



SnoCo HRSA Consortium Meeting

June 15, 2023, 11am

Snohomish County's HRSA Consortium (SHC) is funded by
HRSA's RCORP-Implementation Grant through August 2023

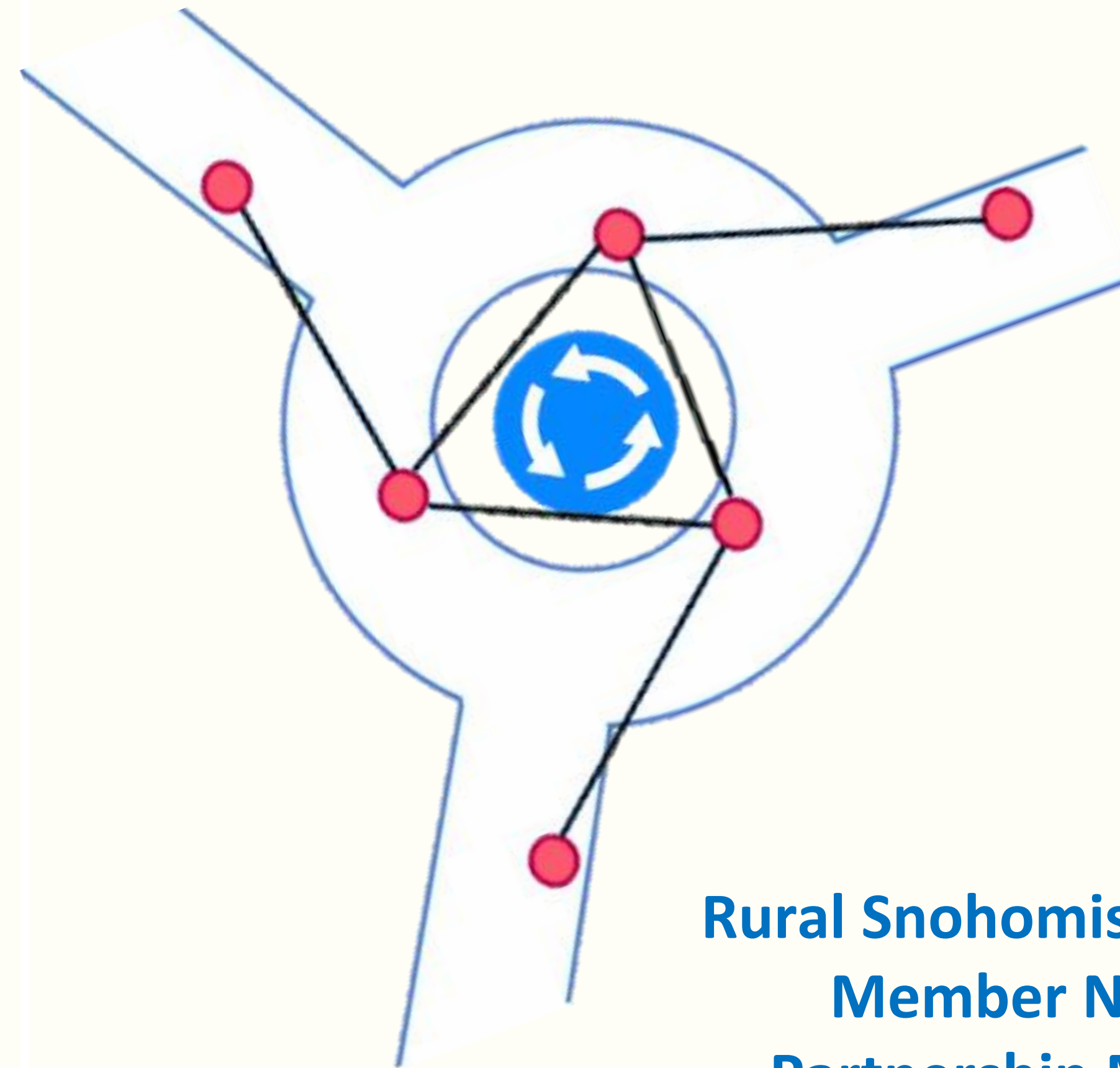


Agenda: 06/15/23 SnoCo HRSA Consortium Meeting

- Introductions & Updates – All, 15 Minutes
- Context: Landscape Insight and Connections – Lori Fleming - 5 Minutes
- Overview: Proposed No Cost Extension Work Plan – Lori Fleming - 10 Minutes
- NCE Discussion, Evolution, and Ratification – All - 20 Minutes
- Next Steps – All - 5 Minutes
- Review Additional Meeting Packet Content – Lori Fleming, 5 Minutes
 - Upcoming Events
- Next Meeting July 20th, @ 11am on Zoom

