



SnoCo HRSA Consortium Meeting

May 23, 2024, 11am

Snohomish County's HRSA Consortium (SHC) is funded by
HRSA's RCORP-Implementation Grant through August 2024

05/23/24 Agenda: SnoCo HRSA Consortium Meeting

- **Introductions** - Please put your name and affiliation in the chat box.
- **Feature: Overview of County Funding Sources** – 35 minutes
North Sound Behavioral Health Administrative Svcs Org (NS-BHASO)
- JanRose Ottaway-Martin, NA-BHASO – Executive Director
- **SHC Initiative: Community Conversations Exploring Stigma**
- Kari Bray, Snohomish County COMMs; All -10 minutes
- **SHC Members: Wins, Needs, and Insights** – All - 10 minutes
- **Next Steps** - All - 5 minutes
- **Next Virtual Meeting: Thursday, July 25th @ 11am**

The June SHC meeting will be replaced by the SHC's **COMMUNITY CONVERSATIONS** and **TRAIN-THE-TRAINER EVENTS.**

4/24/2024 Meeting's Materials

- [Meeting Packet](#)
- [Meeting Notes](#)
- [Meeting Video](#)
- [Meeting Padlet](#)



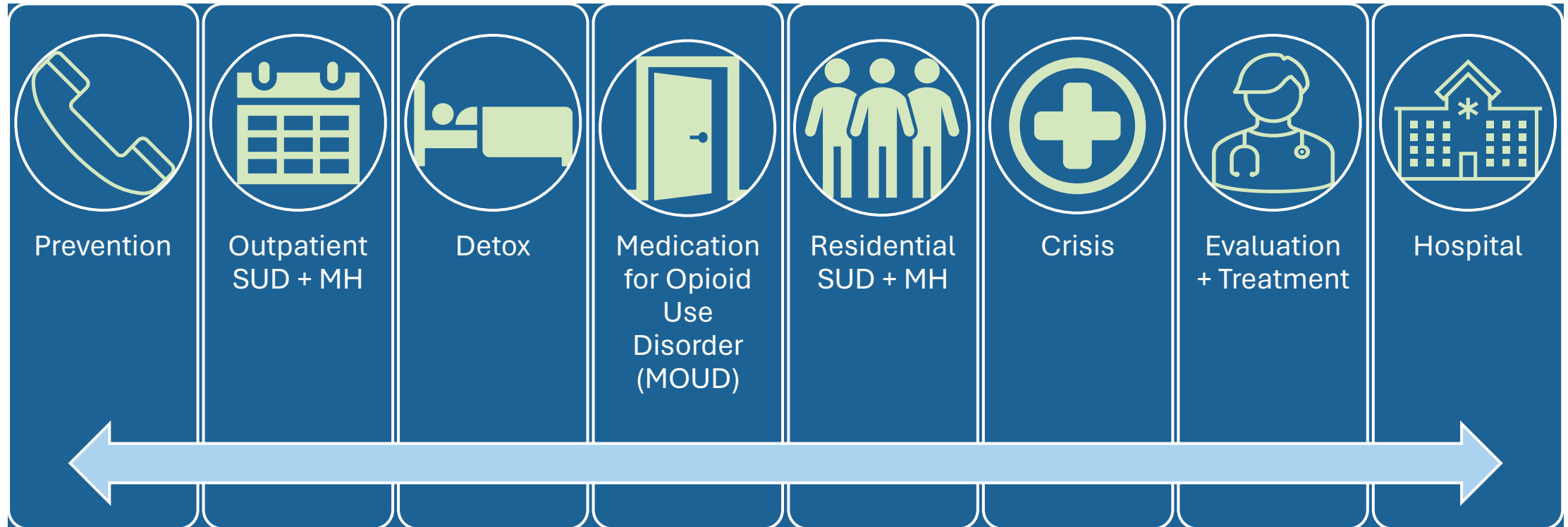
Executive Director:

JanRose Ottaway Martin

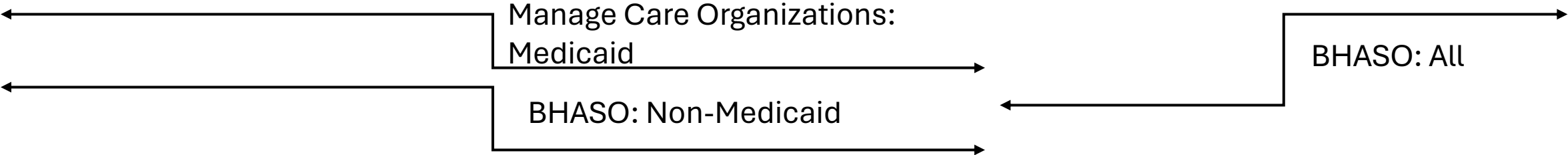
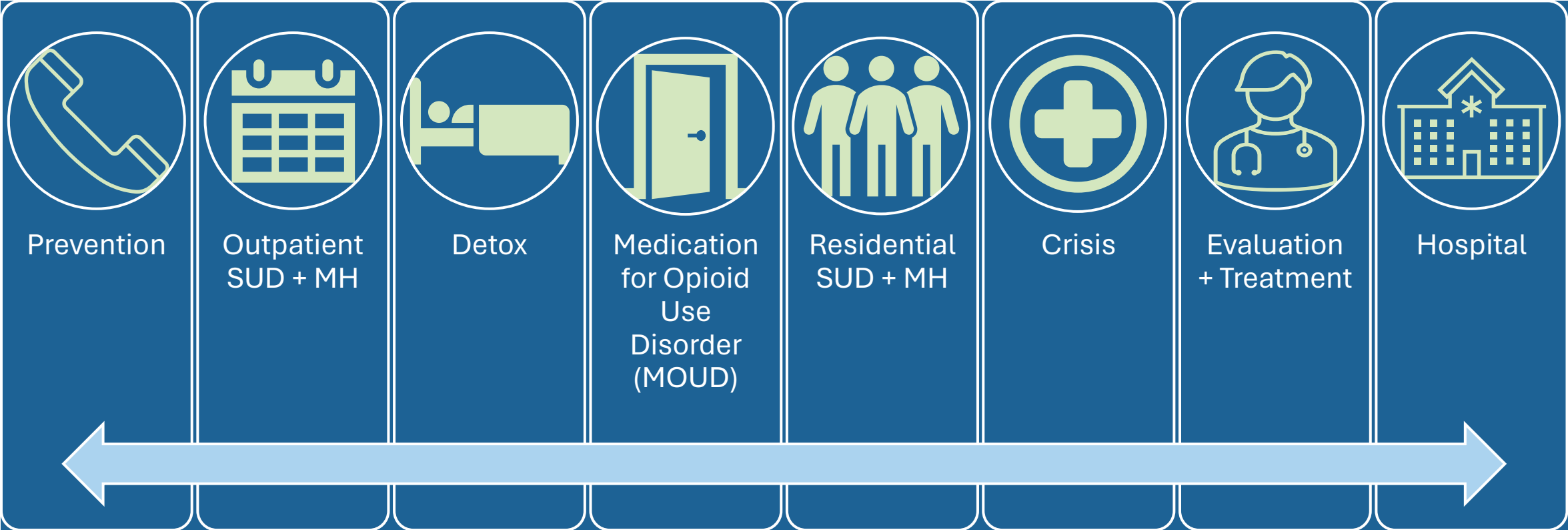
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Behavioral Health Service Continuum



Behavioral Health Service Continuum



BHASO Services Include:

- Designated Crisis Responders
- HOST (Outreach program)
- Mobile Crisis Outreach Teams
- Regional Crisis Line/ 988 Coordination
- Community Behavioral Health Rental Assistance Program
- Dedicated Cannabis Account
- Financial support of Co-responder programs
- Assisted Outpatient Treatment
- Recovery Navigator Programs
- Federal Block Grant funding (includes specialty programs like Opioid Outreach, programs for Pregnant and Parenting Women, etc.)
- Regional Coordination
- North Sound Opioid Abatement Council (OAC)

