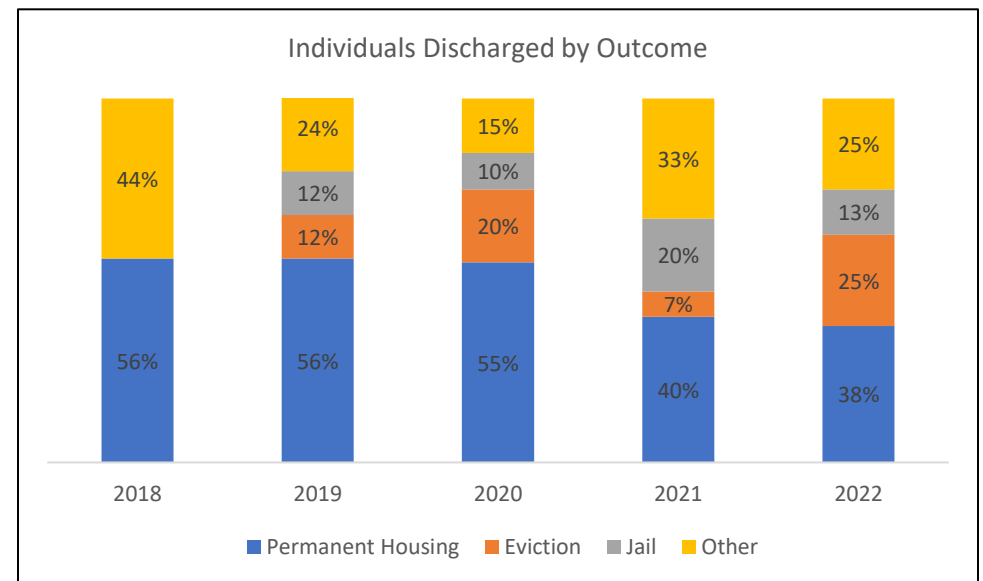
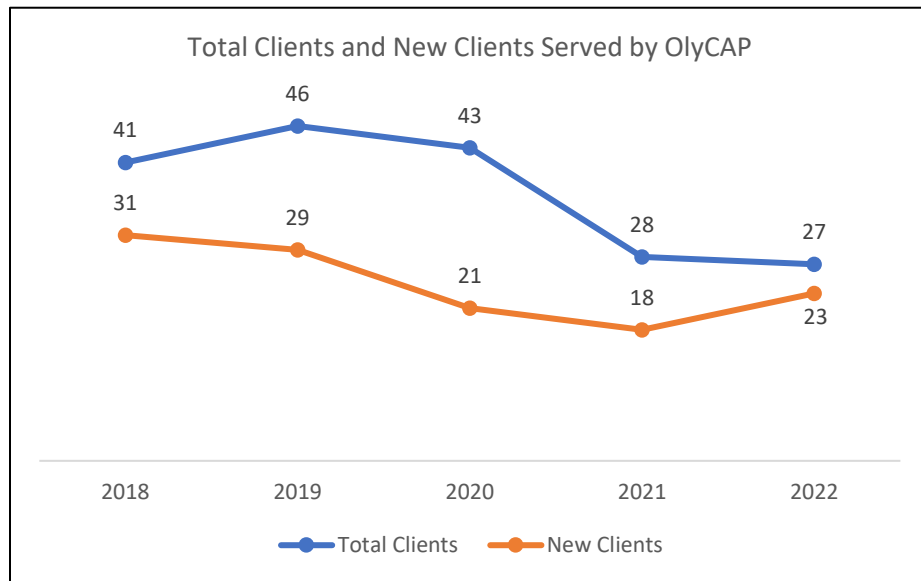


## 2022 Annual Report: OlyCAP Housing

**Program Description:** Olympic Community Action Program (OlyCAP) provides transitional housing at the Haines Street Cabins for individuals with substance use disorder or mental illness who are participating in therapeutic courts or who are discharged from jail or a hospital without a home. The 1/10<sup>th</sup> of 1% fund pays for the utilities at the cabins.