Working at the Center

**HRSA RCORP-I
Focus and Spending
Guardrails
Holding and Supporting
SHC's Work Plan**



**Snohomish County's
Opioid Epidemic
Response Efforts**

**Rural Snohomish Community
Member Needs and
Partnership Momentum**



Required Core Grant Activities



Prevention

- P.1** Linguistic / Cultural Efforts to Reduce Stigma
- P.2** Increase Naloxone Access and Training
- P.3** Support Drug Take Back Programs
- P.4** Support School and Community Prevention Programs
- P.5** Improve ID/Screening for SUD/OD; provide referrals to providers, harm reduction, early intervention, treatment, and support

Treatment

- T.1** Screen/Provide/Refer Patients with infectious implications
- T.2** Recruit/Train/Mentor interdisciplinary teams of SUD/OD Clinical and Service Providers
- T.3** Increase # of providers and social service professionals who treat/identify SUD/OD through professional development and recruiting incentives
- T.4** Reduce Treatment Barriers
- T.5** Improve ID/Screening for SUD/OD; provide referrals to providers, harm reduction, early intervention, treatment, and support
- T.6** Train Providers and Admin staff to optimize reimbursement for treatment through proper coding/billing across insurances to ensure service provider sustainability
- T.7** Enable individuals, family and caregivers to find, access and navigate treatment for SUD/OD as well as home and community based services and social supports

Recovery

- P.1** Train Providers and Admin staff to optimize reimbursement for treatment through proper coding/billing across insurances to ensure service provider sustainability
- P.2** Enable individuals, family and caregivers to find, access and navigate treatment for SUD/OD as well as home and community-based services and social supports
- P.3** Support development of recovery communities, recovery coaches, and recovery community organizations to expand the availability of and access to recovery support services

Grant Spending Boundaries: Funds must be spent to address work ONLY in our rural census tracts



SHC's Stated Focus for Work Plan

Snohomish Health District and the Consortium's focus is to achieve the following while observing the HRSA RCORP-Implementation grant's boundaries and required activities:

- Utilize youth-focused SUD prevention using evidence-based strategies to reduce the rural community morbidity and mortality associated with SUD and OUD
- Work to prevent overdose and infectious complications among people who use drugs
- Increase in the community's capacity to provide effective SUD/ODU treatment
- Ensure a robust recovery support system
- Provide community education on substance use disorder, mental health issues, and treatment options to address stigma and other barriers individuals face in accessing critical services.

SnoCo's Opioid Response Landscape Updates



Currently a surge of momentum is being generated on the political landscape:

- June 6, 2023, Herald Article
[Everett leaders cite jaw-dropping stats on fentanyl crisis - Sen. Maria Cantwell gathered those affected by the opioid crisis Monday to push for a unified response to soaring overdoses.](#)
- May 24, 2023, [New Law on Drug Position, Use Take Effect July 1st, 2023](#)
- May 17, 2023, Herald Article
[County releases new 2- part, 'holistic' plan for opioid, fentanyl crisis](#)
- May 18, 2023, SnoCo
[Executive Directive re: Opioid Epidemic/Dave Somers](#)
- May 13, 2023, Herald Article
[On front lines of fentanyl crisis, Somers mourns brother's overdose](#)
- May 12, 2023, Seattle Times
[Understanding the Personal Cost of the Drug Crisis](#)

[Click for Snohomish County
Overdose and Prevention Data](#)

Rural Census Tracts: Self-Noted Needs/Momentum



North Tract (Darrington): Self-noted Needs and Momentum

- **Youth Engagement and Prevention** (Sending 3 Darrington Members [to Montana Summer Institute Program](#))
- **School-Based Mental Health Counseling for students** – Contract completed. Resource funded through June 2024
- **Individual Adult / Family / Elder Counseling** – Explore Service Navigation and Telehealth Support?
- **Continued Naloxone Distribution in rural tract** – ETA for Naloxone Supply?

South Tract: (Sky Valley Corridor): Self-noted Needs and Momentum

- **Transportation to Facilitate Service Connection**
from frontier rural areas to in-county services [See Proposal](#) Contract ETA: Mid July to Aug 2023
- **Peer Outreach Specialist to expand service access in frontier rural areas by raising awareness**
of and supporting navigation to service options. [See Proposal](#) Contract ETA: Mid July to Aug 2023
- **Continued Naloxone Distribution in rural tract** – ETA for Naloxone Supply?