Upcoming Projects/Programs

- Dispatch Protocol for 988 (SB 6251)
- Mobile Crisis Team updates; Endorsed Standards for Mobile Crisis Teams
- Youth Navigator program
- Assisted Outpatient Treatment (AOT) Pilot – Snohomish County
- Strategic Planning
- Problem solving Involuntary Treatment Act Court issues: Workforce shortages, capacity for ITA cases
- Representing ASOs at new Jail Modernization Taskforce which will put forward recommendations by end of year 2025
- Working with Whatcom Response team and state on potential regional facilities in Whatcom County

For more
information
on
programs:

[Get Help | North Sound BH-ASO \(nsbhaso.org\)](https://www.nsbhaso.org)

[Supplemental Provider Service Guide | North Sound BH-ASO \(nsbhaso.org\)](https://www.nsbhaso.org)

Updates

- Youth Navigator Program
- Outpatient Behavioral Health Services in rural communities as a priority issue
- 988: Suicide and Crisis Hotline
 - [988 Suicide & Crisis Lifeline - Call. Text. Chat. \(988lifeline.org\)](https://www.988lifeline.org)
- Behavioral Health Mobile Crisis Team- System analysis and growth opportunities
- 2024-2026: Strategic Plan work starting



Contact Information

- JanRose Ottaway Martin, Executive Director
Email: JR_OttawayMartin@nsbhaso.org
Phone: (360) 416-7013
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North Sound Opioid Abatement Council (OAC)

OAC Membership

*Memorandum of
Understanding between
North Sound Region
Participating Local
Governments and North
Sound Behavioral Health
Administrative Services
Organization*

Agreement:

3. The OAC shall be composed of one representative of each participating county and one city representative per county. The participating cities within each county shall choose one individual to represent all of the cities within that county.

Official Members = 9 + NS BH-ASO

Members

Participating Local Government

Snohomish

Snohomish Cities

Skagit

Skagit Cities: Anacortes, Burlington, Mount Vernon,
and Sedro Wooley

Whatcom

Whatcom Cities: Bellingham, Ferndale, and Lynden

Island County

Island County Cities: Oak Harbor

San Juan County

One Washington Agreement

[Distributors Washington Settlement | Washington State](#)

Attorney General Bob Ferguson worked with Prosecuting Attorneys throughout the state on an allocation agreement for Opioid Settlement dollars. This is referred to as the One Washington Memorandum of Understanding between the Washington Municipalities (One Washington for short).

In total, 125 eligible local governments (counties and cities with populations over 10,000 people) will receive funding over a 17 year period.

OAC Scope



Regional sub-committee required by One Washington Agreement



Oversee allocation, distribution, expenditures according to “approved purposes” established in the One Washington Agreement

Are funds being used for activities covered under the One Washington Agreement?



Dispute resolution between local participating governments



Public Accountability and Transparency:

Statewide Dashboard

Approved Purposes

1. Treat opioid use disorder (OUD).
2. Support people in treatment and recovery.
3. Connect people who need help to the help they need (Connections to Care).
4. Address the needs of criminal-justice-involved persons.
5. Address the needs of pregnant or parenting women and their families, including babies with neonatal abstinence syndrome.
6. Prevent over-prescribing and ensure appropriate prescribing and dispensing of opioids.
7. Prevent misuse of opioids.
8. Prevent overdose deaths and other harms.
9. First Responders (related to the opioid epidemic)
10. Leadership, planning and coordination (related to the opioid epidemic)
11. Training (related to the opioid epidemic)
12. Research (related to the opioid epidemic)

Communications Plan for Community Conversations on Stigma Initiative

Darrington Details:

Wednesday, June 26, 2024 - 3-5:30

@ The Darrington Library

Monroe Details:

Thursday, June 27, 2024 – 10-1p

Monroe Community Resource Ctr

Everett Details:

Thursday, June 27, 2024 – 2:30-5:30p

Snohomish DEM Training Facilities

**Kari Bray and the County Comm’s
Team have a Plan! Do you have insight
or input on the following items?**

- Posters
- Quotes from appropriate sources for each event
- Insight to share on Press Release content, etc.