**Summary of Narrative:** Collaborated with Believe in Recovery and Discovery Behavioral to provide housing to those in treatment. Several clients were able to exit to permanent housing.

Program Outcomes	2022
100% of clients created a stability plan.	22%
Track number of clients who obtained employment.	7
Track number of clients who went back to school or got job training.	1

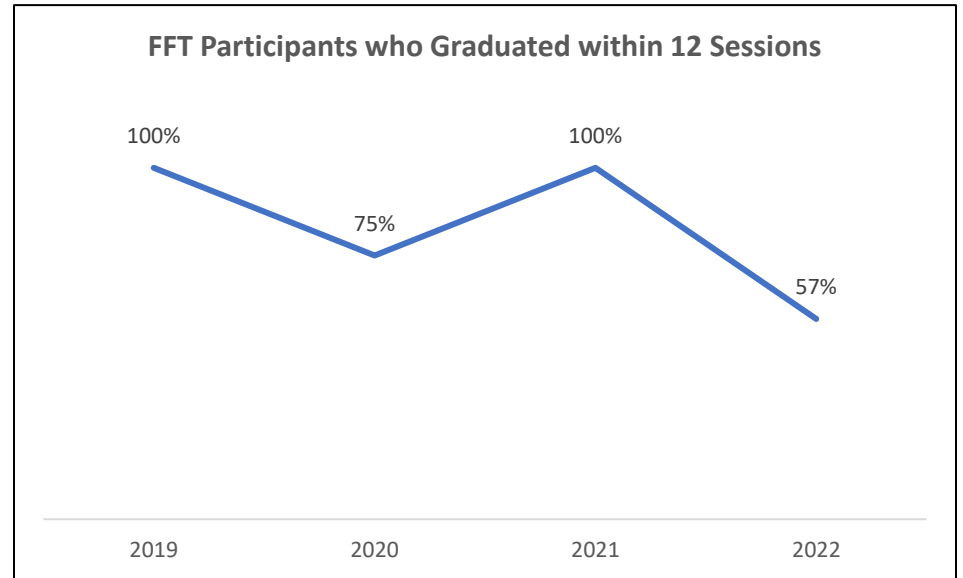
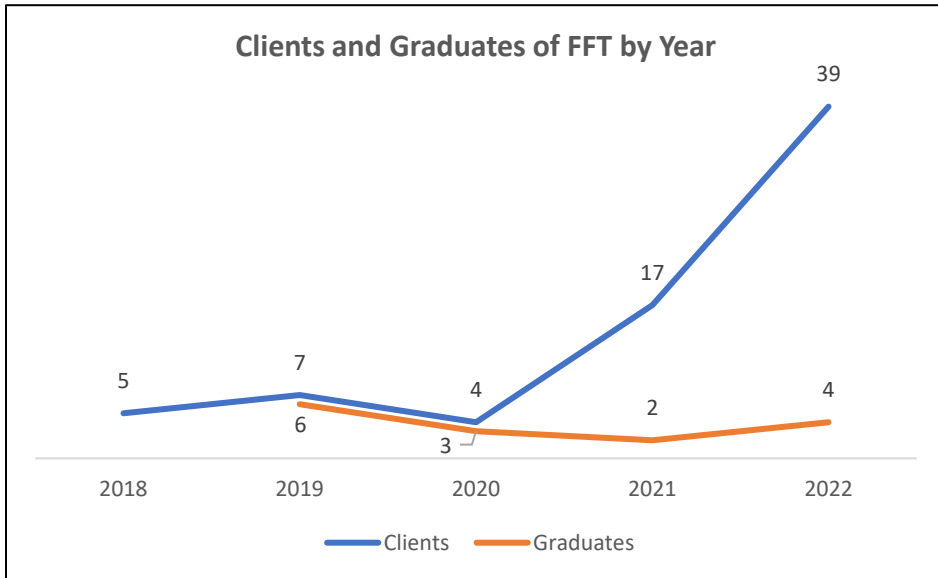


**2022 Annual Report: Functional Family Therapy**

**Program Description:** The Jefferson County Juvenile/Family Court’s Functional Family Therapy program provides early intervention programming for youth who are chronically truant due to family issues, substance use disorders and/or behavioral health challenges prior to formal court involvement.

