



---

# Rural Consortium Report-Out

Presented to MAC's Prevention Workgroup

August 20, 2024

Snohomish County's HRSA Consortium (SHC) is funded by  
HRSA's RCORP-Implementation Grant through August 2024

# Initiative: Reduce Stigma in Rural Communities

## Event Dates:

**June 26-27, 2024**

## Facilitator:

**Tedra Cobb**, through the HRSA-funded UR Medicine Recovery Center of Excellence

## Purpose:

**To engage the SHC and the wider community in critical conversations and training to address SUD stigma.**

## Links:

[Campaign to Reduce Stigma - Overview](#)

[Recovery of Excellence – Stigma Webpage](#)

[Learn more about Tedra's work here.](#)

## Initiative Overview

Launched the Community Conversation on Stigma initiative with two free events, June 26 in Darrington and June 27 in Monroe, focused on reversing substance use disorder stigma. Those who attended at least one event were then invited to a facilitator training on June 27 in Everett.

## Impact

Over 40 community members participated, leading to increased awareness and momentum for ongoing funding.

## Success

These conversations were expansive in the best ways and over 25 Naloxone kits distributed to community members across these events. Future goals include an intentional approach continue and expand these community conversations throughout rural Snohomish County communities.

Explore [this link](#) for a debrief on this initiative. See slides 3-14

# Initiative: Expanding Naloxone Access in Rural Communities

## It cannot be emphasized enough...

The success of any of these rural initiatives is truly dependent on the collaboration of many contributors and stakeholders, within various community organizations and county departments, including the County's leadership, Health Department, Health and Human Services, the Comms Team, Sound Pathways, Ideal Options, and the list goes on....!

## Initiative Overview

Enhanced naloxone availability in Darrington and the Sky Valley Corridor through community engagement.

## Impact

Naloxone distribution reached remote areas via schools, libraries, and food banks.

## Success

We have addressed critical gaps in rural opioid overdose prevention as required by our grant. Over the past six months, we've distributed more than 40 Naloxone kits to community members in the Darrington and Monroe to Index corridor. We've also we've deepened our relationship with the Darrington community's stakeholders and are excited the Darrington School District will host Naloxone training during their 2024-25 staff orientation. Additionally, we are in discussions to install an emergency Naloxone box in Darrington's pharmacy-deserted areas.

# Initiative: Strengthening Mental Health Support in Rural Schools

## It cannot be emphasized enough...

The success of any of these rural initiatives is truly dependent on the collaboration of many contributors and stakeholders, within various community organizations and county departments, including the County's leadership, Health Department, Health and Human Services, the Comms Team, Sound Pathways, Ideal Options, and the list goes on....!

## Initiative Overview

Focused on expanding mental health services in the Darrington School District.

## Impact

Hired a student mental health specialist for 2022-2024, providing crucial support to students.

## Success

Supported prevention and recovery by addressing mental health needs in the rural Darrington school district by securing funding for 1.5 FTE school counselors for 2023-2024 school year, and 1.0 FTE for the 2024-2025 school year. Future goals include an intentional approach to strategize the funding to secure and expand addressing mental health needs for future years and in additional rural school districts.

# Initiative: Overcoming Transportation Barriers in Rural Areas

## It cannot be emphasized enough...

The success of any of these rural initiatives is truly dependent on the collaboration of many contributors and stakeholders, within various community organizations and county departments, including the County's leadership, Health Department, Health and Human Services, the Comms Team, Sound Pathways, Ideal Options, and the list goes on....!

## Initiative Overview

Implemented a transportation pilot to connect Sky Valley residents to essential services with a subcontractor, [Courage to Change](#).

## Impact

Provided over 100 rides in the last 6 weeks, improving access to healthcare, recovery, and social services.

## Success

Established service connections from frontier rural areas to in-county services and supported treatment and recovery efforts by overcoming transportation barriers. The team is now working to establish a pathway for this program's sustainability.