[Link the Initiative’s Comm Plan](#)

**HUGE Thanks to
Kari Bray and her Team!**

[Insights & Commitments from our 4/24 Meeting](#)

(see Pg 2-3)

Thank you EVERYONE!

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Transportation Planning (5 minutes)

- To Darrington Community Conversation?
- To Monroe Community Conversation?
- Darrington to Everett for Train-the-Trainer at DEM Facility?
- Sky Valley Corridor to Everett for Train-the-Trainer at DEM Facility?
- Ensure our registration process includes option to request transport

Food Planning! (3 minutes)

- DPICCC is Funding
- Discuss the most effective method to reach out to them briefly.

Community Conversations & Train-the-Trainer Events



Community Conversations

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Train the Trainer Event

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Wins, Needs and Insights

RE: Our Work Plan and SHC Sustainability

- Darrington Prevention
 - Naloxone Training!
 - In-School Counseling
 - Youth Prevention Campaign

- Sky Valley Corridor
 - Transportation/Peer Contract – Ideal Options

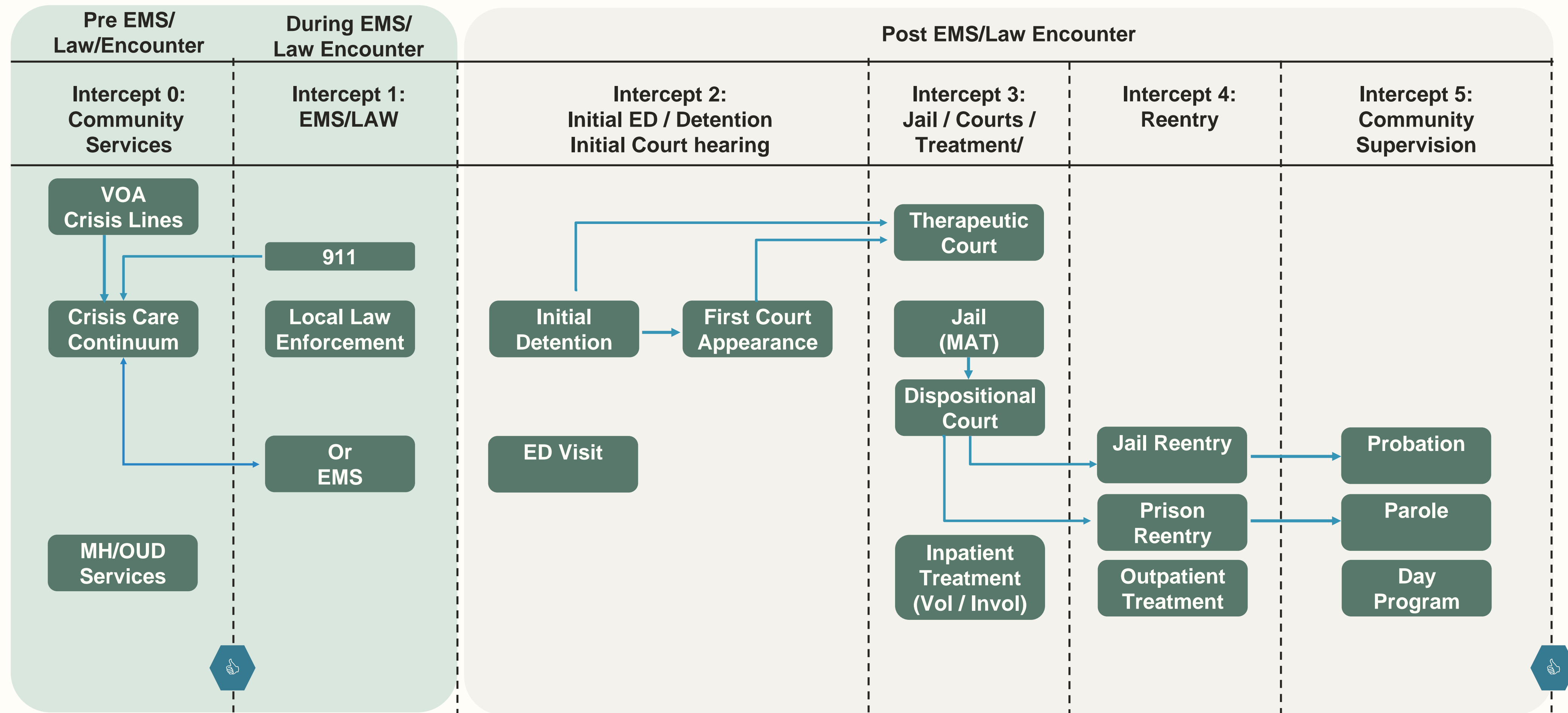
- Naloxone Training and Distribution
 - Darrington leads the way! 😊
 - Sky River Corridor