**Summary of Narrative:** Increase in referrals, mostly from Port Townsend School District. Previous clients have begun to attend school and families were reunited. Looking to expand services beyond Truancy cases.

Program Outcomes	2022
70% of participants are moderately/highly satisfied with FFT Therapist using Miller Scale: Relationship, Goals and Topics, Approach and Method, and Overall.	100%
Participants in program demonstrate improvements in school attendance.	100%
Program graduates demonstrate improvements in school attendance.	100%
70% of individuals enrolled in FFT graduate within 12 sessions	57%
FFT Therapists maintain an average caseload no less than 50% of capacity (5 individuals)	4.75

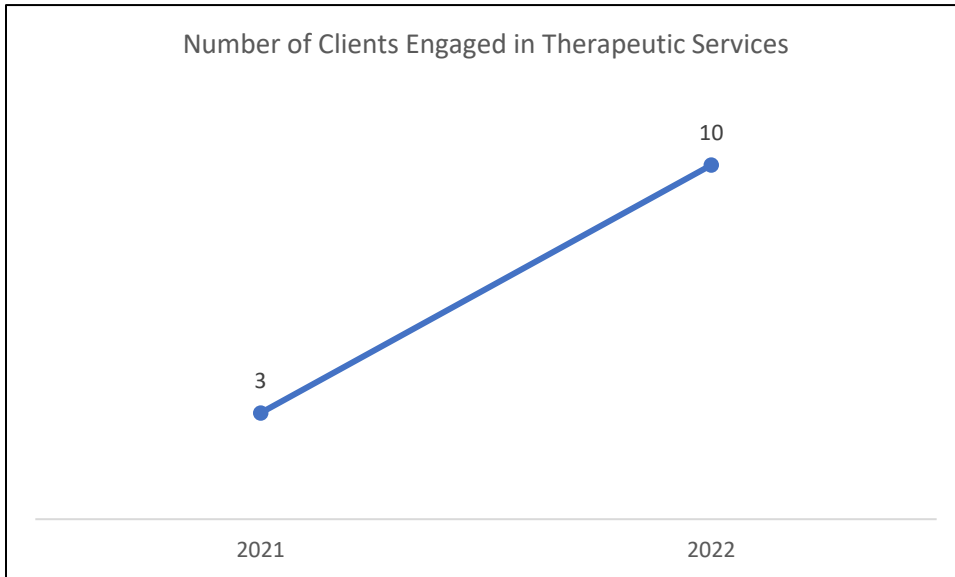


## 2022 Annual Report: Pfeiffer House: Therapeutic Support for Independent Living

**Program Description:** The Pfeiffer House supports individuals ages 18 – 24 who are in mental health and substance use disorder treatment through housing, case management, therapeutic coaching, and skill building.

**Summary of Narrative:** Residents and wait list individuals were able to receive therapy services. Clients were able to successfully attend college, address family conflict and relationships, and navigate mental health crises throughout the year.

Program Outcomes	2021	2022
Clients successfully maintain their lease.		64%
Clients in therapeutic services attended at least one session per month.	67%	80%
Clients who leave Pfeiffer House will enter permanent housing.		100%
Establish monthly meetings/group events for Pfeiffer House.		Yes
Clients attend their Target/Goal Meetings.		83%



**2022 Annual Report: Discovery Behavioral Health Wraparound Services**

**Program Description:** Discovery Behavioral Health’s Wraparound Services provides access to mental health services not funded by Medicare, private insurers, or those who are uninsured. This program will work with high utilizers to reduce a gap in coverage.

**Summary of Narrative:** Enrolled clients in Medicaid.

<b>Program Outcomes</b>	<b>2021</b>	<b>2022</b>
<b>Average number of services/encounters provided per client each quarter.</b>	47 services	35 services
<b>Track percent of clients who received at least 1 therapeutic service each month.</b>		100%