Additional Rural Tract Focus Areas to Explore

North & South Tract: Collaboratively Explore, Possibly Plan and Implement

- **Community Engagement events (Fall '23/ Spring '24)** in each rural community that bring a panel of community members / county stakeholders together to explore the topics of stigma related to mental health and substance use and provide naloxone distribution and training.
- **Activate and support intentional two-way communication and insight-gathering/sharing, between rural community members/stakeholders and relevant efforts** including the Countywide Opioid Epidemic Response and integration of the impacts of SB 5536, through the continued deepening of relationships and awareness with rural community stakeholders including: Mayors, City Councils, School Districts, Libraries, Food Banks, Transit, EMS, NSCS, DPICC, local health providers, etc.
- **Campaign: Explore funding/execution of Billboard Campaign along Sky Valley Corridor** that builds on the earlier stigma reduction campaign research/execution and uses positive messaging to support collective stakeholder response to the County's opioid epidemic.

Discussion

Feedback/Insights on the Proposed Work Plan

- What strengths do you see?
- Where is the opportunity to edit, or make it stronger?
- What energizes you about it?
- Do you see where and how you could contribute the proposed Plan?



Next Steps?

- Finalize the Work Plan, accompanying Budget, and Justification documentation for the No Cost Extension (NCE) Application for submission to HRSA by June 30th.
- ??



Upcoming Event

[Click here to Register for this event.](#)

Transforming Our Communities

Learning Together, Supporting Each Other

Learn + Engage + Support

Registration is open!

Join us **June 27-28, 2023** for our **4th Annual Transforming Our Communities** gathering.

This annual 2-day event aims to bring diverse participants together to understand the perspectives of people who use drugs, learn about the importance of equitable access to care and services, build partnerships, connect people within their communities, and brainstorm fresh ideas.

Register here: adai.uw.edu/transforming-our-communities

Tuesday, June 27

Morning Presentations (Virtual) | 8:45-11:30am PT*

Harm Reduction – How do we practice it?
Diverse Panel of Harm Reduction Services & Organizations
Drug Checking in Washington State

Afternoon Regional Gatherings (In-person) | 1pm PT

Convene at regional sites throughout WA (optional)

Wednesday, June 28

Morning Presentations (Virtual) | 8:45-11:30am PT*

Grief & Loss, Vicarious Trauma, and Self-Care
Youth, Opioids, and Substance Use Disorders
Harm Reduction Tools & Services from the Field

Afternoon Regional Gatherings (In-person) | 1pm PT

Convene at regional sites throughout WA (optional)

*A mid-morning break will be included

This year's event will be hybrid, with virtual presentations in the morning and regional in-person gatherings held around Washington State in the afternoon for networking and discussion.

In-person attendees can also attend the morning sessions together at their regional site.

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Questions? Contact:
Lisa Rey Thomas
lthomas@uw.edu



Peer Support

JBS International, the group that provides Technical Assistance provides a “Peer Hour” that occurs four times monthly. If you have peers working that would like to connect with other peers for support and camaraderie, please directly email Donald McDonald at JBS for the schedule:

DMcDonald@jbsinternational.com

Those reaching out should indicate they are connected to:

Snohomish Health District, WA

HRSA RCORP-Implementation 2 - Grant # GA1RH39597

Next SnoCo HRSA Consortium Meeting



Tuesday

July 20th, 2023

@11am on Zoom

Acronym Sheet

AHEC – Area Health Education Center

CHC – Community Health Center of Snohomish County

CPC – Certified Peer Counselor

DPICC – Darrington Prevention and Intervention Community Coalition

DES – Darrington Elementary School

DHS – Darrington High School

DMS – Darrington Middle School

DSD – Darrington School District

EBP – Evidence-Based Program

EHM RC – Evergreen Health Monroe Recovery Center

ISD – Index School District

IO – Ideal Option

LST – Botvin Life Skills Training

MCC – Monroe Community Coalition

MCO – Managed Care Organization

MRC – Medical Reserve Corps

PAX – PAX Good Behavior Game (prevention curriculum)

P/I – Prevention & Intervention Specialist

PMG – Providence Medical Group

SBIRT – Screening, Brief Intervention and Referral to Treatment model

SCSO – Snohomish County Sheriff's Office

SPSSP – Sound Pathways Syringe Services Program

SHD – Snohomish Health District

SMCHC – Sea Mar Community Health Center

SSIT – Sauk-Suiattle Indian Tribe

SPC – Sultan Prevention Coalition