- Others?

Updated Work Plan for Snohomish County Health Department RCORP-I Grant NCE		
Activity	Status	Revised Completion Date
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Develop and Execute Community Engagement events (Fall '23/ Spring '24) in each rural community that bring a panel of community members / county stakeholders together to explore the topics of stigma related to mental health and substance use and provide naloxone distribution and training.	In Progress	08/31/2024
Activate and support intentional two-way communication and insight-gathering/sharing , between rural community members/stakeholders and relevant efforts including the Countywide Opioid Epidemic Response and integration of the impacts of SB 5536, through the continued deepening of relationships and awareness with rural community stakeholders including: Mayors, City Councils, School Districts, Libraries, Food Banks, Transit, EMS, NSCS, DPICC, local health providers, etc.	In Progress	08/31/2024
Develop & Execute Phase II Media Campaign that builds on the earlier stigma reduction campaign research/execution and uses positive messaging to support collective stakeholder response to the County's opioid epidemic.	1 st Phase complete, 2 nd Phase not yet started	08/31/2024
Continued Naloxone Distribution in Northern and Southern rural tracts	In Progress	08/31/2024

Next Steps: Sequential Intercept Model to Plan & Visualize Impacts

Behavioral Health Service Access and Diversion Intercept Points



Next Steps?

- Raise the profile of June 26-27 Community Conversations in Darrington & Monroe, and our Train-the-Trainer event in Everett. Have a successful series of events!
- Explore the Sequential Intercept Model and where the SHC can anchor rural perspective.
- Continue to identify and pursue opportunities to provide rural input to Behavioral Health related funding streams and strategies that are being developed in this county
- Continued Assessment & Strategy Development
- Expand Naloxone Training & Distribution
- ?Celebrate Getting Contracts Approved?!



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Acronym Sheet

AHEC – Area Health Education Center

AOT – Assisted Outpatient Treatment

CHC – Community Health Center of Snohomish County

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DHS – Darrington High School

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DSD – Darrington School District

EBP – Evidence-Based Program

EHM RC – Evergreen Health Monroe Recovery Center

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LST – Botvin Life Skills Training

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MOUD – Medications for Opioid Use Disorder

MRC – Medical Reserve Corps

PAX – PAX Good Behavior Game (prevention curriculum)

P/I – Prevention & Intervention Specialist

PMG – Providence Medical Group

SBIRT – Screening, Brief Intervention and Referral to Treatment model

SCSO – Snohomish County Sheriff's Office

SPSSP – Sound Pathways Syringe Services Program

SHD – Snohomish Health District

SMCHC – Sea Mar Community Health Center

SSIT – Sauk-Suiattle Indian Tribe

SPC – Sultan Prevention Coalition

Required Core Grant Activities



Prevention

- P.1** Linguistic / Cultural Efforts to Reduce Stigma
- P.2** Increase Naloxone Access and Training
- P.3** Support Drug Take Back Programs
- P.4** Support School and Community Prevention Programs
- P.5** Improve ID/Screening for SUD/OD; provide referrals to providers, harm reduction, early intervention, treatment, and support

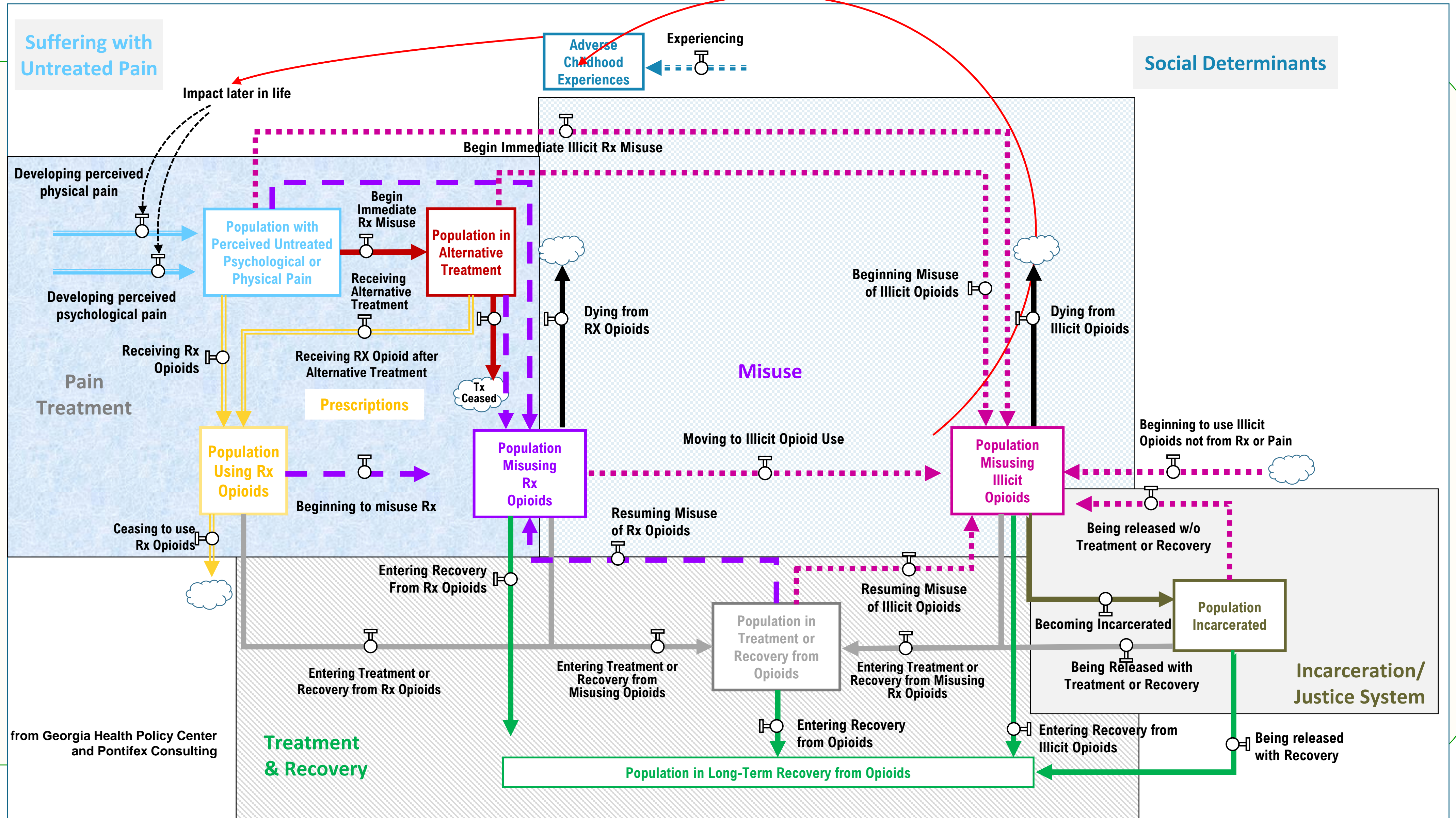
Treatment

- T.1** Screen/Provide/Refer Patients with infectious implications
- T.2** Recruit/Train/Mentor interdisciplinary teams of SUD/OD Clinical and Service Providers
- T.3** Increase # of providers and social service professionals who treat/identify SUD/OD through professional development and recruiting incentives
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Recovery

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Opioid Systems Map



Peer Support

JBS International, the group that provides Technical Assistance provides a “Peer Hour” that occurs four times monthly. If you have peers working that would like to connect with other peers for support and camaraderie, please directly email Donald McDonald at JBS for the schedule:

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HRSA RCORP-Implementation 2 - Grant # GA1RH39597

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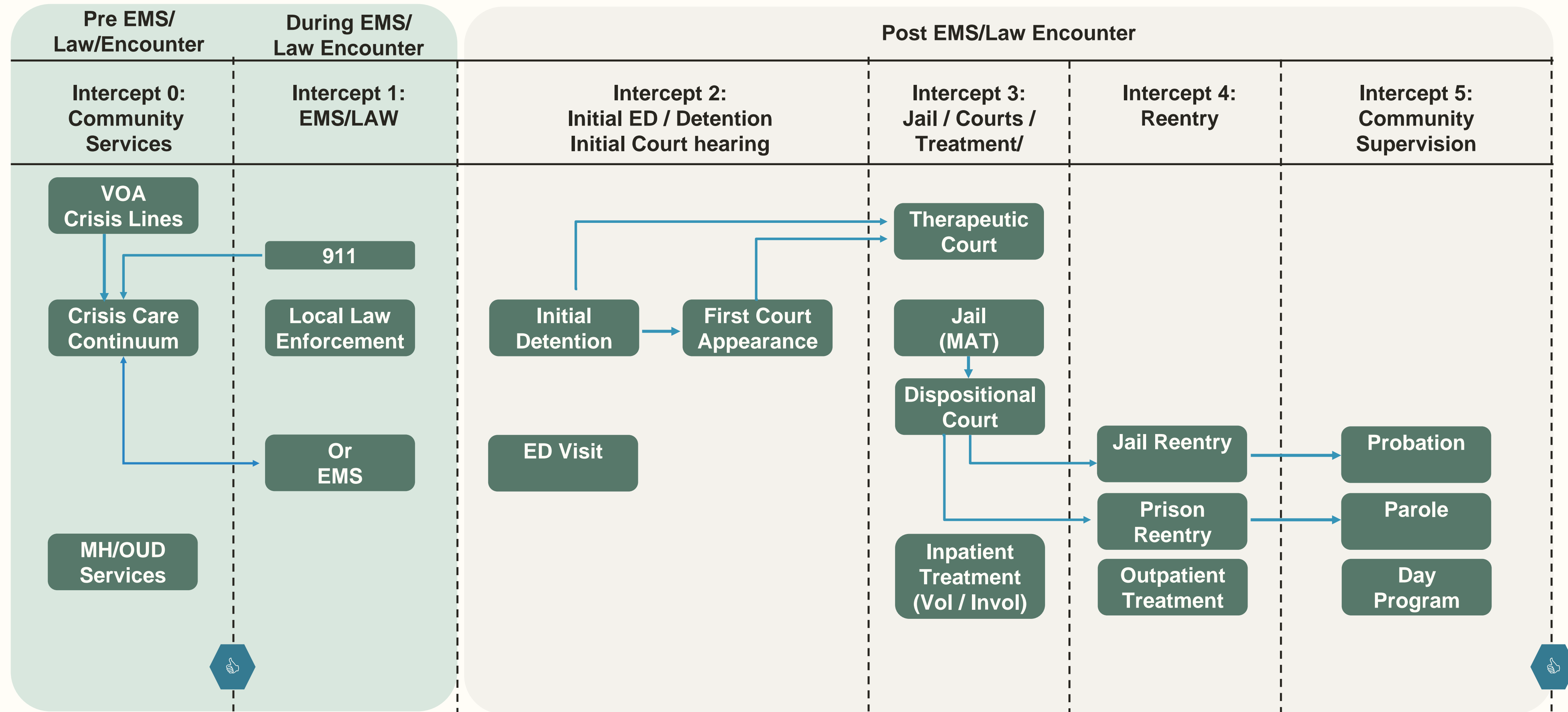
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[Click for Today's Full Meeting Padlet](#)

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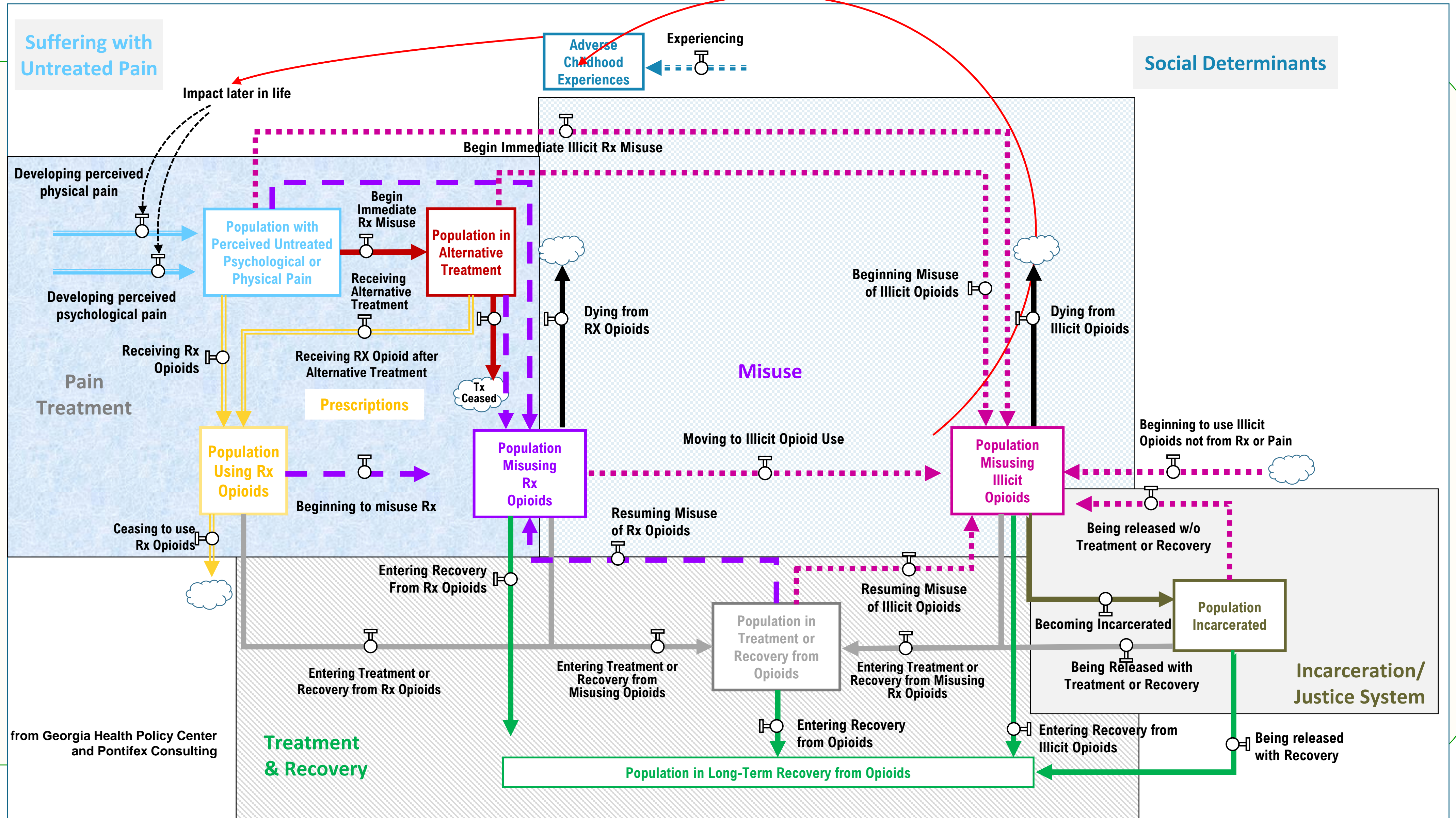
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